

SEPTEMBER 2016



MOCCAS



2016 Edition 7 — 25p.

HFWI WI House

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www.thewi.org.uk/herefordshire

Federation Chairman - Val Lewis
Federation Secretary - Pauline Shannon

<https://www.facebook.com/Herefordshirefederationofwomensinstitutes>

HFWI Charity No: 1056051

The contributors to this newsletter are responsible for the accuracy of their information, and should be contacted direct with any queries .

OFFICE OPENING HOURS:

Tuesday and Wednesday
9.30 – 2.30pm

Herefordshire

CHAIRMAN'S CHATTER

Dear Members

We are now at the tail end of summer and I hope that you have made it a good one. The weather has been changeable, not the long hot summers that we all seem to remember that we had in our youth but enjoyable in a different way. I have visited WI's and enjoyed being a part of their Summer tea parties and anniversary celebrations and meeting members.

There is a new WI re-formed "Colwall WINGS" and I wish them success and fun. This is not the same as the old Colwall that closed earlier in the year but is in the same catchment area.



We have been busy in WI house with the refurbishment and decorations, there has been lots of change and WI house is now looking better for the future. We are very grateful for the kind donation that has made this possible. When this project is complete, we are going to have open days so that members can come and see what we have been able to do. These dates will be given out in the next newsletter. There will be tea and cakes available and the chance to chat. When it is completed, we will have an area in WI house where members can pop in and have a cuppa and see our small shop area when WI house is open. If anyone has any preserves or handicraft and would like to donate it to us we can display it there. When you are in town shopping it is a good excuse to sit down and re charge your batteries - it is your WI House.

Val Lewis, Federation Chairman

DIARY OF EVENTS

DATE	EVENT	VENUE	COST	TIME
1 SEPTEMBER 2016	COACH TRIP TO CARDIFF	CARDIFF	£15	
6-7-8 SEPTEMBER 2016	HOLIDAY	VISIT TO LONDON	£300	Fully Booked
3 OCTOBER 2016	SPEAKERS' EVENING	ST JOHNS METHODIST HALL, HEREFORD	£5	7.00pm
21 OCTOBER 2016	COLOURS FASHION SHOW	SUTTON ST NICHOLAS	£7.50	7.00pm
27 OCTOBER 2016	VISIT TO BECKFORD SILKS	BECKFORD, TEWKESBURY	£20.00	9.00am
7 NOVEMBER 2016	INTERNATIONAL EVENING	ST JOHNS METHODIST HALL, HEREFORD	£10.00	7.00pm
20/21 NOVEMBER 2016	DENMAN DESIGNER DAY	DENMAN COLLEGE (residential)	£175	Fully Booked
24 APRIL 2017	ANNUAL COUNCIL MEETING	THREE COUNTIES HOTEL, HEREFORD	TBC	TBA
7 JUNE 2017	NATIONAL ANNUAL MEETING	LIVERPOOL	TBC	TBA

Calendar competition for 2018 - "A Member's Garden"

Don't forget to keep taking photos of your garden for the 2018 calendar competition

You can email to Val Lewis on valjlewis@aol.com or send to Chesterwood, Eardisley, Hereford, HR3 6N.
Telephone 01544 327700

The photo must be at least one MB resolution

The closing date is 1st March 2017 when the winning photos will be chosen

NFWI NEWS

Information from the Financial Conduct Authority

The Financial Conduct Authority urges caution as they reveal the increasing risk of retirees being scammed via investment fraud. Over-65s with savings in excess of £10,000 are three and a half times more likely to fall victim to investment fraud.

Investment fraud is often sophisticated and very difficult to spot. Experienced investors are often targeted.

Scammers may do one or more of the following:

1. Make contact unexpectedly about an investment opportunity. This can be a cold call, email, or follow-up call after you receive a promotional brochure out of the blue.
2. Apply pressure on you to invest in a time-limited offer.
3. Downplay the risks to your money.
4. Promise tempting returns.
5. Call you repeatedly and stay on the phone a long time.
6. Say that they are only making the offer available to you.

Do your own checks before investing; check the FCA Warning List and the FCA Register to see if those who are asking for your money are genuine. Be a ScamSmart investor, visit scamsmart.fca.org.uk If you would like any further information, please contact the FCA's partnership agency at the following address: alexa.gooder@fuseint.com

FUNDRAISING COMMITTEE

COLOURS FASHION SHOW

Colours Fashion Show to be held on 21st October 2016 at 7.00 pm at Sutton St Nicholas Church Hall. Cost is £7.50 including food and wine. A repeat of the highly successful show that we ran last year. There will be outlet clothes by Per Una, Next, Coast, Phase Eight, Top Shop and Wallis. You can buy on the night and there are changing rooms available. We will be holding a raffle with the top prize £50 pounds to spend on clothes. Please contact Eileen Dilley on 01432 880527 for more details or refer to enclosure sent out last month.

VISIT TO BECKFORD SILKS



New Silk Prints

We are visiting the work rooms of Beckford Silk on Thursday 27th October 2016, where the silks are printed and they now have a new computer so can print many more designs. This is followed by a visit to Tewkesbury in the afternoon. Cost is £20.00. Please see enclosure for full details. Eileen Dilley, Bramley, Sutton St Nicholas, HR1 3AY.

Telephone 01432 880527. Closing date 29th September 2016

REPORT ON OUTING TO WINCHCOMBE AND SUDELEY CASTLE—30TH JUNE 2016

A ride on a steam train, an amble around a beautiful Cotswold village and an exploration of an ancient royal castle—ingredients for a perfect day out! A journey on the Gloucestershire/Warwickshire railway evokes a bygone era—smells, sounds, rhythms and sights—from Cheltenham racecourse to Winchcombe every chug and snuffle a delight. Winchcombe nestles in a beautiful Cotswold valley, between Broadway and Cheltenham and is full of small independent shops as well as eateries in which to munch a tasty meal with good friends. Finally onto Sudeley Castle, which has seen much during its lifetime. Once the property of Ethelred the Unready, dined in by Richard III, home to Queen Katherine Parr, Garrison HQ to Prince Rupert during the Civil War, to name but a few. It houses an impressive collection of furniture and paintings, also a very cold haunted staircase, but this could be because the door was wide open at the bottom! The gardens are spectacular, especially the Queen's garden, full of the most richly scented roses. And so to a snoozy journey home. Not just a perfect day out—brilliant. Thank you to Eileen



Report written by Jenny and Jane, Holmer WI

THE TEDDY TRUST—supporting children in Syria
Teddies are still needed and another 10,000 have been sent to Syria. Why are teddies collected? A little girl was found in one of the empty villages and, after checking her out and feeding her, they gave her a teddy—her smile said everything. A big thank you to all who have given so far. Eileen Dilley

HANDICRAFTS CLUB

The club meets at the Salvation Army Citadel, Edgar Street on first Wednesdays, 11am—12.15pm. Subscription £6, visitors £1.00. 7 September—Dementia muffs and Japanese patchwork. 5 October—Lino cutting Enquires please contact: Mrs Gaile Harris, Chairman Tel: 01432 649598

LADY DENMAN CUP COMPETITION

The entry chosen to be forwarded for national judging was from Margaret Coulson of Ledbury W.I. Her letter written to her younger self was very well constructed and thoughtful. The result of the Competition will be known in the Autumn and we wish Margaret luck with her entry.

New WI in Colwall

A new WI has been re-formed in Colwall and will be known as Colwall WINGS (WI New Generation). This WI was started up in June and already has nearly 70 members with the prospect of many more ladies set to join. We do hope that they all enjoy their WI and all the WI Organisation has to offer them and wish them "good luck".



BOARD OF TRUSTEES

Members of the Board of Trustees are:

Val Lewis—Chairman
Cicely Symonds—Joint Vice Chairman
June Stephens—Joint Vice Chairman
Jenny Holmes—Federation Treasurer
Veronica Madgen—Trustee
Linda Peberdy—Trustee
Pat Lemin—Trustee
Jacqui Woodhouse—Vice Federation Treasurer

Three Counties Show 2016

The Royal Three Counties Show was very successful, even if wet at times, and I would like to thank all those who helped before, during and after the event. It would have not been so successful without the large army of helpers over the three days.

Thank you to all those who donated cakes and items for the craft stall all of which helped make such a good profit to help run the Federation. Well done to all the ladies who produced the group displays and also made the eye catching collage, all of which helped show off the talents of the Herefordshire WI.

Finally thank you to all the committee members and their families for giving so much time and commitment to make this event work. The profit from the event should be £15,694.88 which will help fund the Federation for the next three years. We are still finalising the event accounts so if this sum changes, we will let you know.

Best Wishes Julia Whittall

DENMAN REPORT

Herefordshire Residential Designer Day - 20/21 November 2016
I have 40+ ladies attending this, which is wonderful. I have asked for the balance due for this to be paid to me (cheque payable to HFWI) by 1st September, so hopefully by the time you read this all the payments will be received! I have a waiting list too, in case of any cancellations.

Fund-Raising:

Many thanks to The Suttons WI and Aston Ingham WI who have very generously donated the proceeds of various summer events to the Denman House Fund!

It is Denman's 'birthday' in September and Denman have asked individual WI's to donate the proceeds of their September Raffle. If you would like to participate that would be wonderful - please send any money raised to me or WI house - I will forward it onto Denman.

Below is further information about other ways to donate to Denman:

Saving Denman Appeal

Up to 18 July 2016 the Appeal has raised £84,380. We've also now set up a JustGiving site so people can donate online. Please spread the word. Here's the link: <https://www.justgiving.com/nfwi-denman>. The bucket collection at the Annual Meeting raised a massive £4,901 and 40p. Thank you to everyone who helped out on the day!

Best Wishes

Linda Peberdy, Denman Ambassador Telephone 01432 355187/07540772367

linda@wbsnet.co.uk



CAMPAIGNS

Actions for Members on new resolutions

Appropriate care in hospitals for people with dementia

Do you have experience of caring for someone with dementia or Alzheimer's disease who has spent time in hospital during the past five years? Would you be willing to take part in NFWI research about your experiences as a carer? Please contact pa@nfwi.org.uk

Avoid food waste, address food poverty

Contribute to NFWI's food waste map: Tweet, email, or send in by post a photograph of what food waste means to you, along with your location. It can be a discarded bag of chips, a bin full of food, or something more abstract. We will be populating a map of England and Wales with your photos to use as a powerful visual aid for AMs, MPs and retailers. Please email walesoffice@nfwi-wales.org.uk and pa@nfwi.org.uk

Many Thanks for medical supplies for Philippines

I would like to thank all the ladies of Herefordshire WIs who have donated medical supplies to send to my sister Val Smith-Orr's charity in the Philippines. I had such an overwhelming response that I needed help to sort every thing out. I had a bandage rolling coffee morning and ladies from Cradley WI came along to sort dressings, reroll bandages so every thing was packed as compact as possible. The supplies packed tightly into a jumbo 10cu.ft box which is now on its way to my sister. Please do continue to save unwanted medical supplies. They can be left at WI house and Jane will let me know so I can collect them. Check out Val's web site triplebcareprojects.org for more information about her work. Many thanks Maureen Sullivan Cradley WI



SPOTLIGHT

MOCCAS W.I.

Moccas & District W.I. means exactly that. When it was founded in 1948 members were purely local but as the years have gone by and cars, plus lady drivers, have become more usual we have spread as far afield as Bredwardine, Blakemere, Madley and Eaton Bishop. One member even travels from Hereford to our monthly meetings, usually first Tuesday of the month in Moccas Village Hall at 7.30pm. The closure of several neighbouring WIs has meant we have gained and has brought in many younger ladies who are a huge asset; there are 27 fun loving members this year.

Moccas is a very small village in glorious countryside with the renowned Deer Park (an SSSI) on the south side and the river Wye to the north. Cider orchards now abound and there are still some Hereford cattle grazing near our beautiful Norman church which is set in a field near Moccas Court. We have a magnificent Village Hall built in 2001. We have lots of involvement in village events. Members assist



with HFWI county activities including a wet Three Counties show this year. One member instigated the successful Gracenotes choir. Craft skills are in abundance, flower arranging, catering, dancing and acting are high on the agenda. Several members have been to Denman which they much enjoyed. We have held a Childrens "Farming Fun" day, including a live lamb in the Village Hall. We also helped with a Village Charity Big Breakfast, proceeds to St. Michael's Hospice, which was such a success another is planned for the autumn. The programme is put together by the members, each month a small group finds a speaker, hosts the meeting and provides simple refreshments. The monthly competition is for a single stem from garden or hedgerow and provides an attractive and easy way for anyone to enter. This is judged by us all with small coins which are collected and sent to ACWW each year.



Over the years we have planted five trees around the village to celebrate special anniversaries. The silver birch planted in 1973, on the green opposite the war memorial, is magnificent and makes a lovely entrance to the village. The latest tree, a Canadian maple, was planted in the churchyard to celebrate NFWI's 100th anniversary.



Next Month's Spotlight article will be on Moreton on Lugg WI

DIGITAL CHAMPION

Please contact me about computer help, your own Facebook page or website. You can also advertise your WI events on the Facebook page. The Herefordshire website address and Facebook address are always on the front page of the newsletter.

Alison Lord digitalchampion.hfwi@gmail.com 01544 340256

**THANK YOU to Allensmore WI for their donation of £75.00 towards Federation Funds
Bromyard Group have donated £32.30 towards Federation Funds—THANK YOU**

**COPY DEADLINE FOR OCTOBER NEWSLETTER
TUESDAY 13 SEPTEMBER 2016**

Please note late contributors may not be accepted for the current Newsletter

ADVERTISEMENTS - SEPTEMBER

To place your advertisements, please contact Mrs. Ann Wood, Langtoft, Eardisley, Herefordshire, HR3 6PP
Tel.: 01544 327237 Email: annandrod.284@gmail.com Copy and Payment by the 1st of previous month.
SAE for receipt and cheque payable to HFWT.

ADVERTISE your church fete/sale, Charity event, delicious W.I. Teas, coffee mornings and entertainment, etc. 20p per word. PUBLICISE your business across the county from only £20 per monthly issue.
NO EXTRA CHARGE FOR BOX. TO SECURE YOUR SPACE SEND your advert, issue/months requested.

CLEARLY THE CLEANEST (EST.2000)

Your LOCAL carpet and upholstery,
Cleaning specialist,
all carpets, curtains and upholstery
carefully and conscientiously cleaned.
DEEP cleaned - **TRY BEFORE YOU BUY**
FREE IF NOT DELIGHTED.

Give your home a fresh look
TOUCH, SEE, SMELL AND FEEL
THE DIFFERENCE
IAN JONES, Durlow Common, Ledbury,
Hereford. **FREEPHONE 0800 085 4425**
MOBILE: 07831 332226

Hereford Guild of Guides:

Daily guided walks (no need to book)
May 7th - Oct 31st.
Mon- Sat: 11.30am; Sunday 2.30pm;
From main entrance to Cathedral.
Tickets from Cathedral Shop/Guide.
New, themed, booked walks all year:
01981 590603 or 07583 777141 or
herefordguidedwalks.org.uk.

WEA Workers Educational Association

Autumn Courses & Study Days in Hereford
Costumes & Culture, Art Appreciation, Geology,
Literature, Brewing.....

The WEA Course programme for adults in Hereford
offers all these and more.
For full details phone 01531 634 460
Email: herefordbranch@wea.org.uk or visit our
website: www.westmidlands.wea.org.uk

The Wye Valley Miniaturists

18th Dolls House Fair

Wye Valley Garden Centre
Kings Acre Road, Hereford HR4 0SE
Sunday 9th October 2016 10.30am - 4.30pm
FREE ENTRY

Meet the Makers of Handcrafted Miniatures
Club Display "In a File Box"
Grand prize Draw - Tombola
Raising Funds for Acorns Children's Hospice
Trust

Restaurant and Toilet Facilities
Further info and contact:
Claire - 01432379095 or 07715314882

Hereford Decorative & Fine Arts Society (HDFAS) 2016-2017 season of lectures on

Second Tuesdays, October - June

Arrive at 2.15 for lectures at 2.30
Held in the Ballroom of the Green Dragon
Hotel, Broad Street, Hereford

Tuesday, 11 October 'Caravaggio and the Counter Reformation' - Alice Foster.

Tel: 01568 797703
www.hereford-dfas.org.uk

TAPESTRY CANVASES

Beautifully stretched and made into cushions, bell-pulls, ruqs, etc. Cheltenham 01242 233883

A Remarkable Christmas Experience

The Hall at Abbey-Cwm-Hir near Llandrindod Wells in Mid Wales is a celebrated tours venue with its combination of gothic architecture, stunning interiors, fascinating collections and beautiful gardens. The house will again be decorated in all 52 rooms for Christmas from 1st Nov 2016 to 6th Jan 2017.

Each room will have its own Christmas tree and individual decorative theme.

Entrance is £16.00pp for the house tour, or £14.00pp for groups or return visitors.

Bookings for individuals, small and large groups are now being taken on 01597 851727 or by emailing info@abbeycwmhir.com. Gift vouchers are also available.

The right is reserved to refuse any article or Advertisement and to condense W.I. News.
We do not accept responsibility for any Advertisements published in the newsletter.

WI FORUM



PARKWAY welcomed Dr Dave Jeffrey from the NHS Diabetes Prevention Programme and learnt that it appears to be a fast growing epidemic.

TUPSLEY held their Royal theme Strawberry tea on one of the wettest days in June. Our choir braved the elements to entertain us and while they coped with sodden music sheets they were joined by an approving bird singing above them.

THE SUTTONS celebrated the Queen's 90th Birthday by decorating a window in St Nicholas Church. Rosemary Prosser gave us a talk called 'One egg or



Two', which was a very amusing account of her time as the owner of a Farm Bed & breakfast business.

HOLMER had a wonderful walk up the Wye Valley through the eyes of Margaret Roy.

STOKE PRIOR & DISTRICT enjoyed a visit to Herefords' Resources Museum where they were shown the collection of drawings and paintings by Brian Hatton and John Scarlett Davis. This museum is a wonderful asset to Herefordshire. Please use it or lose it! In August they had a fascinating evening with Penny Platt who showed us slides of a recent trip to China which had included Hong Kong, Xian, (Terracotta Army) Beijing and Shanghai. She was very knowledgeable regarding the country and everyone thoroughly enjoyed the talk.

SALTMARSHE & DISTRICT were very interested in Ruth Maddock who is a designer of knitting and crochet patterns. We learnt all about the history of knitting. Our photo shows Ruth with Janet who knitted her very own wedding dress for her bridal day many years ago: what's more, it still fits her beautifully. In August our speaker was Mr. David K. Clark who has produced a book titled "Sentenced to Beyond the Seas", telling the story of eight Worcester women who, for one reason or another, were sent as convicts to New South Wales; part of the land we now know as Australia.



UPTON BISHOP were entertained by Hugh Tarrant and John, aka The Young Ones. They told a series of anecdotes and memories and performed a number of songs from 1957 to 1964.

SPARKLING WYE's July meeting gave members the chance to enjoy singing with Mary Brigg from the Phoenix Singers.

LEDBURY and **PARKWAY** learnt about 'Hypnotherapy- the power of the mind' from Rebecca Edmonds who was previously a lawyer but qualified as a clinical hypnotherapist after using this natural method to reduce her own pain rather than taking drugs.



ALLENSMORE had a wonderful 90th birthday party, with cake cut by Dorothy Harris who has been a member of Allensmore for over 50 years. The Grace Notes WI Choir then gave a concert to the WI and their special guests, Longtown WI.



BISHOPSWOOD had a July trip to Shrewsbury enjoying a river trip followed by lunch at Osteria da Paolo.



ASTON INGHAM held a garden party to celebrate their 95th Anniversary. Val Lewis our county chairman and Joy Button, WI advisor attended and helped Liz Gwynn to cut the cake which was made by Liz herself. In August some of the members went to The Old Chapel Textile Centre near Newbury which houses The National Needlework Archive. We had the pleasure of viewing,



with Pat, our guide, 'The Country Wife,' a textile mural made for the Festival of Britain by Constance Howard.

WI FORUM

MUCH COWARNE members enjoyed an afternoon tea party held in our president's garden. A competition for a summer hat judged by all the members was won by Mary Parker.



PETERSTOW had a gentle stroll in the Forest of Dean by Geoff Davies, a Wydean tour guide. A cream tea followed at the Speech House. Mair Granthier from "Night Shift", caring for clubbers in Hereford, was our speaker in August telling us tales of events that take place in the Baptist Church between midnight on Saturday to 0300 Sunday morning.

BRAMPTON BRYAN's speaker was Tammy Hall, who created a "bridal bouquet" of flowers she had grown on her family's farm, while she talked to us about her business, "Wild Bunch". In August members

and guests were entertained by Gill Suttle, who spoke about her adventures in Turkmenistan just after the break-up of the Soviet Union. Her talk was titled "Celestial Horses".

LINTON's Chris Cherington won the Eira Furlong Cup for her brilliant hedgehog which was included in the September display at the Three Counties Show. Linton WI heard about Teaching Blind Children from Jeanette Normanton and a group enjoyed a sunny afternoon visit to Tutshill Gardens near Chepstow.

BOSBURY visited the International Centre for Birds of Prey at Newent. It was a beautiful sunny afternoon as we watched the flying displays of a wide range of raptors from red kites to peregrine falcons.



LLANGROVE were joined by some members from The Suttons in July. We had an excellent evening with Mather Stead aka the 'Ukelele Man of Ross'.

HUNTINGTON HEREFORD welcomed Lesley Leach, the Community Fund Raiser from Breast Cancer Haven in St Owen's Street.

THE SUTTONS had a visit from Bunnies, Bugs & Beasties! Sarah Parkinson told us about her childhood experiences in a wildlife park. Sarah currently takes Bunnies, Bugs & Beasties to schools, care homes and clubs, to educate

children and adults about the different creatures.

STAUNTON ON ARROW members had a great trip to Marion Wilcocks' workshop 'The Old Forge' in Dilwyn and learnt all about spinning, weaving and knitting a huge variety of items.

LEDBURY had a summer afternoon tea with a speaker, Malcolm Watkins. He spoke about the Roberts brothers and their company Glevum Games which was formed in Gloucester in the 1890's. Glevum became the leading inventor and manufacturer of toys and games in Britain and their products were exported throughout the then British Empire.



WEOBLEY took an outing to Stockton Bury Gardens in July. They were also very involved with the visit of BBC's 'The One Show' to the village and set up a stall with their home produce.

WI Forum has now been allocated two pages every month in our Newsletter by the Board of Trustees, so please keep me updated with all your news and events that have taken place.



Go to WI News at www.thewi.org.uk/herefordshire where you will find **fuller versions** of all reports above.

Alison Lord, Forum Coordinator wiforum.hfwi@gmail.com

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