

Zoom Speaker List 26/02/2021

New

MICRO-HABITS & BUILDING RESILIENCE — Laura C Aitken

I'd like to wholeheartedly recommend Laura C Aiken (<https://www.instagram.com/lauracaiken/>) who hosted a workshop for Minerva WI, Bath this month. The topic was Micro-habits and building resilience, with an introduction to Bullet Journalling. I was recommended Laura, a resilience coach, by a facebook group and didn't really have any expectations for the meeting or structure, we had only messaged before the meeting. On the night, turns out Laura has a whole presentation along with a slideshow, including activities and discussions/break out rooms, she engaged with every member of our small group which really made a comfortable atmosphere. The introduction to bullet journalling was so informative and she provided resources for further learnings. We were a bit stuck when we first came up with the idea for a meeting on Bullet Journalling and didn't know who to approach but Laura went above and beyond our wildest expectations! We would highly recommend.

New

THE POSTAL MUSEUM — Stuart Aitken

UWI Penpal Exchange Recommendation: Stuart from the Postal Museum, London gave an fascinating talk about the early history of stamps. Did you know that prior to stamp use any post was paid by the receiver? Hear about this and other snippets of excellent postal interest! The talk was very well received by all who came along to Stuart's zoom session with a Q & A at the end. *FREE zoom talk* Email: stuart.aitken@postalmuseum.org

New

WEATHER FORECASTING - Jeremy Walton

WI Recommended: Jeremy Walton, senior scientist at the Met Office, gave Llandogo WI a great illustrated zoom talk on Weather Forecasting. He charges £40 which he donates to the Surfers against Sewage charity. He would be very happy to be contacted to do other zoom talks on jeremy.walton@metoffice.gov.uk £40

New

VISION BOARD – FIND YOUR WHY – Nina Spencer

For anyone looking for an inexpensive speaker look no further. As part of my "Find your Why" coaching I will be delivering a vision board module which I would love to offer to you live on zoom. For a discounted price of £25 Grab a brew, a few magazines a pair of scissors and some glue and join me to help you realise your dreams!
nina@arcangelmedia.com for booking enquires

New

VARIOUS TALKS - Diane Burstein Lynch

Hello. I am a London Blue Badge Tour Guide, Further Education Lecturer and local radio broadcaster (BBC Radio London and LBC) with extensive experience of giving talks in person and now on Zoom.

My most popular talks are "Follow the Stars, the London Film Locations Walk"; "Literary London"; "Theatrical London" and "From Markets to Malls: The History of Shopping in London Through the Ages" but I have a wider repertoire including more London related subjects and virtual tours of a variety of London areas.

Since lockdown I've delivered over 150 talks on zoom to a variety of groups including U3As, Ladies Luncheon Clubs, Livery Companies, Local History Societies, Retirement Groups and Further Education Students.

You can contact me via email diane@secretlondonwalkingtours.co.uk or via phone 020 8445 0159/07956 108863

To read some recent reviews have a look at my Tripadvisor Page https://www.tripadvisor.co.uk/Attraction_Review-g186338-d8590882-Reviews-Secret_London_Walking_Tours-London_England.html

New

THE FIGHT AGAINST HUMAN TRAFFICKING – Bryn Frere-Smith

WI Recommended: Bryn Frere-Smith from Blue Bear Coffee. Talking about the fight against human trafficking. His talk is passionate but quite harrowing....yet something we should have our eyes opened to. E mail at bryn@bluebearcoffee.com
Or check out the website www.bluebearcoffee.com
which also has contact details. Fee is a donation to the charities he supports. Highly recommended.

New

MY LIFE AS A FREELANCE BASS PLAYER’ – Dawn Baker Potts

WI Recommended: Great talk from Dawn last night at Ashby Spa WI telling us about how she became a professional double bass player and all the associated highs and lows. If you would be interested in booking her for a zoom talk contact her at dbakerpotts@yahoo.co.uk

New

FEMINIST ORIGAMI– Emily from Femigami

WI Recommended: League of Ladies WI had Emily from Femigami come and create some Feminist origami with us back in December the best way to get hold over her is through the contact form on her website www.femigami.com
or on Facebook [Femigami](#)
.”It was a great night filled with vulvas nipped tassles and penises”

New

CRIBS INTERNATIONAL – Sally Hyman

Sally talks about how she set up CRIBS International, a charity that provides interim housing for refugee women and babies in Greece. She can be contacted on sallyhyman1959@gmail.com

New

“IT’S NOT JUST A BAD PERIOD” – Katie

One woman's journey with Endometriosis; from symptoms at 12, first doctors appt at 16 and diagnosis ten years later I will talk about my journey with Endometriosis and help to bust some myths along the way. It's not all doom and gloom, but it's certainly been a challenge. - Katie
katieawdas86@gmail.com

New

‘KEEPING IT IN THE FAMILY’ - Jamie Walker

Hi All 😊 Hope everyone is well after a very cold night! 🥶
We at The WillMaker Group would like to offer our talks online via zoom.
Our talk is Titled 'Keeping it in the Family' and covers all areas of estate planning, wills, trusts and lasting powers of attorney and how we can make sure that our loved ones are protected & receive their inheritance. All with a big smile 😊
Please feel free to email us - info@thewillmaker.co.uk
or take a look on our website
www.thewillmaker.co.uk

New

WALKING TOURS OF LONDON + OTHER TALKS - Fiona Jane Weston

Hello,

I am the Membership Secretary of the Fulham and Chelsea WI, and an actress, singer and tour guide. I keep women's stories alive by creating solo shows and guided walks on themes of women's history. I use material from real women's diary extracts, letters and poems.

I am currently creating a series of virtual "walking tours" of London landmarks commemorating the extraordinary contributions women made to culture and society, especially during World Wars I and II. I presented my London's Women of World War I walk to Fulham and Chelsea WI last week, and I am pleased to say it was very well received. Testimonials are available on request.

Some of the women I cover are brave and compassionate nurse Edith Cavell, and a largely unknown lawyer who fought the Law Society when women were not considered "persons" and were barred from becoming solicitors.

I also have 'walks' unsung heroines who lived and worked in the London suburbs, and London's Women of World War II.

I will also cover women literary figures and painters, and locations where certain period dramas were filmed.

Please feel free to DM me, if you would like to discuss a booking.

<https://www.facebook.com/fiona.j.weston>

New

UNDERGROUND SUPPER CLUB – Kerstin Rodgers

WI Recommended: Acle Evening WI welcomed Ms Marmite Lover aka Kerstin Rodgers to their Zoom meeting last evening. It was just what we needed on a cold night to bring us some cheer. Kerstin is a chef, photographer, author, journalist, traveller and blogger. Kerstin, a pioneer of the Underground Supper Club entertained us with stories of how she turned her London home into a venue for people to enjoy her delicious foods. Kerstin can be contacted via FB as MsMarmiteLover, Instagram & Twitter

New

THE ORIGIN OF CHINESE TEXT CHARACTERS – Beth Price

WI Recommended: Romiley WI had a fantastic talk from Beth Price who has lived and taught in China and is studying Chinese. She did a zoom talk on the use and origin of Chinese text characters and then a little on Chinese New Year - very well presented and a really interesting subject that was quite different to many WI talks. She's called Beth Price and she was happy for me to share her details - she can be contacted at bethcprice1@gmail.com

New

“HERE COMES THE FAILED FAILED BANK MANAGER’ - Ian Gunn

A talk about some of my experiences as a prison governor. The title comes from what a prisoner shouted at me on my first day; I had previously been a bank manager but had been made redundant

'Ian Gunn is an enrichment speaker for an agency that provides speakers to cruise lines. His specialist subjects are crime and prisons and Ian has a unique perspective on life 'behind' bars' because he was a prison governor before retiring five years ago. In his talk 'Here Comes The Failed Bank Manager', Ian relates some illuminating and amusing stories about his time as a governor in four contrasting prisons accommodating all types of prisoners, including sex offenders and women.' WI recommended.

Email: iandfg9@gmail.com

New

“WHAT’S IT LIKE BEING A HIGH END, PROFESSIONAL WEDDING & EVENT PLANNER; is it really like that ‘J Lo’ film (The Wedding Planner)?” - Vanessa

MAD WI (Milnrow and District) had a great talk last night - reaching nearly 50% of our membership which is really good all things considered. We all wore our bonny hats!

What do we do, how do we do it and where do we do it? Join Vanessa as she talks about her 30+ year career in the events industry. How she started in the industry, the most outlandish requests from Brides and Grooms, our biggest challenges, our favourite budgets, our biggest parties and why I still love what I do, 30 years after first starting.

Hugely entertaining. Contact her on vanessa@randfweddings.co.uk

New

THE ANTARCTIC ARUBAN – Genevieve Brown

WI Recommended: Balham WI had an amazing talk by Genevieve Brown, the Antarctic Aruban, who is training to be the first Aruban to the South Pole - raising funds and awareness for Lyme Disease UK. She spoke about her experience with Lyme disease, her challenges reaching a diagnosis, her training for her expedition and the experience ahead. It was fantastic, really empowering, informative and informative. We had brilliant feedback from both our members and our WI Wanderers guests and would highly recommend her as a potential speaker.

<http://www.antarcticaruban.com/>

New

ADELAIDE HUNTER-HOODLESS – Joanne Rickert-Hall

WI Recommended: A really lovely lady and very knowledgeable on the subject. Her talks are not free she charges \$100 Canadian dollars which is approx. £62 but worth every penny contact:

joanna.rickerthall@gmail.com

New

FLOWER ARRANGING – Christine Pearce

Tutor at Denman for about 12 years. NAFAS area demonstrator and teacher. Independent florist and competition exhibitor. I love to share my passion of flower arranging with everyone and am a dedicated teacher of my craft. Moving on to demonstrating and doing workshops on Zoom has been a revelation and I am quite enjoying it. Nothing like being able to wear your slippers when working!! I am happy to discuss an individual programme with anyone interest in using me. I am on the federation lists and have currently got 3 bookings in the next 3 months with WI groups all over the country. Dependant on the programme required my fee starts at £60 plus expenses. As I am unable to share the flowers with the WI group I am demonstrating to I have been distributing the finished designs to local isolated people or anyone I know locally who is sick. All within walking distance and socially distanced of course!!! Contact Christine through FB Messenger.
www.facebook.com/christine.pearce.18

New

FAUX CALLIGRAPHY – Jane Lappage

Demo/talks on Faux calligraphy, as this is something you can learn using no special equipment just biros, pencils etc. Denman tutor
Please take a look at my website www.calligraphyarts.co.uk

TAI CHI, QI GONG & YOGA – Tina Lloyd

Hi there I run talks/demos in tai chi qi gong and yoga-I run many talks for WIs corporate and community settings-please see bio attached and kindly check out our innovative site designed to help ladies through the lockdown www.myseniorgym.com which offers hundreds of exercise and well-being videos for all abilities in tai chi, Pilates and much much more!
Also to help launch the business we are offering FREE PILATES and FREE TAI CHI as part of our Live Stream classes THIS WEEK to REGISTER you just need to visit Live Stream page at:
<https://myseniorgym.com>

THE CABARET GEEK! - PAULAS

WI Recommended: Bookham Butterflies WI had a wonderful speaker in January – Paulus, The Cabaret Geek! You may know Paulus as a judge on the TV show “All Together Now”. Since first performing cabaret at the age of 15, he has worked as a singer, compère, cabaret teacher, mentor, producer and public speaker, including at many WI’s. As well as giving us a fascinating talk on the history of cabaret – in full cabaret costume - Paulus also sang and performed three wonderful songs on the ukulele, including the legendary “Life is a Cabaret”. Highly recommended, very informative and hugely entertaining! Email: paulus@thecabaretgeek.com Paulus charges £78.50 for a Zoom session. In person his fee is £150. He has two other talks - "A Life of a Showman" and "Fifteen Minutes of Fleeting Fame". He's been doing WI talks since 2016. Hope that helps! Website: <https://thecabaretgeek.com/>

MINDFULNESS EMBROIDERY - Nati Denniff-Jones

My mindfulness embroidery class provides an overview of what mindfulness is and why crafting is a great way of practising. We talk about its benefits especially in the current times. We then move onto an embroidery activity for which kits have been previously delivered to the members. The activity can be tailored to the general embroidery level of the attendees and it is designed to aid the mindfulness practise. Sessions can be tailored to last between one to two hours.

I am on social media, where you can see my makes, on Instagram or Facebook, just search for @memadebynati or

www.Facebook.com/memadebynati

. If you would like to see the kits currently on offer for classes, they are in my shop on www.Etsy.com/shop/memadebynati

POSTCARD TALK – Tyne Henney-Scafton

UWI Penpal Exchange Recommended: We had a really good speaker on the pen pal chat today.

How I wish I'd advertised her more. She doesn't charge but would be grateful if you could donate money to a donkey sanctuary nearby.

She told us about postcards which she sells as a business but didn't do any sort of hard sell except to offer us 10% before 11th February.

You can contact her, Tyne Henney-Scafton, on ema

admin@oldpostcards4sale.co.uk website: <https://www.oldpostcards4sale.co.uk/>

HANDWRITTEN LETTERS -Dinah Johnson

<http://thehandwrittenletterappreciationsociety.org/>

They are all about The Handwritten Letter Appreciation Society that I set up in October 2017 to encourage and inspire people to write letters to each other.

The talk lasts about an hour and takes the format of a 30-35 minute talk about the idea behind the Society and the adventures we've had along the way, a 5-10 minute optional activity of writing a postcard as a group, a question and answer session and then rounding off the session with tips on how to find out more together with useful links. I have done talks with and without the letter writing activity and both have been well received, so it's up to the groups whether they would like to include that. I charge £30 for the talk.

Here is a little blog I wrote about the talks I did before Christmas and some of the comments from those who took part.

[Adventures in Letter Writing No. 67: Zoom Talks – The Handwritten Letter Appreciation Society](#)

Letter Box talk - the History of the Letter Box paul.snelling8tg@gmail.com

Other talks by Paul –

1. **A lot of hot air (hot air ballooning)** /
2. **England's Heritage** /
3. **The Village Pumps**

CONFESSIONS OF A CHILDREN'S PARTY ENTERTAINER – Barmy Bella

(How to get big belly laughs from small people)

Join Tamar Kimmons (A.K.A. Barmy Bella) for a light hearted look at the trials and tribulations of life as a professional children's entertainer.

In this hour long presentation, she'll share heart warming, funny and sometimes downright embarrassing anecdotes from 15 years of performing, and give an insight into the serious business of making little people laugh for a living.

She may even teach you a trick or two! 💎

Email: barmybellashow@gmail.com for a detailed PDF description of the talk, and photo to use in your event publicity.

Or call: 07580 065912 for an informal chat.

PERSONAL SYLIST FROM JOHN LEWIS - Peter

WI Recommended: "Peter was an excellent zoom speaker and knew his stuff, so much so we've asked him back for a return visit!" *Has delivered live talks to WIs in Sheffield* Peter Personal stylist here from JL Sheffield.

'Just to let you all know I'm offering 1-to-1 sessions via Zoom app OR group sessions max 20 people, I mainly focus on colour analysis as it's so interesting and makes such a difference. But I can also talk about whatever Style subject the ladies want to focus on e.g. perfect Jean's for my shape, what to wear at home etc....you name it, I can prep it. If you're interested, let me know as there's only so many zoom quizzes we can all do before it gets boring! I'm on instagram as @JL_PeterK X 🤗'

This is the link to book: jland.partners/38hjuup and *FREE*

<https://www.facebook.com/pj.kane.311>

CLOTHING SUSTAINABILITY – Becky Barnes

<https://www.beckybarnesstyle.com>

WI Recommended:

Becky is a lovely person and joined Westbury Park WI meeting last night via zoom. We thoroughly enjoyed the presentation and followed a journey of a pair of jeans in terms of sustainability. Becky is very knowledgeable about all things saving the planet and clothes and has not bought any new clothes for ages and encouraged us to 'Shop inside your own wardrobe'.

MESSAGE THERAPIST – Chris Briggs

WI Recommended - we had a wonderful talk and demonstration by Chris Briggs who is a massage therapist which I thought I would share with you. He talked us through 7 different moves that you can use on yourself for self-healing to help with our mental health and all that comes with our current situation this year. It was a lovely evening lots of fun and laughter and he provided us with a worksheet, which we were able to get to all our members even if they couldn't join zoom with links to u-tube clips, pictures and descriptions of how to do the moves. His contact details are bigucklebis@gmail.com or he has a website you can view www.messagechris.com

JUGGLING – Martin Mor

Highly recommended by Hebden Bridge WI.

We can highly recommend Martin Mor as a Zoom speaker /juggling tutor.

We at Hebden Bridge WI had a fun evening on Monday, juggling together, separately via Zoom. We were his first Zoom group as he usually does one to one, but he's doing a group of school children in the next week or so. He enjoyed his session with us and is now planning to offer workshops to more groups. In normal times Martin is a stand up comedian, but in the current situation is offering mentoring and tutorials via Zoom. As he wasn't sure how to approach other WI groups I said I'd try to help by passing on his details. Hope that's okay.

This is the link for his website;

<http://martinmor.com/main.html>

Youtube link: <https://youtu.be/VgZ3QKpc2AQ>

We had a great time, photos can be found on our Hebden Bridge WI public Facebook page.

<https://www.facebook.com/hebdenbridgewi>

This is the testimonial we wrote for him after the session; "We were all really looking forward to a fun and uplifting evening for our first WI Zoom meeting of 2021 and Martin's Juggling workshop was all that and more! None of us had attempted juggling before and Martin's directions were easy to follow along with and despite a large group of us only being visible as small images he still managed to identify and advise on our mistakes individually. Our treasurer is thrilled that, having never been able to conquer the art of two balls in the schoolyard, after 30 minutes she was getting the hang of it enough to impress the grandkids! Comments on our group later proved that most of us had the determination to carry on practising late into the evening. The extra magic trick also went down well, especially with our President who can't wait to wow her nursing colleagues as a bit of light relief! We're now all looking forward to a Juggling session when we can finally meet together again as a group.

Thank you!

Martin Mor

martinmor.com

THE PALACE OF WESTMINSTER (HOUSES OF PARLIAMENT) OR THE SECRETS OF HIGHGATE CEMETERY
- Gill Hodgekinson-Price

Hi, I am the President of the Early Birds WI in St Neots and I am an ex teacher/police officer/St John Ambulance member/lifelong trainer. I can offer two talks at the moment...The Palace of Westminster (Houses of Parliament) covering the areas you would see if you took a tour (in non Covid times) and some of the areas generally off limits to the public - I used to work there, so know my way around. Also The Secrets of Highgate Cemetery - not as dead boring as you might think - which is the final resting place of many well-known people and quite spectacular in its architecture and atmosphere. Both talks are about 45mins long and contain a PowerPoint presentation. I charge £10 to cover my costs of setting up and running these. I am currently writing a talk on the History of St John and will be adding to these over the coming months. I can be contacted via FB or on gillhp77@hotmail.co.uk.

STORYTELLER - Debra John

Debra is an actor and family storyteller specialising in bringing the past to life. A dozen costumed monologues and storytelling sessions available via zoom covering Edwardian domestic service, Victorian debtor's prisons, the First World War. Amy Dillwyn (a member of a prominent Swansea family), Welsh folk tales and much more. Please contact Debra on djswansea@yahoo.co.uk
Debra is well known in Swansea circles for her talks. They are amusing and her delivery is perfect. WI Recommended

THE PLAGUE DOCTOR – David Bell

Warning: Bawdy humour, people may be offended.

<https://www.youtube.com/watch?v=a4IGxoB1HsM>

Zoom talks from £50 contact: www.theplaguedoctor.co.uk bell.eyam@sky.com

POETIC ENDINGS, ETHICAL FUNERAL SERVICE – Louise Winter

"Poetic Endings is an award-winning, ethical funeral service in London. We believe that funerals have the power to honour, heal and inspire. Louise worked with lots of different funeral directors, as well as editing the Good Funeral Guide, and found the majority of funerals being offered were formulaic, uninspiring, and at the convenience of the funeral director. Louise decided to set up Poetic Endings as an alternative, offering a bespoke and flexible service that helps people to get in touch with what they need from the funeral."

Victoria Keen 07789 968797

020 3291 3426 (24 hours)

www.poetic-endings.com

<https://www.theguardian.com/careers/2017/jun/27/ bespoke-funeral-director-handling-death-different-way>

WI recommended – "Busting stereotypes and myths in the funeral industry and a female focus in a male-dominated arena. "

MIND AND MINDSET – Michelle Chelu

Hi all I'm an accredited coach and looking to start being brave by doing some talks to get some practice in. I could do 30 minutes or so via Zoom on Mind and Mindset.

<https://www.facebook.com/groups/thiswomanwill>

www.michellechelu.co.uk

Check out my group and website and dm me if you're interested £25

A TALE OF TALES (Beatrix Potter talk) - Annalie Talent

WI Recommended – "I cannot recommend highly enough. I thought I knew lots about Beatrix Potter, but Annalie had a wealth of information. What a remarkable lady Beatrix was"

Annalie's email address is annalietalent@yahoo.co.uk

A GOOD LAUGH – Comedy – Pat G Hall

I have been doing stand-up comedy to WIs and other groups for the last 14 years, mainly observational comedy but also jokes, anecdotes, funny poems and weird bits and bobs. Now we are in the Zoom Age I am doing pretty much the same only sitting down! I am comfortable with Zoom although I miss the occasional heckler – can't imagine anyone putting their hand up to heckle!

Some feedback from previous talks - "Pat has a rare and remarkable gift – the ability to see the funny side of absolutely everything. She makes what she does seem effortless, but in fact she is an excellent stand-up comedian!

"Your interpretation of characters and comments on everyday life are so perceptive."

"We all enjoyed your numerous observations, anecdotes – a real antidote to the winter blues"

My usual fee is £50 but I am prepared to reduce this if you only have a few 'zoomers' in your WI.

I am a member of Ashbourne, Derbyshire WI

Tel 01335 346848

patghall3@gmail.com

SEWING SESSIONS – Claire Salmon

Contact via Facebook Messenger or email cherryorchardcrafts@yahoo.co.uk.

Claire is an experienced teacher and Denman tutor offering a new range of spring sewing sessions via Zoom from January onwards, suitable for all levels of experience. Most are designed to last one hour (£45) and can be a 'make along' where you join in, or a demonstration where you can just relax and watch and make at your own pace later. All sessions include written instructions and patterns or templates, and you can ask questions as we go along or contact Claire afterwards at any time if you need. I have delivered sessions for many individual WIs as well as my regular sessions for Denman At Home, and am happy to tailor any of my sessions to suit different requirements. WI Recommended

DECLUTTERING - Katherine Blackler from Borough Belles WI

“From SortMySpace to the SE London speaker list who is the President of APDO Association of Professional Declutterers and Organisers. She’s talked for us at the Borough Belles and local WI Forest Hill but she's now doing virtual Zoom sessions on the topic of decluttering and organising for anywhere in UK. Offering a discounted rate of £45 per virtual meeting. Contact: katherine@sortmyspace.co.uk 07914 612531 or see her speaker info on <https://www.sortmyspace.co.uk/work-together/speaking-events/>

BUTLINS REDCOAT AND ENTERTAINMENT EXEC – Stephen Wells

WI recommended

“Fab talk on Butlins as he worked there for many years starting as a redcoat then as entertainment executive.” And “highly recommended. His link is <https://wellsinternet.co.uk/my-classic-talks>

MINDREADER - Chris Wall –Cawston Grange WI Lite recommends

“We've just had mind reader, Chris Wall attend our meeting tonight on line and can recommend him. Here's a video of his performance

<https://www.facebook.com/watch/?v=182046266950722>

Wow! What a fantastic evening celebrating our tenth anniversary. A massive thank you to our guest speaker and mind reader, Chris Wall. He kept us all entertained and left us trying to work out how on earth he did some of his tricks, can you work them out?” <https://chrisreadsminds.co.uk/>

WILD ADVENTURES - Emily

WI recommended

“I can thoroughly recommend Emily as an inspirational and fun speaker. Her achievements in extreme endurance events are amazing and she gives a great insight into the mix of emotions during these crazy events. Contact her via her Facebook page”

“If you’re looking for a fun and inspiring zoom talk I can fully recommend Emily and her tales of crazy endurance races, 24hr non-stop mountain biking and extreme triathlon. Her achievements are amazing. Contact her via her Facebook page.”

<https://www.facebook.com/emilyswildadventures/>

FROM CRYING IN SUPERMARKETS TO BEING THE FIRST WOMAN TO PADDLEBOARD 162 MILES COAST TO COAST PICKING UP LITTER! – Jo Moseley

Talk details: I share two short films and a slide show and am always happy to take questions. I am happy to share the links to the films afterwards in case any of your members can't make it on the evening.

Bio: Jo Moseley, 56, is a Mum of two sons, aged 23 & 20. They live on the edge of the Yorkshire Dales. She describes herself as a beach cleaner, joy encourager & midlife adventurer. Jo was featured in WI Life in October 2019 as I am a WI member: Embsay with Eastby in N Yorkshire.

<https://www.facebook.com/HealthyHappyFifty/>

WI member, was in WI Life last year talking about coping with the menopause & paddleboarding across the country

Jo's usual fee is £75 but for WIs I give a discount + charge just £50. I am donating a portion of my fee to our local food bank in 2020 and 2021.

Contact details: joannamoseley@btinternet.com / mobile 07815146840.

You can find out more at www.jomoseley.com

or follow her on Twitter + Instagram @healthyhappy5

HAVE YOU NEVER MET A TRANS WOMAN – Petra Wenham

petra@thewenhams.org mobile 07779112245 and home (study) 01473 372352. Petra doesn't charge for the talk though does include in the talk slides and gives a link to her Just Giving page that is donating to the Mermaids Charity. So if only a few members donate, that's still more money to the Charity. Petra has her own Pro Zoom license so a WI doesn't need to organise that side. All she'd ask is that the WI distribute the meeting ID and passcode to their members (it would be different for each talk). *Donations*

MASSAGE THERAPIST - Chris Briggs.

Talks through 7 different moves that you can use on yourself for self-healing to help with our mental health and all that comes with our current situation this year. "It was a lovely evening lots of fun and laughter and he provided us with a worksheet".

bigucklebis@gmail.com or he has a website you can view www.massagechris.com.

ALSTROMERIA FLOWER NURSERY – Ben Cross

"Best talk I have attended on Zoom - apparently he has done over 30 WI talks around the country since March, and he really has it down to a fine art. He showed us around his greenhouses and talked about British flowers. He has recently won a National Award." WI Recommended: £60

<https://www.facebook.com/CrosslandsFlowerNursery>

GARDENING BY DESIGN - Alison

- <https://www.gardeningbydesign.co.uk> -
see a Youtube of Alison for a flavour of her talk
<https://www.youtube.com/watch?v=AHsYOU1fucE>

Dance – The Burlesque Bombshells. President of Tea N Tiaras
WI, Essex Fed, tells the story of her WI dancing group - contact
Lindsey.barrell@aol.co.Uk 07901 650217

Marvellous Mindfulness - Lindsey Barrell, qualified Mindfulness coach.
I can offer a Talk and demonstration on the benefits of mindfulness, tips for everyday
Mindfulness and a guided meditation. I've been running online meditations all year
and teaching Mindfulness for 4 years with excellent feedback. Perfect topic for the
current times and no special equipment available.
Lindsey.barrell@aol.co.Uk
07901 650217 Lindsay Dixon-Barrell 07901 650217

Origami craft demo (Fold along from home!)

Paper folding fun with an origami enthusiast, who has given demos live at the Ideal
Home Show. Learn to make a simple, yet beautiful model step-by-step.
Gude gives patient, clear directions, with a top-down view of the demo over Zoom, so
that members can easily follow along at home. Option to create seasonal origami if
wanted.
Gude has worked with Wis in the West Kent federation. Her usual fee is £80

<https://www.thepaperdashery.com/category/tutorials/origami/>
CONTACT:gude@teamgool.com

Paper craft - Leila Khasal I offer an interactive make along paper craft workshop
on zoom, the materials are found in most people's homes, recycling is encouraged. It
is a simple but satisfying project that can be scaled up and be made more intricate or
artistic according to the participant's wishes while they are learning. Once the
technique is learned people can make hanging ornaments, flowers, cards etc. I can
also make it more festive themed geared to the nearest holiday if requested. I can be
reached on lkhasal@hotmail.com or 07775945880.

DELLTA CRAFTS & CREATIONS – Hayley Dell

Upcycling using decoupage techniques.

I am a member of Swinton WI and have been providing demonstrations throughout lockdown for quite a few WI groups.

Have you ever looked at a bottle or jar you are about to put in the recycle bin and thought it's a nice shape? Well let me introduce you to my decoupage technique and maybe you will see things in a slightly different way!

My demonstration will show you how to transform glass items into decorative items such as vases, light bottles, candle jars and more. Hopefully I can inspire you to get creative with everyday items, using paint, glue and napkins.

I don't have a set fee I ask for a donation which I pass on to the local hospice. I can be contacted at deltacrafts@outlook.com or on 07773 935094 *Donation*

ENCAUSTIC ART DEMO - Sue Robinson

Encaustic Art, painting with Wax a demonstration using an iron and a stylus.

Happy to do demonstration via zoom suecake200@live.co.uk

Also Simple Origami, Papercraft most aspects including making four simple cards (kits available)

Various topics on Art, Craft & Wellbeing talks –

Bex Raven

I offer my talks via zoom. There has just been an article about me in WI life if you have had your copy. Talks can be with or without a presentation and I have more details on my website at www.bexraven.co.uk Feel free to contact me for a chat about details or more info.

ZENTANGLE - Alison Mayston from [The Craft Loft](https://www.craftloft.co.uk) for Zentangle drawing <https://www.craftloft.co.uk>

Lewes and its Bonfire history - Andy Thomas

WI Recommended: Big shout out for Andy Thomas who gave us a brilliant talk. Probably not suitable for Institutes not in East Sussex but our ladies loved it. He is a very professional speaker. Read about him on <https://truthagenda.org/available-lectures>

BARONESS OF BOLSOVER– “Two local groups have had the pleasure of this speaker and talk is very very entertaining as well as being educational”. And “She spoke to our WI - Barlborough and Clowne- a couple of months ago. Brilliant! “
“Eggington WI had the great pleasure of Baroness Bolsover to afternoon tea yesterday. WI Highly recommended!”
<https://www.baronessbolsover.com/>

MOTHERS RUIN HISTORY TALK – Mildred Freeman

Long Bennington WI enjoyed s super Zoom meeting with Lady Historian Mildred Freeman hearing about 'Mothers Ruin' and enjoying a tippie ourselves. Lots of information imparted in a light hearted manner but also detailing the dark side. To be recommended milly@mildredfreeman.com

50s Housewife Talk - Jane Glennie

I am an actress and historian with 30 years' experience bringing history to life in museums, theatres and heritage sites. I am also a recognised speaker for the WI and have been presenting popular and entertaining theatrical talks for the past 12 years in Hampshire.

WI Recommended: We had Jane for a fifties housewife talk. She was really entertaining “

Phone 07980 204458 email jane.glennie@ntlworld.com

HISTORY OF UNDERWEAR – Liza Jones. “Excellent speaker who had put thought in how to make her talk engaging while on zoom; alternating btw powerpoint, real examples and questions. She does 4/5 other talks which sound equally good. She donates her fee to air ambulance charity” <https://speakernet.co.uk/speaker/652/liza-jones...>

‘Sex, Secrets, Scandal and Salacious Gossip’ or ‘Working with the ghosts of Hampton Court Palace’- Sarah Slater

Hi, I am also available for talks, either in person or via Zoom.

I am a founding member of Ottershaw Night Owls WI and I work at Hampton Court Palace. I have worked at Hampton Court Palace as a State Apartment Warder, Tour Guide and Guide Lecturer for twelve years.

I have two talks that I am able to deliver via Zoom, they are both one hour in length. For my talk 'Sex, Secrets, Scandal and Salacious Gossip of the Royal Court, 1660 to 1830' I wear one of my beautiful costumes and talk about all the naughty bits of history you would probably not have learnt about at school! I discuss royal mistresses, prostitution, sexual diseases of the time and the methods used to prevent SDTs and unwanted pregnancies. Warning, this tour is not for the prude, it is fun but rude!

'Working with the ghosts of Hampton Court Palace' is an hour long. I talk about my experiences working with the ghosts at Hampton Court Palace, what it is like to wander the galleries late at night on my own in the dark, the history, stories and sightings of ghosts over the years.

If you are interested in me visiting you to deliver a talk , i I can offer either of the above talks or my third talk;

'Kirtles, Corsets and Curtains' I talk about the levels of authenticity involved with making period costumes to wear as a tour guide. I wear one of my costumes and bring more along with a mannequin which I dress up. I talk about how the 'perfect' silhouette has changed over time and how women have striven to attain it.

If either of my talks are of interest please do contact me to discuss the dates that you have in mind.

Sarah Slater, sarah.m.slater@btinternet.com

Guide Lecturer, Hampton Court Palace,
Affiliate of the Institute of Tourist Guiding.

WI Recommended “And Sarah slater is BRILLIANT “and “Very entertaining & saucy! I can thoroughly recommend Sarah & will keep in mind her ghostly talk for the future as I’ve heard lots about spooky goings on at Hampton Court “

HISTORICAL TOPICS SPEAKER - Helen Chambers

I am an experienced speaker specialising in historical topics. I charge £40 for a zoom talk.

Tudor Music

Tudor Christmas

Victorian Christmas History of Panto

Women in the English Civil War

All talks in authentic costume, with humour, anecdotes, artefacts, instruments, music and songs. helenchambers4@googlemail.com

British Social History – Jane Robinson

WI Recommended: Carnegie girls WI had Jane Robinson who is a British social historian and author of many books and the one she talked us about was called A force to be reckoned with, it's about the history of the WI , it was very informative, interesting and we all enjoyed
I highly recommend her x jane-robinson.com

MAGICIAN – Wayne Trice

<https://www.magicinatrice.co.uk> - “Wayne Trice! We had him for our last meeting and he was funny, personable and entertaining.” – “Can highly recommend the Magician Wayne Trice who has just given my West Ealing WI a wonderful evening's entertainment. Very personable, funny and informative. We even did some tricks. A real Lockdown Tonic! And it supports our artistes and performers in the hard times of Covid. “Very interactive and a great distraction from all the doom and gloom we have been living through”

MAGICIAN - Jack “When we were able to meet, socially distanced, but not in our usual venue, back in early September, it was our 75th birthday. We were, socially distanced, and entertained by a magician. It was a fabulous evening and much to be recommended. The good news is that Jack has now developed a virtual show.” and “Bicton & Oxon WI had a great New Year's party this week! A virtual scavenger hunt followed by entertainment by Jack Dent who treated us to magic and music. Lots of fun, laughter and audience participation but how strange for Jack not to hear us laugh and applaud him!” You can contact him through his website

www.JDMagic.co.uk

PREBIOTIC SKINCARE – Temple Spa

“They sent out samples to us and we then had a fun evening on Zoom trying the products!!” Recommended - contact @Mel Hemsall Temple Spa on Facebook or www.templespa.com/melhemsall

ASTRONOMY MATTERS – “if any WI's are looking for a speaker over the coming months / next year via Zoom I can highly recommend Keith Townsend and Astronomy Matters. Keith has a variety of talks on Space Exploration and Astronomy.

He has given a number of talks to some local WI's and the feedback has always fantastic.

Website below with his contact details”

ASTRONOMYMATTERS.CO.UK

Prison Governor Chris Duffin – Great zoom meeting last night with guest speaker Chris Duffin who talked us through her 20 year career as a Prison Governor in the UK Prison Service.

An entertaining, informative and thought provoking speaker, we could have listened to her recollections all night. Many of us ordered her book Jail Tale

.. Chrisduffino@gmail.com tel 07928 403646

WOMEN AND SECURITY, EVEN THE QUEEN -

Richard Mansfield

Richard's career started at the age of 16 with the Metropolitan Police. He has had a long and varied career as a royal Protection Officer and now retired from the Met, he continues to operate as a Security Adviser, Consultant and Close Protection Operative (Bodyguard). His talk highlights the changing role of women in the police, interspersed with his personal experiences within his career in protection.

Recommended by Dormans Evening WI Richardm1003@btinternet.com
07766220481

Keith Lumley - ex-Chief Superintendent of South Yorkshire Police and since hanging up his hat a couple of years ago, amongst other things has been lecturing on cruise ships. He does a range of talks and is happy to be contacted via keith.lumley@crown.cm

Sarah Kelly is an award-winning communications consultant who currently works in international development.

In 1997, Sarah found herself in the eye of the storm, when she received a call at work to tell her that a local GP was being investigated by the police. Sarah was a Press Officer at Greater Manchester Police and she subsequently found herself managing the communications between the media and the police, for an investigation into Britain's most prolific serial killer and an inquiry that became international news.

In March 2020, Sarah did a gruelling three day trek (and two nights camping) across the Arctic circle in northern Finland, to raise thousands of pounds for Maggie's cancer centre in Manchester. She braved temperatures as low as -20c, to walk 70km through snow, ice and blisters and found friendship and inspiration along the way. Sarah is available to speak in about either of these topics, in return for a donation to Maggie's Manchester. She can be contacted at: sdkelly1972@gmail.com

SECRET WORLD WILD ANIMAL RESCUE - Paulin-

secretworld.org. Pauline the founder is not only entertaining and knowledgeable but is great on zoom which is a real skill - we are local to them in Somerset but you don't need to be to enjoy & learn about what to do if think a wild animal is hurt and how they rehabilitate them

Hearing Dogs for the Deaf - we had Gaynor Tilby last night at our Zoom meeting and she was more than excellent. She kept us enthralled about her life and her work for hearing dogs as well as a probation office and her dog indigo is adorable. She says WI's can contact her through her email or they can ask for her from hearing dogs webpage. Her email address is - gaynorandralph@btinternet.com
Webpage for request is - <https://www.hearingdogs.org.uk/.../enquire/request-speaker>

Pilates "Great workshop / demonstration & practice with a sheet available at the end. Polina, the founder of Elemental Pilates to learn all about Face Yoga, a natural method of exercising your face to lift, tone and sculpt your facial muscles. After a short introduction, Polina will demonstrate and have you practice face exercises, face massage and acupuncture techniques to diminish wrinkles, lift facial contours, create healthy glow and look rested and relaxed. Polina@elementalpilates.co.uk

Lots of talks from: <https://www.davidallenpublicspeaker.co.uk>

Free Virtual Presentations about Disability

www.leonardcheshire.org/ speakers@leonardcheshire.org or call 077203 37130

Free Virtual Presentations about Disability: Speakers can cover the history of Leonard Cheshire, current work including UK and international operations, disability equality, and volunteering opportunities. Sessions can be presentation based or involve activities. We are happy to tailor sessions, so if you are looking for something specific let us know. <https://www.leonardcheshire.org/.../lear.../speakers-network>

Vocalist - Shiobhan McCavanagh

I'm a vocalist in the country Durham and North Yorkshire area. I've entertained at several WIs in my region and would love to be able to continue to do so, even in these strange times we find ourselves living in. My page is www.facebook.com/shibbymac (I sing under my maiden name, hence the difference.)

VINTAGE SINGER & ENTERTAINER - Katharine Collett

Our Ladies from Wallington & Carshalton W I enjoyed a fabulous evening on Zoom after having to cancel Katharine twice, thank you taking us back to The Victorian Times with your costume & Cosy fireside & even Snow outside, how did you do it 🥰 a lovely evening
<http://www.sopranoentertainer.co.uk/>

Entertainer - Paul L Martin - <https://paullmartin.com>

WI Recommended: We had him as a zoom speaker last week - very good, very entertaining - loved by all (Chilworth WI -Hampshire) "He's a great entertainer." And "We had him at a meeting before lockdown, he's very good and a nice chap too."

Drag Queens

<https://www.dragqueentiffaneywells.co.uk>

Fanny Galore

https://www.facebook.com/harlowplayhouse/videos/629934030987780/?hc_location=ufi

<https://www.facebook.com/sunbradford>

<https://www.facebook.com/IrregularArtsCo> "Highly recommend her"

<https://www.facebook.com/The-Vixens-1444604095834692/> - Recommended

DRAG QUEEN - Miss Crystal P Enigma She gave a talk for my WI (Crowlas & Ludgvan W.I.) last night to a full Zoom house and was a huge success. She is a young Newcastle-based drag queen and talks about the history of drag, her distinctive style of drag, a bit about makeup and costumes, how she pads and tucks, etc. She also gave a fabulous lip-sync performance and spent ages answering questions from members. She is funny, gracious and talented and is keen to do more talks (this was her first). She can be reached most easily by email on misscrystalenigma@gmail.com. She is on Instagram as crystal enigma, and also has a YouTube channel: <https://youtube.com/channel/UCnRSrtMJ2of2pEXPDvUPmlg> Or you can contact her through Entertainers Worldwide: <https://www.entertainersworldwide.com/.../miss-crystal-p> ...WI recommended

COCKTAIL SHAKER BOYS www.facebook.com/CocktailShakerBoys are available as guest speakers to run our presentation 'Everything you wanted to know about cocktails but were afraid to ask' for your W.I. group on Zoom. fun@cocktailshakerboys.co.uk

Virtual Wine Tasting - <https://www.facebook.com/Laithwaites-Wine-Surbiton-108863350672362/>

“Can definitely recommend a virtual wine tasting! - Ticket prices vary depending on location and what you have but ours were £19.99 for collection or £24.99 including delivery. Each person got 6 bottles wine (enough for a big glass each). We subsidised it so members paid £10 each and we collected all the wine and delivered to members at home. Lewthwaites then did the tasting over zoom with a quiz and prizes. They've also given us a discount on bottles we buy afterwards - and a share to our nominated charity. Would recommend speaking to your local one.”

Dean Powell - <https://www.facebook.com/deanpowellpr/>

The incredible life of Dr William Price talk – “high recommended “

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"Wedding in Istanbul" Sally Mabey - all the dramas concerning my daughter's wedding to her handsome Turk, the dress, the travel, the postponement etc. Illustrated. (so I need Screen Sharing) Takes about an hour. Cost £30, prefer Bank Transfer.

"From Eggheads to Mastermind" - the story of how I took a WI team on to BBC's Eggheads, and how that led to us being invited to audition for Mastermind. Not illustrated, but Screen sharing needed for just two pictures. About an hour, cost £30, bank transfer as above.

I also do The Bayeux Tapestry, illustrated, but haven't yet done it on zoom... if someone wants it, I'll have a go! To contact Sally – email sally.mabey@ntlworld.com

Towards Training - Dr Rebecca Alegbo -

WI Recommended: She gave a fabulous talk to Cake and Revolution, about ACT and learning that difficult thoughts and feelings are normal and we don't have to struggle with them or try and get rid of them, we did a mindfulness activity, lots of chat and discussed her social enterprise Towards Training. She would love to hear from you if your WI would like to book a zoom meeting for members, her email is TowardsTraining@protonmail.com. Oh and she's also a WI member herself so it was great to be able to support her during the strange period of time we find ourselves
<http://www.towardstraining.co.uk/>
<http://ashtoncartermagic.com/>
https://www.facebook.com/louiserobinsontherapies/?hc_location=ufi

...'Escaping Hitler'... the true story of Joe Stirling, who escaped from Nazi Germany...phyllida.scrivens@icloud.com

Foraging, Bush craft/ survival skills and reducing plastics – Wendy Paton
Other talks by Wendy

“40 ways to ditch plastic” and “Women and surrealism”

Review... “She’s friendly, fun, full of knowledge and clearly has a real passion for what she does. She covers other topics also, so do look her up.” and “Our ladies really enjoyed it, and we’d definitely recommend her as a speaker”

Contact Wendy Paton www.londonbushcraft.com

Travels in a Quirky Car – Peta Allingham

Covering several geographic areas of the world (or a mixture) - this has quite a bit of humour **or**

A Woman's Experience on Scientific Expeditions'. Peta Allingham is well known around Lancashire but would love to catch up with other WIs around the country. “What a fabulous, entertaining evening we enjoyed tonight”
Email: peta_carter37@hotmail.com or FB message to Peta.

Carla - Travelers through time available on FB. Carla is fantastic and not only does several time periods but also crafts from several periods and can talk about organ donation from a recipients point of view
Travellersthroughtime@gmail.com
she has an FB page with lots of info and can be contacted through messenger as well

'Behind the scenes of TV quiz shows ' Excellent! Had us laughing and joining in. contact Faith Powell . faithpowell@live.com

Greenpeace are apolitical /independent. From their website you can choose the type of speaker you're Interested to hear from. <https://www.greenpeace.org.uk/volunt.../greenpeace-speakers/>

Sophie, CEO of Hearing Help - Help, Support and Guidance for those with hearing loss. Essex via Zoom was fantastic. Although they're an Essex based charity her story of her hearing loss and the impact of hearing loss generally would be relevant to any area.
Highly recommend <https://hearinghelpessex.org.uk/>

Organ Donation - Karen Piotr
Opt out law came into force in England on 20 May
Email: karenoopiotr@aol.com

Beth Butcher - I normally talk about my textiles art (I'm a spinner and weaver) or British Sign Language (I also work with deaf teenagers).
bethbutcherdesigns@gmail.com "Beth is a lovely lady with many skills to share with you....you will enjoy her talk"

Beginning your Family History - Debbie Bradley I can do Zoom talks on Beginning your Family History if this is something your group is interested. My contact email address is treetrace@outlook.com Thank you

Misba Khan. WI Recommended: Talks about her part in an all-women expedition to the North Pole in 2018. Truly inspirational. The expedition was for Arab and European women. A

Documentary will be coming out soon. "We had fantastic feedback for Misba from 2 Zoom meetings and from F2F meeting last year". Kmisba@yahoo.co.uk

Blue Badge Tourist Guide - Chrissie Le Marchant ...can talk on travels in the UK, Virtual walks, Cornwall and West Devon World Heritage, The Tamar Valley, Nancy Astor, Managing a country park, Great Little Trains of Wales, Geology, Plymouth and the Mayflower Pilgrims.
My contact details are bluebadgetours@outlook.com

Living in Hong Kong & The History of Expat Women in Hong Kong (plus others that may not be suitable for Zoom because they're travel talks - I'm on the Devon speakers' list & am a member of an Exeter WI. I give talks on Living in Hong Kong & The History of Expat Women in Hong Kong (plus others that may not be suitable for Zoom because they're travel talks) Angela White - My email angelarw60@gmail.com

THE MEMORY BOOK - Sarah Lott

WI Recommended: Sarah spoke to us over zoom at our January meeting about capturing the memories of a loved one as when we lose a loved one we often lose their precious family stories too.

Sarah's talk was an interactive exploration into the importance of life story work and the easy things you can do to get the process going.

She talked about how important it is to label your photos so in later life you will remember who were in the photos and for future generations also and how to use mind maps and note books to start the process of recording your loved ones stories. Sarah is obviously passionate about celebrating and preserving memories and about the therapeutic benefits of the reminiscence process.

She works as a life story writer, she gives zoom talks, runs workshops and creative reminiscence projects and coaches people who want to write their own life stories. Thanks Sarah for an interesting talk - it's inspired several of our members to start writing their stories.

Find her on Facebook The Memory Book and her website is www.thememorybook.co.uk

The Taxi Driver Poet. – James Haddow

WI Recommended:

“What fun he was and just the right speaker to restore faith in having virtual meetings. As well as tons of his own poetry centred on his life and loves, James mentioned a few of his favourites.” 😊

“I can highly recommend him! He publishes a poem every day on his Facebook page and Instagram! Worth a look!”

<https://www.taxidriverpoet.com/>

Poet - Claudine Toutoungi, it went down really well with members (including non-poetry fans). More details and how to contact her can be found on her website. <https://claudinetoutoungi.weebly.com/>

‘DRAGONS AND RESCUE DOGS: MY INSPIRATION TO WRITE’ – Debi Evans

I am an author and approved speaker well known in Wiltshire/Berkshire WIs and recommended most recently by Wantage WI and I am very happy to Zoom at short notice ‘Dragons and Rescue Dogs: my inspiration to write’. My speakers fee is £25 and Rolo star of my books often appears alongside my PowerPoint which I screen share. Rolo is a rescue Jack Russell who time travels, which enables me to write him into moments in history in the series of 5 books.

I do hope to hear from you and please feel free to share my details. I’m also LIVE chapter reading every weekday at 3.30pm on Rolo’s Facebook page: The Secret Adventures of Rolo <https://www.facebook.com/rolodogblog>

[Www.debievans.com](http://www.debievans.com)

AUTHOR, JOURNALIST, RACONTEUR & SINGER - Dean Powell

Dean Powell is a widely acclaimed lecturer who presents seven popular, engaging and humorous topics based on his career as an author and historian.

His professionalism and first-class communication skills have endeared him to thousands of audiences over the years and he is one of the most popular presenters in Wales today with a workload of lectures booked well in advance.

WI recommended. <http://www.deanpowell.co.uk/guest-speaking/>

Author – Chris Baker. Recently released ‘the girl who sewed parachutes’ will be returning to speak to Shropshire Federation after they read the book chris@galaxyonglass.com

Elizabeth Gowing offers a number of talks, is an experienced speaker (an ex primary teacher) and published nonfiction author who lives in Kosovo but currently in Cornwall. Highly recommended <https://www.elizabethgowing.com/speaker-for-groups-in-the-uk>

Talking about Journalism – Judy Theobald

Judy talks about her life in general, and some poems she wrote too - [Judy Theobald](#) talking about her life in journalism, her life in general, and some poems she wrote too. Judy was such fun and I thoroughly recommend her as a Zoom speaker. “Dormans Evening WI enjoyed a really fun talk by tonight on “The joys and otherwise of the festive season”. I would highly recommend her as a speaker.”

Facebook message for more info. <https://www.facebook.com/judy.theobald.5>

Hearing Dogs for the Deaf

<https://www.hearingdogs.org.uk/.../enquire/request-speaker/> Recommended

Suffolk Prickles -Kane and Paula

WI Recommended: Suffolk Prickles opened in 2010, and in that time have helped and re-released over 1000 hedgehogs from Suffolk and Essex. Despite working at our respective employments during the day, we still try to find time to help these endearing creatures. Hedgehogs are now in serious decline and if we don't all do something to help them we may eventually no longer hear that familiar snuffling sound in our garden at night. They are truly a gardener's best friend so let's all do something to help them in return. : <https://www.facebook.com/SuffolkPrickles/>
See <https://www.facebook.com/cedarsparkwi.stowmarket/> for more details

My Life with Autism - Liz Morris I'm happy to talk via zoom. I'm already on the Speakers Register in Dorset and I talk about my life with autism. Both my sons and my husband are on the spectrum and I have found myself in some unusual situations over the years. I use humour to help describe what life can be like, and am very happy to answer questions about autism. I also have started doing talks and sessions on Scrapbooking - I'm currently teaching the Denman at Home course. Contact me via pm or email, liz@tiswot.com

Sam Durrani - STUNTMAN

Would you like a stuntman to give a talk to your ladies, either in person or on Zoom? If so, Sam Durrani is your man, 07506 731 102 and based in Rugby. He's a lovely guy and our Cawston Grange WI Lite ladies are eagerly looking forward to his talk on the New Year! He's currently in between films and waiting to hear if he's going to be in Tom Cruise's next film...

"Fascinating insight into the world of the Stuntmen and Women."

<http://www.samdurranstunts.co.uk/>

Gwerfyl Gardner - "Are You Being Served?" - The rise of the department store, especially in Wales. And

"Adventures in Quizland" - appearances on Fifteen to One, The Weakest Link, Eggheads, The Chase etc. gwerfyl@gwerfyलगardner.plus.com

Award Winning playwright and up and coming crime writer - Trevor Wood recommended ex Royal Navy Officer, award-winning playwright and up & coming crime author, Contact via email, t.wood@blueyonder.co.uk Trevor spoke via Zoom at our WI meeting last night and the feedback from members is excellent!

<https://mirthy.co.uk/catalogue/>

Living in Hong Kong – Angela White

Other talks by Angela, **Chinese Festivals, The History of Expatriate Women in Hong Kong, Was it really Christmas?, Keeping on Track in Italy**

The talks are all light-hearted & interesting. Fee is £40.

Email: angelarw60@gmail.com mobile 07837 653946

Japanese Language & Furoshiki - Saori Seward - Weybridge WI had a Japanese language and 'furoshiki' folding evening with Saori Seward via Zoom. Saori taught us some phrases, and then showed us how to use sheets of fabric to wrap books, wine bottles, and even how to take everything from your shopping basket straight in to a bag! It was really well received and we would absolutely recommend <https://www.facebook.com/oriasobi/>

WI Recommended

Trek in the Arctic for Maggie's Charity - Sarah Dean Kelly -. She spoke to our WI tonight about her experiences doing a trek in the Arctic for Maggie's charity. She was very interesting and motivational. Please email her at scarydean@hotmail.com for more information.

TRAVEL TALKS – Julie Howard

I offer two talks to WIs and other similar groups. They are both based on my travels but incorporate history and geography and as well as a travelogue about absolutely fascinating places. The talks are:

1. Aoteroa - The Land of the Long White Cloud. Travels around New Zealand
2. From Cape Horn to the Atacama - travelling in Argentina and Chile. My fee is a donation to ACWW of a minimum of £30. Please contact me on

julieh888@icloud.com

Founder of Save the Children Fund, Eglantyne Jebb -

Alison Utting talks about Eglantyne Jebb and her equally amazing family.

Eglantyne was born in Ellesmere, Shropshire in 1876 and went on to found (with her sister Dorothy) the Save the Children Fund in 1919. The talk is fully illustrated with Eglantyne's own sketches, family photos, and photos of the area. There is even a link to the W.I... 😊:) alisonutting@gmail.com

Playing the Spoons - Jo

WI Recommended: “Brilliant fun meeting.

I’m still smiling “email jomay@phonecoop.coop

She has a web site with more information about her talk, Jo May Percussionist.

“Have you ever felt the urge to play the spoons? We had a really great workshop over Zoom this week at YWI Dormansland by the talented percussionist Jo May who is great fun and highly recommended. She also does African drumming workshops, but you can’t find a couple of those in your kitchen drawer! “jomay@phonecoop.coop.

Contact Jo on jomay@phonecoop.coop

Lynn Barrow

I currently present and host Zoom meetings entitled:

Elegant Ladies

Quirky Bird

Instant Quirky Birds, just add water

Tour Manager to Quirky Bird Watercolours

If you would like to book me to deliver a talk, demonstration or host a paint-a-long at your WI please do not hesitate to get in touch via FB message

<https://www.facebook.com/quirkybirdwatercolours> WI Recommended

Artist - Jackie Sumerfield -

WI Recommended Frodsham WI had a fascinating talk by Jackie Sumerfield, an artist, who encouraged us to all start journaling. It's something for you, so it doesn't have to be in prescribed way, it's all about you, your interest and hobbies. I can pass on her details if anyone is interested. She showed us a wide range of journals on Zoom, but the most fascinating are her Lockdown Journals.

Details; we paid £50, and she followed the talk up with a crib sheet, so we could relax and enjoy the talk, knowing that her notes would follow. She is an ex teacher, but then became an artist, and is passionate about trying to encourage women to record ordinary lives. Inspirational!

Jackiesumerfield@hotmail.com

Www.jackiesumerfieldstudio.co.uk

CRAFT - Felicity Jennings

WI Recommended: Available for craft sessions via Zoom. Please FB message for details

Felicity Crafts offers Zoom sessions for WIs on a wide range of crafts suitable for all abilities. Most use materials easily found at home. Contact me on

felicityjennings863@gmail.com for more details

www.facebook.com/FCraftTeacher

The Pearl lady – Frances Carlaw

Frances Carlaw (formerly Benton) was a WI speaker on 12 Federation lists and a Denman tutor for 7 years, before she retired to a life of rural peace in central France.

Frances now offers zoom talks, seminars, demonstrations and Q&A sessions on the subject of PEARLS. All aspects of pearls are covered from the science, myths and legends, jewellery and pearl knotting. The talks are lively and illustrated with hundreds of pearls and shells from Frances' extensive collections. Frances asks for a donation for giving her talks and she passes this directly onto a charity she supports. Reviews: "She's excellent and came to us a few years ago." And "I learned how to knot pearl necklaces at Denman with Frances - one of my favourite ever courses there. I wear the necklaces all the time (or I did when I used to go to WI meetings!) and they still flow beautifully. Would certainly recommend a talk / demo from her."

Also visit www.ThePearlLady.co.uk

<https://www.facebook.com/FrancesThePearlLady/> WI Recommended

or email francescarlaw@gmail.com

Life of a Dairy Farmer's wife – Jane Barnes.

WI Recommended: Very entertaining and informative. Can recommend for a zoom meeting.

Totally agree!! We had her at our zoom meeting on 16th so entertaining and doesn't have a script just talks about her life. Hopefully she will visit us once we are able to get back to proper meetings. If you want to be entertained definitely contact Jane. WI Highly recommended:

<https://www.facebook.com/farmerbarnesdairy> £50

SWIZZELS SWEETS – Nicci Matlow

WI Recommended: It's a good talk about the start of the family business and the different sweets over the decades. Very nostalgic ***FREE***

<https://swizzels.com/contact>

www.facebook.com/SwizzelsMatlow/

Chocolate Demonstration – Jane Napper

WI Recommended: Charges £45 and the demonstration and would take about 50 minutes. Jane can make something related to the season ie Easter if needed. I can show a simple technique for making swirled salted caramel chocolates. This would take about 45 minutes and my fee is £45. Please call me 07753605936 "Totnes WI has just had Jane with a lovely chocolate making demonstration on zoom Highly recommended" .Zoom ***New*** Chocolate demonstrations now booking with a Christmas theme! October-December I'll show how to temper chocolate and make a beautiful chocolate Christmas Tree. 60 minutes £45

website. www.simplychocolatewhitstable.co.uk

Cookery Demonstration – Richard Synam. richardsynan@msn.com charges £50 plus cost of ingredients. He demonstrated for about an hour but that is negotiable. He recently appeared on Masterchef the Professionals and being the son of a WI President he must be good!

AlphaBake Cookery – Carole Rose from AlphaBake gave us an excellent meeting via zoom about her business teaching children to cook, and demonstrated making a Raspberry Cream Tart. Several of us cooked along with her and had produced wonderful tarts by the end of the evening! Highly recommended <https://www.facebook.com/AlphaBakeCookeryHO>

Caribbean Cooking - Lee & Monica - Caribbean Cooking evening included a talk about Caribbean ingredients, recipe cards and a recording of the cooking demonstration. <https://tanrosie.com>

Preserving Classes - Rosemary Jameson Hi - just putting my preserving classes that I normally offer to WIs onto Zoom. You can join live on Wednesdays at 7.30 or register and receive the recording link to watch later.

[/lovejars.co.uk/workshop](http://lovejars.co.uk/workshop) <https://www.facebook.com/lovejarsuk>

The Loving Chef, TLC for your soul – Natasha Caton

WI Recommended: We had an amazing speaker last night .

Since lockdown we have changed our monthly speakers meetings to be via Zoom, and we've had to change some of our speakers. As a result, last night we had a fantastic cook-along and talk from Natasha Caton The Loving Chef, TLC for your Soul Because we were all at home, we were all able to make Vegan courgette and chocolate cake. Natasha provided a great demonstration with lots of laughs and information about her work.

The loving chef

<https://www.thelovingchef.co.uk/>

she charged £60 and the meeting was about 1hour to 1.5hours was so good. She is such a lovely lady

COOK-A-LONG - Jenny from Wild Garlic Community Cookery School

WI Recommended: “We had a super fun cook a long evening making sweet chilli jam for our last zoom meeting of 2020. All the ingredients were delivered to those members wanting to join in”

Would thoroughly recommend Jenny Jenny.wildgarlic@gmail.com

Veganism & Sustainability - Leanne and Sadie Look at the environmental impacts of adopting more of a vegan lifestyle. Leanne runs a FB group on those moving towards veganism (🌱 Your Gentle Intro 🌱) and can be contacted at leannemarie24@hotmail.co.uk

‘When passion and purpose collides’ - Laura Stone

WI Recommended: We'd like to recommend Laura Stone who combines humour with an inspirational message. She shared her personal journey of what happens when passion and purpose collide. How tiny changes and acceptance of yourself can result in awesome outcomes. I don't want to give too much away, but can email her bio to you and she's very open if you'd prefer to give her a call. “Excellent and highly recommended by members”.

Contact relishandgrace@gmail.com

"It shouldn't happen to a Home Economist but it generally has" - Sian Fox

A light hearted canter through my career from rural North Wales to working with Jamie Oliver, the Calendar Girls and cooking on the radio. As you can imagine there is a tale of two to tell. If you are looking for a lively and entertaining speaker you might like to contact me. I am an experienced WI speaker (and a WI President!). Please contact me on sianfox@outlook.com for further information. Many thanks!

“Sian is great we had her for a cookery demonstration a few years ago after I met her at the Royal Norfolk Show” WI Recommended: Amusing, entertaining and informative in a relaxed style. A happy diversion and recommended if you are looking for a Zoom speaker. WI Recommended:” Excellent talk last night at Reepham (LincsNorth)WI by Sian Fox on ”It shouldn’t happen to a Home Economist but it generally has.” Amusing, entertaining and informative in a relaxed style. A happy diversion and recommended if you are looking for a Zoom speaker”

Wildlife Photographer - David Chatman - We had a superb Zoom Meeting with David Chatman ~ “Superb Zoom Meeting and a good storyteller! Fascinating, interesting and informative” David Chapman is on Google and has just released a new book 'Wild about Cornwall'. www.david.chapman.org.uk

<http://www.diannemanning.co.uk/jane-glennie/> -

“Jane Glennie is great!”

Musical Actress Sophie-Louise Dann - fabulous at our first ever Zoom general meeting this month. Sophie is a prolific musical actress. She starred as Celia in Calendar Girls the Musical in the West end a few years back and was also Bend it Like Beckham the Musical and Made in Dagenham the musical in the west end too. Other highlights include playing Mrs Lovett in Sweeny Todd and Dot in Sunday in the Park with George. She has recently finished a long national tour of Les Miserables playing Madame Thenardier. Her passion is new musical theatre and she loves doing one woman cabaret type shows. She also performs on radio programmes like Friday Night is Music Night. She is warm, funny, vivacious and charming. For us she managed to whip up a lemon drizzle cake whilst regaling us with stories of her musical background - and she even led us in a wonderful rendition of Jerusalem too! Not too many of us had to go on mute for that one I'm pleased to say. Well recommended! <https://www.facebook.com/sophielouisedann/>

“The Naked Truth” or “A Good Death” - Lucy Saunders

A Naked Truth – what it’s really like being a life model, the nude in art & Spirited Bodies stories of participants and a second talk by Lucy is

A Good Death - the life of my Aunt Dame Cicely Saunders, founder of the modern hospice movement & how her work continues. Storrington WI certainly enjoyed The Naked Truth. My contact details are Lucy Saunders lucy.saunders@mahseer.co.uk, tel: 0777 55 66 074. Lovely colourful slide sets to go with both talks, I'm a tutor and work on zoom and Skype all the time now, so very comfortable with the format

Creativity for Wellness - Shannon Reed Hi all! I am a Zoom speaker ([Mockingbird Makes](#)) and speak on Creativity for Wellness, often including a pompom making demo or the like. I teach crochet, knitting and embroidery too but really love how creativity supports our mental health and is so important to us right now. "She's a lovely speaker and a skilled teacher." and "I would recommend you all day long!"
bespoke@mockingbirdmakes.co.uk

Health & Wellbeing - Neals Yard for workshops -
<https://www.nealsyardremedies.com/course-categories/workshops/>

I am a Complementary Therapist, treasurer for Cynon Valley WI, and an independent consultant for Neal's yard. Over the past months, during lockdown, I have offered Zoom Pamper Events - mini facial and skin care, hand treatment including some reflex points, lower leg and feet pamper 🦶🦶. It is a bit of fun, and brings us together for a natter. We all need some time to relax and unwind. If you are interested please message me at webster.anne@ymail.com

Reminiscence Practitioner - Sarah Lott

I'm a WI speaker and would be happy to give a Zoom talk or workshop. I am a life story writer and reminiscence practitioner and give talks on the importance of getting family memories written down and how to go about doing it! My talks are interactive and fun. I can also hold zoom life story or reminiscence workshops. My website is <https://www.thememorybook.co.uk>

(Although I'm just about to have a new website!) And my Facebook page is <https://www.facebook.com/TheMemoryBook/?ref=bookmarks>
WI Recommended: A great talk tonight via Zoom to Groby WI from Sarah Lott of the Memory Book

We received several hints and tips and justification why we should start recording memories now rather than when it's too late.

Members 'brought' along a photograph of their younger self and an item that meant a lot to them; these varied from a treasured soft toy dog to a paperweight bought in Venice to a letter written over 100 years ago. Fascinating.

We have been inspired to start.....

Update: Sarah's charge is dependent upon the number you have attending your Zoom meeting between £55-85 so it is probably better speaking to Sarah directly to discuss.

Stroke Survivor Sarah Veness . . . My talk is called 'Don't Curse the Darkness - Light a Candle' and is sharing about my journey as a stroke survivor and how I became an author. It has proved a hit in Northamptonshire and I would love to have the opportunity to bring a little light and light-heartedness to encourage us all during this difficult time My contact details are creativecardsbysarah@yahoo.co.uk I am currently writing 'The Corona Chronicles of Phoebe Furnackerpan' the lockdown through the eyes of our cat on Facebook. Do have a peek at her page 'Phoebe Furnackerpan' for a taste of my writing.

Christmas Ideas

New

Chocolate demonstrations now booking with a Christmas theme –

Jane Napper

October-December I'll show how to temper chocolate and make a beautiful chocolate Christmas Tree. 60 minutes £45

website. www.simplychocolatewhitstable.co.uk

Christmas Wreaths - Anja Norris - -online wreath making class available in the near future. Looking at dates early December. In the meantime, check us out on www.norris.store

Christmas Zoom Parties – Tanya for your Christmas Zoom parties

07703858944

Live from my living room to yours get your friends and family together and celebrate by singing and dancing your lockdown blues away! Recommended.

Christmas talk including a short pantomime involving some of the WI members. – Mike Brook

Other topics include "Musings from the amateur stage" He does not use slides so it probably makes him ideal for zoom and in my recent communication with him he said he is presenting quite a few of his talks that way, obviously having adapted his Christmas one. mjbrook2@virginmedia.com

The history of the Christmas Carol - Adrienne Hesketh. £55 Email: rhesketh@tiscali.co.uk website adriennehesketh.com

Singer/guitarist - Phil Rylance, who has worked with 60's groups/singers. Title of talk 'Band on the Road with Jingles', he will tell us about his life, do a quiz and has sent us a song sheet of carols to join in. Sounds good. Please mention that you got the details from Winslow WI, philrylance43@gmail.com

