

MARCH 2016



Llangrove

2016 Edition 1 – 25p.

HFWI WI House

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Federation Secretary - Pauline Shannon

<https://www.facebook.com/Herefordshirefederationofwomensinstitutes>
HFWI Charity No: 1056051

The contributors to this newsletter are responsible for the accuracy of their information, and should be contacted direct with any queries .

OFFICE OPENING HOURS:

Tuesday and Wednesday
9.30 – 2.30pm

CHAIRMAN'S CHATTER

This year is starting with a very positive note for the Herefordshire Federation. Veronica Madgen has re-joined the Board of Trustees as her husband's health has improved. We have a new Trustee - Linda Peberdy from Wye Women WI. Linda has agreed to become a Trustee and is our new Denman Ambassador. I hope that she enjoys doing it as much as I have over the past three years. Another very positive event is a new WI. Weobley WI had its formation meeting this month and thanks to the support from the MSC Angela Southwell, and helped by Alison Lord,



I am sure that it will go from strength to strength. This picture is of the new officers of Weobley WI when I went to the meeting.

Thank you all for your continuing messages following my car accident, I am getting better but it is not as fast as I would like. I hope to see many of you at our Annual Council meeting on 18th April at the Three Counties Hotel, Hereford.

With Best Wishes Val Lewis

DIARY OF EVENTS

DATE	EVENT	VENUE	COST	TIME
9-15 MARCH 2016	HOLIDAY	SICILY	£838	TBA
15-16 MARCH 2016	TREASURERS' WORKSHOPS	WI HOUSE, HEREFORD	£5	10am/15th 7pm/16th
18 MARCH 2016	FEDERATION QUIZ	PEMBRIDGE, LEDBURY AND DINEDOR	£10 per team	7.00pm
1 APRIL 2016	FEDERATION QUIZ FINAL	SUTTON ST NICHOLAS	£10 per team	7.00pm
5-6 APRIL 2016	PRESIDENTS' WORKSHOP	WI HOUSE, HEREFORD	£5	7.15pm/5th 10am/6th
18 APRIL 2016	HFWI ANNUAL COUNCIL MEETING	THREE COUNTIES HOTEL, HEREFORD	£6.50	10.30 am
28 APRIL 2016	LUNCH & CRUISE	SHREWSBURY	£28	8.30am
11 MAY 2016	AFTERNOON WALK	WELLINGTON	TBA	TBA
11 JUNE 2016	NFWI AGM	BRIGHTON		TBC
17-19 JUNE 2016	THREE COUNTIES SHOW	MALVERN	Nil	TBA
22-27 JUNE 2016	HOLIDAY	WATERWAYS OF SCOTLAND	TBA	TBA
28 JUNE 2016	DAY OUT - STEAM TRAIN AND SUDELEY CASTLE	WINCHCOMBE	TBA	TBA
14 JULY 2016	DAY OUT	WESTON SUPER MARE & CLEVEDON	TBA	TBA
17-25 AUGUST 2016	ACWW TRIENNIAL WORLD CONFERENCE	WARWICK UNIVERSITY	TBA	TBA
6-7-8 SEPTEMBER 2016	HOLIDAY	VISIT TO LONDON	£300	TBA
14 OCTOBER 2016	COLOURS FASHION SHOW	TBC	TBA	TBA

THANK YOU to Bartestree and Lugwardine WI for their donation of £100.00 towards Federation Funds

RESULTS OF HEREFORDSHIRE WIs' VOTING ON THE SHORT LIST OF RESOLUTIONS

- 1st Appropriate care in hospitals for people with dementia, followed closely by the
2nd Mind or body - equal funding for care. The others were -
Equal 3rd Ban the micro bead and Avoid food waste, address food poverty
5th Prevention of sudden death in young adults
6th Free sanitary protection for homeless women
7th First aid to save lives
8th British fruit : reviving our heritage

These results have been sent to NFWI. NFWI have just announced that nationally the resolution receiving the most votes were '**Avoid food waste, address food poverty**' and '**Appropriate care in hospitals for people with dementia**' and therefore these are the ones which will be debated at the Annual Meeting in Brighton in June. We were very disappointed by the poor response to our inquiry re support for a Resolution's Briefing Meeting with only 11 WIs saying yes, 6 saying possibly and 8 saying no. As a result we will not be holding a Briefing Meeting this year. This is a pity as enthusiasm for resolutions and campaigning is part of our WI heritage.

New WI Formed

Weobley WI was formed in February and will meet on the 3rd Monday of the month. They belong to the Weobley Group of WIs and are paired with Staunton-on-Arrow WI. We wish them "good luck" and enjoyment and friendship in all that the WI has to offer.

FUNDRAISING COMMITTEE

FEDERATION QUIZ

I hope you have entered your team for the WI Federation Quiz. The Final will be held on Friday 1st April 2016 at Sutton St Nicholas at 7pm. The Cup for the Winners is given out at our Annual Meeting on Monday 18th April at the Three Counties Hotel. Good luck everyone!

SHREWSBURY VISIT—THURSDAY 28TH APRIL 2016

FOLLOWING THE SUCCESSFUL VISIT LAST YEAR, THERE WILL BE ANOTHER SIGHTSEEING TRIP TO SHREWSBURY ON 29TH APRIL. THERE WILL BE A THREE COURSE LUNCH IN OSTERIA DE PAOLOS AT 12.30PM, FOLLOWED BY A CRUISE ON THE RIVER SEVERN WITH LIVE COMMENTARY. TEA, COFFEE AND BISCUITS AT 3PM. LEAVING SHREWSBURY AT 4.30PM. COST OF COACH, LUNCH AND CRUISE IS £28.



www.sabrinaboat.co.uk

PLEASE CONTACT EILEEN DILLEY ON 01432 880527 -SEE ENCLOSURE

WATERWAYS OF SCOTLAND— 22nd - 27th June 2016. I still need three people for this holiday - you could always bring a non WI friend with you & our husbands are always welcome. Please send S A E for a brochure to Eileen Dilley Bramley Sutton St Nicholas Hereford HRI 3AY. 01432 880 527

VISIT LONDON 2016

6, 7 & 8th September 2016—don't forget to send your deposit of £85 to me by 1st March and make your cheques payable to HFWI. Please send cheque and SAE for receipt to:
Eileen Dilley Bramley Sutton St Nicholas Hereford HR1 3AY.

FUTURE EVENTS 2016

- 11th May—Wednesday Walk around Wellington followed by afternoon tea*
- 30th June—Steam train to Winchcombe then visit Sudeley Castle in the afternoon*
- 14th July—Visit to Weston Super Mare and Clevedon Pier—rounders on the beach for the energetic!!*
- 14th October—Friday Colours Fashion Show*

Three Counties Show 17th to 19th June 2016

MEMBERS' COMPETITION—'A flower arrangement made up of at least three flowers but not made out of actual flowers'. Please note this must be made by a WI Member **only** and you are allowed to use green foliage if you wish.

CAKE BAKERS - For the tray bakes, it might be a good idea to buy disposable aluminium trays as the tray bakes shouldn't be cut up. You could cover with cling film or foil to transport these to the show. *Are you saving your plastic cake tins? You could always make a cake and fill the tin for us!!!*



LOST - WIPEABLE TABLE CLOTHS

Our Federation had about 12 wipeable table covers—does anyone know where these are or has an Institute borrowed them? Could you please let Julia Whittall know.

FOOD HYGIENE COURSE

This will be held on 4th May in Hereford town—venue and date to be confirmed. The cost is £22 for the Class instruction and £18 for the Test and Certificate. Please let Julia know if you are interested - the more people we can get to go on the course means we might have the possibility to negotiate a lower price on the Class instruction.

TABLE/FLOOR DISPLAYS IN THE MARQUEE

We are asking all members to get involved to do a table top (6 ft to 4 ft, provided) or floor display for their group. The displays should be showing the WI as being forward thinking and modern so as to appeal to prospective new members. See enclosure for full details.

Please contact Julia Whittall 01981 500250 whittallmoccas@gmail.com

CRAFTY BITS AND PIECES



Image: Clare Spender

We hope that by now you will all have seen the list of items we would be grateful for, and how we'd like them sorted. If you haven't - please ask your secretary for it! Or, if you would like an emailed copy, please contact Joanna Helme on 01432 760816 on the Federation's website, via the 'Federation News' tab, where you will find a link to a special Three Counties' Show page.

Many thanks to **Aston Ingham WI** who have kindly agreed to be a 'hub' for collection and sorting on the 5th April. Please contact Janet Potter on 01452 830556 if you wish to be involved or take them items. Are there any more WIs who would be willing to do this in different parts of the county?

Items can also be brought to the ACM on the 18th April.

The 'Crafty Crew' are very grateful for your help.

2017 Herefordshire Federation Calendar

Due to technical difficulties that we have had with the photographs for the calendar, we have to re-think next year's calendar. I must apologize to all the ladies that have sent photos of last year's celebrations, but we do not have enough of a suitable resolution to print them.

We are all lucky to live in Herefordshire in lovely villages. There is something special in each village and I would like you to send me a photo of it. It could be a special tree, a church, a building or anything that you think is special to your village. When you take the picture be aware of the background and try to imagine it as part of a calendar that someone will buy. The best resolution is at least 1 MB and can be sent to me attached to an e-mail with your details and your WI. Any member can enter but there will be one photo put forward as representing your WI. The best twelve entries will be made into the 2017 calendar.

The closing date for this is 31st March as we want to get the calendar on sale at the Three Counties Show in June. I am sorry for the short notice

Many Thanks Val Lewis

E mail: valjlewis1@aol.com

SPOTLIGHT

LLANGROVE W.I.

Meeting time: 3rd Thursday of the month 7.30pm
Venue: Llangrove Village Hall

Llangrove village is situated between Ross-on-Wye and Monmouth, close to the Welsh Border, and from many parts of the village the rolling farmland of Herefordshire creates a changing patchwork with views to Garway Hill in the west, the Malverns, Chase Wood and round to the Forest of Dean and the Doward. The village has a wide range of societies and events, many of which involve WI members.

The Victorian church was endowed by Mrs Marriott, Lady of the Manor of Goodrich, and opened in 1856; she also paid for the village school and schoolmaster's house, opened in 1875. The house is now incorporated into the school building, and the school remains active and popular, with the Leapfrogs Playgroup in the same building.

In 1942 a Wellington Bomber on a training flight had an engine failure and crash-landed in the centre of the village, just missing the school and church. Two crew members were killed. Villagers rushed to help, including the church organist who had a fatal heart attack before she managed to get to the site, and the vicar who suffered the same fate as he cycled home after helping rescue the other crew members. They are all commemorated on a plaque in the church.

The telephone kiosk in the centre of the village was one of the first to be converted to a very popular book exchange with a constantly changing wide range of hardbacks and paperbacks, plus some childrens books. Our senior member, with a friend, cut the tape at a simple ceremony in 2010.



Llangrove WI was founded in 1959 and met in the school until 1961, when the Village Hall was opened. Some WI members even helped to dig the foundations. The hall hosts many different groups including choirs, gardening society, Rainbows, Brownies, Cubs, Scouts, art classes, table tennis, community lunch, a monthly market and an annual pantomime, plus, of course, WI. A member won the award for designing the Herefordshire Federation Diamond Jubilee tea-towel back in 1980.

Our longest-serving member joined not long after Llangrove WI started – she has held the post of president, secretary and committee member, and has written many amusing poems depicting WI and village life. We have a 93 year-old member, an ambulance driver in World War II, who is admired for her cheerful attitude and her fashionable appearance, including high-heeled shoes (which she also wears to tend her lovely

garden). Our popular nearly-90 member has just returned from one of her regular visits to family in Hong Kong; she helps to deliver the parish magazine, and tells newcomers about WI. Members have staged fashion shows, take part in quizzes and link with a variety of activities such as the May Fayre.

We were extremely proud to be awarded Paddy's Tree in 2010, plus for the third time the cup for the best calendar photograph. We are flattered to be known as a friendly, welcoming bunch and enjoy our regular meetings.



HANDICRAFTS CLUB

The club meets at the Salvation Army Citadel, Edgar Street on first Wednesdays, 11 am—12.15 pm.
Subscription £6, visitors £1.00.

2 March - Visit to Hereford Museum, Learning Resource Centre, Friar Street, 10.50 for 11am

6 April—Wrapped Up Nicely (gift decorations) - Virginia Wong

Enquires please contact:- **Mrs Mary Roberts**, Chairman Tel: 01432 278328

KEEPING OF RECORDS

Please see enclosure explaining timelines for keeping WI records

**COPY DEADLINE FOR APRIL NEWSLETTER
TUESDAY 8 MARCH 2016**

DENMAN

This is my last Denman report as I am very pleased to announce that Linda Peberdy from Wye Women WI has joined our board of trustees and has agreed to become the new Denman Ambassador. I have had so much fun doing this for the past three years and have really enjoyed the Federation trips that we have done together. I will still attend these visits but without all the hard work. The next visit is in November and I am sure that you will have more details of that soon. Watch this space in the next newsletter.

I wish Linda all the very best in her new position and I hope that you will all support her as you have done for me.

With very best wishes Val



ACWW Triennial World Conference 17th - 25th August 2016

I do hope some members are planning to come to the Conference either for the whole time or for a day visit. Also that you have managed to download and understand the Booking Forms. Is there anyone who is going who would be prepared to act as delegate for HFWI as I am not allowed to this time as I am on the Committee running the event and will be working. Please let me know if you are going to attend this once in a lifetime event in this country. We are still happy to receive handcrafted articles to sell in the "Country Store" and I am prepared to take them preferably by beginning of June as they all have to be priced. By all means attach a small label with your details and you may, like I have in the past, make a pen friend which is a life enriching experience. Looking forward to hearing from some of you. Brenda Drake 01432 356653

DIGITAL CHAMPION

Tuition

Tuition/help available for your computer or tablet on request; please contact me with your requirements and I will see if I can help. Due to popularity, particularly of tablets, I am still looking for a member to help me with WI's south of the river so that I can concentrate on the north. It will probably only be once/twice a month, so please contact me if you are interested.

Facebook

There is a computer help group linked to our Facebook page; if you are interested and already belong to Facebook, please contact me with your email and I will send you an invitation to join. If you want to publicise a WI event, why not send the poster or notice to me and it can be put on the Facebook page too.

Website

There are three new pages on the website; a page for your 2016 WI programme and thanks to those WI's who have sent me their programmes already, a page for all the Three Counties Show News and finally a page for news about Denman. Links to all the new pages can be found under Federation News and WI News.

The Herefordshire website address is always on the front page of the newsletter and is regularly updated.

Alison Lord

digitalchampion.hfwi@gmail.com

01544 340256



GREAT SPRING GARDENING EVENT

WEDNESDAY 27 APRIL, 10.30AM-4.30PM

NEWPORT HOUSE, ALMELEY, HEREFORDSHIRE, HR3 6LL

Specialist plants, garden, home, food and gifts

For details visit redcross.org.uk/gardeningevent

The British Red Cross Society, incorporated by Royal Charter 1908, is a charity registered in England and Wales (220949), Scotland (SC037738) and Isle of Man (0752).

Refusing to ignore people in crisis

STOP PRESS:



ACWW issue their Newsletters online. You can access this on the internet using this address -

www.acww.org.uk/members/resources_the_countrywoman

ADVERTISEMENTS - MARCH 2016

To place your advertisements, please contact Mrs. Ann Wood, Langtoft, Eardisley, Herefordshire, HR3 6PP
Tel: 01544 327237 Email: annandrod.284@gmail.com Copy and Payment by the 1st of previous month.
SAE for receipt and cheque payable to HFWI.

ADVERTISE your church fete/sale, Charity event, delicious W.I. Teas, coffee mornings and entertainment, etc. 20p per word. PUBLICISE your business across the county from only £20 per monthly issue.
NO EXTRA CHARGE FOR BOX. TO SECURE YOUR SPACE SEND your advert, issue/months requested.

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- Ripping yarns: Drop in with your own project, share and chat over coffee
Wednesdays 1-3pm £2
- Whole Window Rental to advertise your creative business from £30/month.
- Workshop Rental: Available to artists and makers for running workshops
from £30/day.
- **NEW FOR 2016 GALLERY SPACE** available to rent from £50 per month.
Tel: [01432 360981](tel:01432360981) Email: rosetintedrag@gmail.com

Tudor house Museum, Worcester. WR1 2NA

www.tudorhouse.org.uk

One of the most historic buildings in Worcester.
Open 10.00am-4.00pm Wed, Thurs and Sat.

Group tours £5.50 per head to include guided tour of the house, cup of tea/coffee and cake.
Contact: **Margaret 01905 426402/612309**

TAPESTRY CANVASES

Beautifully stretched and made into cushions, bell-pulls, rugs, etc. Cheltenham 01242 233883

The right is reserved to refuse any article or Advertisement and to condense W.I. News.
We do not accept responsibility for any Advertisements published in the newsletter.

WI FORUM

MUCH COWARNE held their annual fund raising coffee morning at Stoke Lacy village hall on Friday 8th January which was a very successful event.

THE SUTTONS had a talk and demonstration of Bowen Therapy by Jenny Edwards and Lindsay Holder at their January meeting. Bowen Therapy is a gentle hands-on therapy involving a series of rolling moves over muscles, ligaments and tendons.

At **HUNTINGTON HEREFORD** a minutes silence was observed in memory of Margaret Archer who passed away just before Christmas. Margaret had been a volunteer at W.I House for many years helping to pack the Federation Newsletters. The speaker in January was Mrs Marian Jones, aged 95, who told of her life in the Land Army as a Lumber Jill in the Welsh forests during WWII.



Marian has since written a book of her life. Joanna Helme was the speaker at **HUNTINGTON-HEREFORD'S** February meeting, when she showed the members slides and gave a wonderful account of her holiday with Joe her husband in Laos and Cambodia.



BOSBURY invited Donna Socket, a dance teacher, to demonstrate and teach members to dance the Merengue. It made for an enjoyable and energetic evening.

DINEDOR & HOLME LACY started the year with a visit from the police and a talk on Crime Prevention by Charles Naylor, 'Crime Risk Design Advisor for Herefordshire', who spoke about the high levels of fraud and cybercrime that we are now facing.

UPTON BISHOP learnt about the History of Aloe Vera and its health benefits from Janey Cotton. Janey explained Aloe Vera had been used for thousands of years and was now made into Drinking Gels, Cosmetics, Skin Care and Sports Products. It was also well known for its soothing, cooling and anti-inflammatory qualities.

STOKE PRIOR & DISTRICT together with visitors met in February to be given tips by Ros Hayes on the A-Z of being organised and clutter-free just in time for the spring clean!!



PARKWAY celebrates 70 years in 2016. These very special celebrations were shared with Annette Crowe who talked to members about being mayor and stayed to share the birthday tea and cake afterwards.



SALTMARSHE & DISTRICT welcomed a firm friend, Mary Seldon, Fund Raising Manager for Herefordshire for the Midlands Air Ambulance, which is celebrating its 25th Anniversary this May.

LEDBURY invited Steve Birch, President of The Toastmasters International Club in Worcestershire to speak in February. Toastmasters are an organisation dedicated to improving self-confidence and the development of leadership.

BISHOPSWOOD had a crafty Members' Afternoon divided into groups to try various crafts demonstrated by four of their members. Su Jackson led the group trying Decopatch, a 3D variation of decoupage. Julie Eglinton was teaching crochet, Anne Jones and her group were making sugar flowers while Jan Sheldon and her group tried out watercolour painting.



Go to WI News at www.thewi.org.uk/herefordshire where you will find the **full versions** of all reports above.
Alison Lord, Forum Coordinator wiforum.hfwi@gmail.com 01544 340256