

Herefordshire

Federation of Women's Institutes



MAY 2023

NEWSLETTER

MAY – the month of Bank Holidays, National's Annual Meeting at Cardiff and Britain's



most historic event for many years, the coronation of King Charles III. I hope that you have a most enjoyable month. HFWI decided not to hold a Federation event to celebrate this momentus occasion as we felt sure that your WI will be involved in your own community events. Bank holidays always upset my rather routine life—I usually forget to put out



the bin, as I think Tuesday is a Monday. So I shall be a complete disaster this month!

Is May the end of spring or the beginning of summer? With climate change, it must now be the beginning of summer and what a summer it will be – so long as the sun shines on all the events planned by WIs and the Federation. There is something for everyone: Thursday, 25th our delegates go to Cardiff to the Annual Meeting, which is in St David's Hall. A smaller venue as so many now join virtually. There is also the Hay Festival, the Royal Three Counties, the Federation Quiz, various coffee mornings, National Quilt Show at the NEC, the trips to the American Museum and to Oxford to name a few. From 25th May to 7th June there is a craft exhibition in Bodenham Church. Do take the opportunity to see the displays which are going round different parts of the country, so we are lucky to have them in Herefordshire. Details are in this Newsletter. Where else besides the WI would you find such a variety of interests? Details of all these events are in the Newsletters. Book now and plan for a fantastic summer. Enjoy whatever you are doing this month.

Best wishes to all. Margaret

Virtually Join the Annual Meeting 25/5/23

Why not join the Annual Meeting online. Do consider doing this as the meeting is always enjoyable and informative. The resolution put forward by Herefordshire is being debated and voted on. Not sure how to join? Contact your Advisor or WI House for assistance.

HFWI WI HOUSE

On **Thursday, 25th May** the office will be **CLOSED.**

This is the day of the Annual Meeting in Cardiff.



APRIL Addendum to April's Diary

Two conflicting dates were issued for the Federation Quiz round 1. Please note the first round of the Quiz is 30th June 2023.

Also Gardening For Wildlife meeting is 28th April 2023

A C M DELEGATE The Annual Council Meeting is on Tuesday, 17th October. It is hoped that every WI will send a delegate to the meeting who can then report back to members. Your WI may be awarded a trophy which the delegate can collect. The meeting is always fun with good speakers, refreshments and a raffle so, as well as the delegate, it is hoped that as many members as possible will attend. This year we are offering lunch to everyone who attends so that you can talk to the speakers and enjoy the social occasion. Do book the date in your diaries and return the booking form. For further information, please contact admin@herefordshirewi.org.uk





NEWS FROM THE ARCHIVES

Among photograph albums in the Federation's archive collection is one covering the County Picnic, 1956, held on Monday 2nd July at Hill Court near Ross-on-Wye. Pictures show a series of 'Mimed Ballads' performed by eight institutes.

A report in the Hereford Times (06/07/1956) gives more details of the event reporting that two thousand members attended on a fine day. Appropriately, a policewoman was on duty directing the 'motor coaches' into the drive leading to the mansion. The familiar strains of 'Jerusalem' opened the picnic after which the attendees were welcomed by the County Chairman, Mrs. Lettice Sandford, who also thanked Mr. John Trafford for allowing use of the Court. The gardens provided much enjoyment and brisk business was done at the stalls, one of which was selling the Federation cookery book, compiled with recipes provided by members and tested by 'experts'. (Perhaps this was the same publication that had turned up in Oklahoma as mentioned in this column in the November 2022 edition?). For the record the eight ballads that closed the pic-

nic were: The Bailiff's Daughter of Islington (Weston-under-Penyard WI)
Widdecombe Fair (Welsh Newton WI)
Strawberry Fair (Ross-on-Wye WI)

Dashing away with a smoothing iron (Almeley WI)

The Bailitt's Daughter of Islington.

(Western-under-Pergard)

The Keeper (Bullinghope WI) Briary Bush (Mansel Lacy WI) Little Brown Jug (Mathon WI) Billy Boy (Sutton St. Nicholas WI)

The accompanying photograph shows two sisters, Mrs. M Menton and Mrs. B. Nelson, performing Weston-under-Penyard WI's entry.

This was the era of the WI's involvement with the Keep Britain Tidy campaign. The newspaper remarked that this was put into practice by those members present at Hill Court where there was 'scarcely a scrap of paper out of place'.

For more information on HFWI archives and how to look after your WI's records please visit the Herefordshire page on the national WI website:

https://herefordshire.thewi.org.uk/ https://herefordshire.thewi.org.uk/ then go to About us > Federation Archives.

Please contact me if you have any archive questions or concerns.

Tessa Lovell HFWI.Archivist@gmail.com



HEREFORD GUILD OF GUIDES

Daily guided walks (no need to book).

April 1st to October 31st 2023.

Mon–Sat 11.30am; Sunday 2.30pm.

Starts: main entrance to Cathedral.

Tickets: Cathedral Shop/Guide on Sunday.

Also themed, booked walks all year.

Details: herefordguidedwalks.org.uk

THE PERFECT OUTING FOR A SUMMER WEEKEND 2023!

Eardisland Open Gardens Weekend: Saturday 17 and Sunday 18 June;

all gardens open both days 11am-5pm. A wide variety of village centre and riverside gardens in our multi award-winning village, plus our magnificently renovated historic church and the streamside dovecote, which also houses Eardisland's Community Shop: England's only shop in a dovecote! Follow signs to Eardisland Village Hall for large free car park, tickets (£7.50 per adult, under 16s free), refreshments, raffle, toilets.

As always, we look forward to welcoming regular and new visitors. Infolines 01544 388226 or 01544 388810.





INFORMAL TREASURERS WORKSHOP/SUPPORT SESSION

The HFWI Advisers are planning an informal Treasurers Workshop/ Support Session to be held on **Wednesday 17th May** at Munsley WI Hall, HR8 2RA. Our Federation Treasurer Jacqui Woodhouse will also be attending.

The workshop is designed to enable new and established Treasurers to go through any problems they may be having with any aspect of their WI accounts.

Drinks will be provided. The session is expected to start at 10.00am and finish at 1.00pm. If you would like to bring some packed lunch with you there will be an opportunity to stay after the session has ended to chat and ask more questions.

Alison, Cherril and Joy WI Advisers

WHY OH WHY? COFFEE, CAKE & CLIMATE DEBATE

In March, we'd hoped to run a Coffee, Cake & Climate Debate morning to talk about food waste & eating habits - one thing we can all do to tackle climate change that really does make a difference. Sadly though, no one turned up — it was a bit of a slap in the face - I wish we had a photo of the empty hall we could post here to go for the sympathy vote!!

I can't tell you about April yet because as I write this, it's still in the future(!), but as we'll be busy with the Cardiff Annual Meeting in May, so won't be running an event, I thought I'd ask in this spot why no one turned up in March. Were we too sketchy with the details? Was it the wrong time, the wrong day, the wrong venue? Did you even know about it? Have you seen our posters on Facebook, the website, in the secretaries notes? It would be really interesting to get your feedback as we feel there are lots of you who want to do your bit to combat climate change but we don't seem to be able to reach you...

You can always contact us by email at **hfwi.climate@gmail.com** or via WI House. We would love to hear what you think.

See you in **July**, date to be confirmed, when we will be running the Food Waste session again with some tasty treats to try.

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07831 332226

BBLE EXHIBITION 25th May – 7th June 2023 at Bodenham Church Monday - Saturday: 10am-4pm Sunday: 12noon - 4pm DISCOVER... Hundreds of knitted models portraying 35 of the bestknown Bible stories ENJOY... **≯**Fun for all ages Craft stalls & refreshments **♦**Saturday Breakfast baps @MaundChurches sake.sonic.finds

HANDICRAFTS CLUB

At our May meeting, weaver Millie Morgan, will be giving us a talk about her work and the processes she uses as well as demonstrating her technique.

Hopefully we shall also be able to have a go at trying weaving for ourselves. So we're looking forward to seeing all our members on **Wednesday 3rd May at 11.00am.** If you haven't been to any of our meetings please come along as a visitor - you will be given a warm welcome. Join us at Hereford Salvation Army Citadel (opposite the football ground) at 11.00am (car park and entrance in Canonmoor Street, HR4 9JJ).

Sandy Brook 01432 882382 Handicrafts Club Chairman

MILLIE MORGAN





PUBLIC AFFAIRS

Mental Health Awareness month

Mental Health Awareness week is **15 - 21 May** and the theme this year is 'anxiety'. Anxiety is one of the most common mental health problems we can face. Focusing on anxiety for this year's Mental Health Awareness Week will increase people's awareness and understanding of anxiety by providing information that can help prevent it from becoming a

It is now 5 years since we launched the Make time for Mental Health campaign which followed the 2017 Link together to Alleviate Loneliness campaign. (If you need a reminder of both campaigns then you can find resources on MyWI under the Public Affairs tab).

To work together in your community the Mental Health Foundation has declared 18 May as 'Wear it Green Day'. The ribbon badge is green and worn by ambassadors such as David Harewood, Olivia Coleman, Aisling Bea, Graham Norton, Nadiya Hussein and others.

It is easy to get swept up with busy days and realise we haven't checked up on the most important person - YOU!! Can you tick off any of the following to see if you have checked on YOU today?

Had a chat with a friend Spent time in the outdoors Stretched your body

Read a few pages of an interesting book Given a loved one a compliment Listened to your favourite songs

Tidied a room at home Shared a funny story Done a form of exercise Told a trusted person something you have been worried about getting through alone.

18 MAY - WEAR IT GREEN - WEAR IT GREEN - WEAR IT GREEN - 18 MAY



For GREAT BIG GREEN WEEK - we will be focussing on climate and biodiversity with a stall at each of these venues:

13 June Blue Diamond (Wyevale) Hereford

> 16 June Leominster Market 17 June Dunelm, Hereford



HFWI QUIZ Thank you very much to all of the Wis that have so far submitted teams for the Federation Quiz. It's not too late to enter, andyour WI can enter more than one team, so why not give it a go?

Munsley WI Hall is now full, but the other two venues, Aston Ingham and Dilwyn, still have spaces so why not join us for a fun evening? Has your team got what it takes to wrestle the crown from Preston Wynne WI? Entry forms went out in February, but I am happy to send one out to your WI if you need one. Entry is £10 per team of up to four. Refreshments of course will be provided, but as usual teams are welcome to bring their own. Joy Edwards, Quiz Coordinator

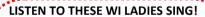
COFFEE & CATCHUP for WI OFFICERS

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Please feel free to attend any of the catchup meetings below.

Saturday 13 May Hop Pocket, Bishops Frome WR6 5BT Friday 9 June Pengethley Garden Centre, Peterstow Saturday 8th July The Nest Ledbury Friday 11 August Newton Court Leominster

All 10.30 am



ROSS CHORISTERS - COMMUNITY CHOIR

CONCERT ST. MARY'S CHURCH

St Mary's Church, Ross-on-Wye

SATURDAY 13th MAY at 7.30p.m.

TICKETS £10

FOR TICKET ENQUIRIES CALL - 01989 566769 or 01989566781







DIGITAL NEWS FOR MAY 2023 DID YOU KNOW...?

Herefordshire has its own section on the NFWI website. You can access the Herefordshire pages at this address: https://herefordshire.thewi.org.uk
On the web pages you can find the Calendar of Events, Federation information such as secretary notes and enclosures sorted by month, who's who in the Federation, Climate Ambassador Page and Useful Documents for your WI.

In the 'Find a WI' section, you can have an extra page for your programme. Herefordshire also has a Facebook page where your WI can advertise upcoming

Herefordshire also has a Facebook page where your WI can advertise upcoming meetings, short reports of meetings which have taken place, and see upcoming Events plus NFWI news.

Have you investigated MyWI? It holds lots of documents about how to run your WI including the WI Handbook. WI Training is accessed by the same log in details as My WI and you will find a section for treasurers among other articles.

MSC REPRESENTATIVES - DID YOU KNOW ...?

It's even more important now that your members' details are up to date as the Federation newsletter is being delivered to members' email addresses.

If you change your meeting time, day, venue or anything else update this on the MCS as this is the only way that the website page 'Find a WI' will be updated.

Please get in touch if you need any assistance.

Alison Lord digitalchampion.hfwi@gmail.com 01544 340256 07896888629



COULD I BE THE ONE?

Yes, you could be ideal.



WHAT WILL I DO?

Whenever possible, attend a monthly meeting which may be online or actual and for no longer than two hours. To give your views and ideas on a range of topics. Nothing more unless you wish to expand the role.

QUALIFICATIONS?

To be a WI member who would love to improve the way the Federation is run and what it offers WIs and members.

INTERESTED?

Contact me for information on becoming a Federation helper or a trustee.

Margaret Simcock, chair@herefordshirewi.org.uk

This Newsletter was produced by HFWI at WI House, 90 St Owen Street, Hereford. All enquiries regarding items or advertisements, please forward to admin@herefordshirewi.org.uk



Federation of Women's Institutes







COMPETITIONS & OPPORTUNITIES

2023 NOT IN MY NAME COMPETITION



Design and Make a Tote Bag
depicting the Not in my Name campaign to end
Violence Against Women



Any appropriate fabrics / materials and techniques accepted.

Judging criteria

- Creativity and originality of the design
- · Interpretation and clarity of the theme
- · Suitability of chosen fabrics / materials and technique/s
- · Presentation and mastery of chosen design and technique/s
- · Presentation / quality / functionality and durability of the bag

Closing date: Friday, 3 November 2023

CALLING ALL HOBBYISTS WITH A PASSION FOR MAKING, CREATING AND TINKERING!

Do you have an impressive hobby project that you'd love to show off? Have a problematic project that needs expert advice? Or do you want to take your crafting skills to another level?

Whether it's a toy train or full sized plane, a lovingly restored vintage motorbike, puppets, woodcutters, upholsterers, glass makers, automatons and any home made invention; no matter how big or small we'd love to either help you perfect your project or show off your unique creation!

Our **Travelling Toolshed** is here to help!

Get in touch with your name, contact information and details about your project:



castingtoolshed@hungrybear.tv

BBC

Dust off your mixing bowls everyone, we need large cakes for the Three County Show which is June 16th-18th.

Please get in touch for more information

Jane Voogd, Email jvwi2020@gmail.com

Phone 01544 318 644 or admin@herefordshirewi.org.uk

HFWI 2025 CALENDAR COMPETITION

HEREFORDSHIRE RIVER BANKS AND WATERWAYS



Hunderton Bridge looking towards St Nicholas Church and Hereford Cathedral

Due to the success of Herefordshire Federation's resolution 'Clean Rivers for People and Wildlife' submitted by Sandra Walker and Christy Crouch it was felt the topic for the 2025 calendar had to be 'Herefordshire River Banks and Waterways'.

Closing Date:

31st JANUARY 2024

For more entry information please contact your WI Secretary or email HFWI admin@herefordshirewi.org.uk







Poem of the Month

Selected from one of the entries for the Joy Ward Silver Trophy Poetry Competition Entry 2023

Entrant: Sandra Barnett-Roberts, Putley WI

We will publish a poem from many of the entrants leading to the winning poem later in the year

THE SEASONS

Spring

We till the soil
We plant our seeds
Looking at the wild flowers fills our needs
All the best things in life are free

Baby birds chirp in their nest
Waiting for their early morning fest
The sound of the cuckoo comes nearer and nearer
To remind us that springtime is here

Summer

The colours of wild roses are so vibrant
The scent is so sweet
Bees appear from nowhere
Some flying from hives that are so neat
They are busy making their honey
I can't wait to put it in my tummy

Young families flock to the seaside

Making sandcastles in the sand

Kites flying high

Mums and dads gazing to see where they land

Oh I am ready for Autumn

Autumn

The leaves of the trees move in the cool breeze
The colours of the leaves are exulting
The thought of leaf collages are exciting
The birds sit in a line on electricity cables
Nattering and chattering 'when shall we go?'
In the end they go with the flow.

Mist in the morning hangs on to the horizon
They call it 'Hop pickers weather' in Herefordshire
Farmers bring in their harvest
Trailers of corn are put into a mound
An air of calm is around
Preparation for the winter ahead

Winter

Bees in their hives
Have their winter feed before they go to sleep
Jars of yummy honey in the larder we keep
It keeps away colds and coughs
For the young and old
The sign of Jack Frost on our windows are a sight to see
Maybe it's time for a cup of tea.





HFWI FORUM

John Platt who was in the police force for 30 years and retired in 1996 came to talk to Aston Ingham WI, his talk titled 'A Policeman's Lot.' He began with some typical Yorkshire sayings which the members found difficult to decipher - very amusing. He was first a cadet then was accepted for the Sheffield police, later moving to West



Mercia police. He had a keen interest in photography and wanted to be a scene of crime officer. Of course, he was involved in many cases over the years, one a murder case, where a Police Sergeant's wife from Sheffield went missing and was found in the river in Gateshead. The Sergeant was found guilty of her murder. In the early days the policemen checked in with base by phoning from a phone box. He saw all the football matches in the 1966 World Cup played at Sheffield Football ground. Only once in 30 years did John raise his truncheon at Sheffield Wednesday football ground. The police boxes were used for report writing and for making the odd cup of tea when things were quiet. John regaled us with many interesting stories about his work in the detective force and, as he is a natural speaker, we all thoroughly enjoyed his talk.

Sparkling Wye's March meeting was the AGM, the weather was atrocious so it was a pleasant

surprise to have around 25 reviewed a successful year for groups, craft group, theatre coffee morning once a month interesting speakers, workmittee, who had served for thanked for all their hard cient nominations to add to



members attending. Officers' reports this thriving WI, with its two book group and walking group. Plus a in addition to the main meeting with shops etc. Half of the existing commany years, were retiring and were work. Fortunately, there were suffithe remaining four members so a

new committee was voted in. The new President, also new to the committee, is Hilary and the treasurer and secretary remain in post. The meeting was kept short due to the weather conditions but members enjoyed chatting over a cuppa and cake. The teacup competition was won by Hilary with her beautiful creation, Easter items made in the craft group were on sale and the raffle was drawn. A very enjoyable evening.

At our meeting on 5 April, Holmer WI were due to hear about cyber crime and scams but our

speaker didn't appear so we assume he was busy solving crimes - instead, at very short notice, Jackie challenged us to an events and music quiz which was very enjoyable. We had to dig deep for some answers!!

We also celebrated been busy knitting Hereford Hospital. competition this keys' which had been moved into their



of every meeting – especially supervisor Frances, ably

Maureen's birthday. Gina has teddies for the children's ward Margaret J came first in our

month with a found in the house. Thank

bers who help us set up and put away chairs and tables at

bunch of 'interesting garden when they you to all our memthe beginning and end assisted by Sue.



Send in your WI Forum reports for the June issue by Monday 15 May by email to Pauline Shannon: hfwinews@gmail.com





HFWI FORUM

Saltmarshe & District WI's March meeting was our very last one in Saltmarshe & District Hall and we marked the occasion by wearing a hat, just as the ladies who attended the very first

meeting back in 1946 would have done. It's a bittersweet moment for us leaving the meeting place which has served us so well - and for which we've been grateful - but it's now time to strike out anew and we are delighted that Conquest Theatre has answered our search for a comfortable, convenient venue. We have an interesting Programme ahead of us this year, carefully put together





by Gwen. If you'd like more details please contact Wendy Dullam on 01885 489342 or Janet Dallow on 01885 488650.

The first meeting in our new venue, Conquest Theatre, Bromyard, was a great success and proved we were right in our decision to move into town. It was wonderful to have the support of Margaret and Caroline from Hereford Office and we had a member of Woolhope WI and

Whitbourne WI with us too, along who came to see what we can complimentary about the warm, and there was great interest in Programme details and Memberthey certainly do come again.

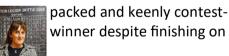


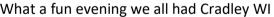
with several local ladies offer. Everyone was very comfortable surroundings ladies taking away our ship forms so we hope Our Speaker was Natalia

Winterton, supported by her husband Dave, who is himself the son of our long time member Gwen. Natalia explained how, once she'd settled here in her new life on a dairy farm from Ukraine, she set about making cheese. She brought two kinds with her for us to taste; Bryndza, a white, moist crumbly cheese and Adyghe, named after the region it originates from in Southern Russia. Several ladies bought some cheese to take home with them.

March 22nd saw **Cradley WI** hold another action ed skittles competition, with Adele the overall trophy

the losing team. Well done!





ed to a truly Jill Salmons yesney through the Miao and



Cradley WI was treatwonderful evening in the company of terday evening. Jill took us on a joursouthwest China in the company of Dong peoples. We were then able to



see, and even try on, some of her exquisite textiles from her travels.

Spring in the English Riviera Monday 17th – Friday 21st April 2023 Members enjoying the Federation Holiday to the English Riviera. Here they are having a wonderful day at Dartmouth and a trip on the River Dart. Details of future Federation holidays will be in the Newsletters.









Federation of Women's Institutes

ARCH



WI COLLABORATION WITH ANYA HINDMARCH



April 2023 WI Life magazine

Bosbury WI Banner visible in the WI Life magazine



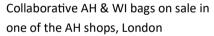


Bosbury, Sparkling Wye WI and Eye WI banners in Anya's shops in London









Thanks for many of these photographs go to Hilary Wilson, President of Sparkling Wye WI taken on her visit to THE VILLAGE.



WINNING NUMBER

Do you have a winning number? Only if you have joined the

HFWI 100 Club



which is being launched this month with the first draw taking place in August.

For just £10 you will have 10 chances of winning one of the three monthly prizes.

Your secretary will have the application form so do not delay, join today to be in the first draw. For any further information contact admin@herefordshirewi.org.uk.





HFWI DIARY OF EVENTS

DATE	EVENT	INFORMATION & VENUE	TIME	COST
Sun 23 rd April	WonderWool Coach Trip	Royal Welsh Show Ground, Builth Wells	All day trip	£32.00 (inc. entry fee)
28 th April Confirmed date	Gardening For Wildlife	Munsley WI Hall	2-3.30pm	Free Coffee & Cake
29 April-1 May	Open Gardens	Hanley Swan		See April Newsletter
13 th May	Coffee & Catch- up	For HFWI Officers Hop Pocket, WR6 5BT	10.30am	
Thurs 25 th May	Coach to Nation- al Conference	St David's Hall, Cardiff Offered to anyone wishing a day in Cardiff	All day trip	Coach seats=£10.
26 May-4 June	Hay Festival	Volunteers needed		
9 th June	Coffee & Catch- up	For HFWI Officers Pengethley Garden Centre, HR9 6LL	10.30am	
16-18 th June Fri-Sun	Three Counties Show	Malvern – Volunteers needed	ТВС	Cake makers required
30 th June Date confirmed	Federation Quiz	Rounds to be held at Aston Ingham VH, Dilwyn Cedar Hall, Munsley WI Hall	7.00pm	Entry £10 per team of four people. Raffle on the door
7 th July	Final of Federation Quiz	Bodenham Parish Hall, HR1 3LJ	7.00pm	
8 th July	Coffee & Catch- up	For HFWI Officers The Nest, Ledbury	10.30am	
Tues 11 th July	Museum and gardens	American Museum and gardens, Bath. Optional tours available	Day trip returning 4.00pm	£32.00 (inc coach & entrance). Tours optional @ £5.00
Friday 28 th July Note change of date	Coach Trip	Coach to Oxford	Day trip returning 4.30pm	£20 per person (Town Tour optional)
Thurs 3 rd August	Coach Trip	Coach to NEC National Quilt Show	Day trip	£20.00 + own pur- chase of entrance fee
11 th August	Coffee & Catch- up	For HFWI Officers at New- ton Court, Leominster	10.30am	
Sat 16 th September	WI Day	Bodenham Village Hall WI Stalls available	10am- 3.00pm	£5.00 per table (max 2 tables)
Tues 17 th Oct	HFWI ACM	Venue to be confirmed		

^{*}Awaiting costings. Future postings will confirm costs. For more details email: admin@herefordshirewi.org.uk

