Herefordshire Newsletter

the W

Federation of Women's Institutes

may 2025

MARGARET'S MEMO

I hope you all had a wonderful Easter, and the Easter Bunny did no forget to deliver the odd egg.

Maundy Thursday found Herefordshire WI supporting CountryTastic at the Three Counties Showground at Malvern. This is a day especially for children and raising their awareness of our countryside.

For out activities there was lots of paint and glue, and the children went away with a sunflower seed card. Planting instructions were included and some of the visitors who visited last year said their sunflowers made a wonderful show.

Out second activity was all about trees. Lots of leaf shapes were decorated and attached to our large tree. This was an ideal opportunity for the children to have a photo taken, or as I was informed by a very small tot – a selfie as it is now known!!

You will find lots of photos of our day in this newsletter.

Talking of the Three Counties Show, this will be with us very soon in June. Please volunteer or send a cake. The show is our biggest fundraiser of the year, so help is needed. The County has already negotiated a reduction on the price of the day ticket, but volunteer for a few hours and you get a free ticket.

Enjoy the longer daylight hours and all the wonderful trees and plants which flower at this time of year.

Jane Voogd, Acting Chair



Please consider volunteering for the Three Counties Show 13-15 June. Help needed on the catering and recruitment stands. Shifts are 6.30-10.00am; 10.00-2.00pm; 2.00-6.00pm on Friday, or Saturday or Sunday. Let us know your plans jvwi2020@gmail.com or admin@herefordshirewi.org.uk or 01432 272268
Anyone taking part in a shift gains free parking and entry to the event. For others wishing to go to the event do not hesitate to use this link and discount code -

https://q.axs.co.uk/?c=axseu&e=12490963319851406

Discount Code: WI2025





THREE COUNTIES SHOW 13-15 JUNE 2025

We would welcome as many large cakes as you can muster.

If cake containers are to be returned, please make sure
name and WI is identified on the container. All cakes must
be accompanied by an ingredients list and should be delivered to either Castle Moat House, Dilwyn, Munsley Hall, WI
House on Wednesday 11th June or to the Friesian bar at
the showground on the days of the show.





federation focus on aston ingham wi



2025 is the 105th Anniversary of **Aston Ingham W.I.** and a Birthday cake was baked by Sue Thomas, one of our members to celebrate.

Aston Ingham sometimes joins other W.I.s for some fun activities like playing skittles.

Our secretary Janet Potter has for some years been bringing Cobalt cards for us to buy, in support of the cancer charity. We collect old cards to make new ones. Some members, under the Cobalt umbrella are now learning how to make cards which will be sold to raise more money for the Cobalt charity.

Our tea money collected at meetings is collected for the ACWW. Instead of sending Christmas cards, members give money to The Acorns Hospice charity, the money is collected in a box in the village hall.

Several members either fill shoe boxes or pay for them online, so less fortunate children, in different countries may receive them at Christmas time.

We have a variety of speakers.

Our Knit and Natter group thrives, some members knit or crochet items for various charities and for children in hospital, the group always decorates the hall lobby with knitted and crocheted items at Christmas, Easter and Harvest. Barbara Butcher, one of our members, with the help of our Vice President/Treasurer, Tania Clayton organises the group.

We have a thriving Book Club.

We usually go on a visit somewhere, like gardens, a guide dog training centre etc.

Most years, this year included, we hold a buffet lunch on Ascot Ladies' Day to which partners may join us to watch 2 of the races. The members make the lunch.



We are a very successful, friendly W.I. group.





the WI

Federation of Women's Institutes

May 2025

100 CLUB WINNERS— APRIL 2025 DRAW

First Prize(£20) - Ticket 1— Putley WI
Second Prize (£10) - Ticket 5— Munsley WI
Third Prize(£5) - Ticket 36— Orleton WI



100 CLUB WINNERS- MAY 2025 DRAW

First Prize(£20) - Ticket 19— Tupsley WI

Second Prize (£10) - Ticket 23— Preston Wynne WI

Third Prize(£5) - Ticket 39— The PyonsWI

NEW ROUND OF 2025-26 100 CLUB



See back page for booking form

TAPESTRY CANVASES

Beautifully stretched and made into cushions, bell-pulls, rugs, etc.

Cheltenham 01242 233883

Coffee Chat

10.30am on

Friday 9th May at The Nest, Little Verzons Farm, HR8 2PZ

Wonderful to see Margaret looking so well

at the last Coffee and Chat at Newton Court. She is hoping to come along more often, so pop in and have a chat, if you are able.



Invitation to HfwI officers

For existing and new officers—if you feel in the need of guidance, advice and assistance with your WI role then be assured help is on-hand.

Officers' Workshop sessions 2025

WEDNESDAY 28 May 2025 10am-2pm Munsley Hall, A438, Hereford HR8 2RA



(Follow-up session on 26 July 2025 10-2pm)

Come along and meet other officers, share experiences, gain knowledge/tips for a successful term of office and forge new supportive friendship groups.

Light refreshments provided. Bring your own packed lunch

If you wish to book a place, please do not hesitate to contact admin@herefordshirewi.org.uk or 01432 272268 At the time of booking we would ask that you provide us with a couple of questions that you might wish us to answer.



theWINSPIRING WOMEN



Monday 11.15am-12.15pm



Pilates sessions are taught as small group classes and as individual one to one sessions.

Pilates is a great way to keep your body feeling agile and energised. The movements focus on posture, alignment, core strength, balance and flexibility.



Emily's Home Improvements

Any Job Considered
Carpentry & General Maintenance
Painting & Decorating
Landscaping
Decking
Fencing
Flat Pack Furniture construction

Tel: 07807072003 Email: emilyscarpentry@gmail.com





Herefordshire Newsletter

Federation of Women's Institutes

May 2025





SHOP YOUR FAVOURITE HIGH STREET BRANDS AT UP TO 70% OFF!





Monday 23rd June 2025 Herefordshire Federation of Women's Institutes

Withington Village Hall, Coppice Close, Withies Road, Withington, HR1 3PP

Doors open 6.30pm, show starts 7pm

Tickets: £10 includes a welcome drink

Raffle: FABULOUS prizes to be won at the show!

For tickets and more information please contact Email: TripsandEvents@herefordshirewi.org.uk - Tel: 01432 272268 Online: scan the QR code







£40.00 per WI member, £45 for non-members Coach Fare & Entry Fee:

Time & Pick-up Points: ROSS-ON-WYE 7.45am St Mary's Garden Village, Ross-on-Wye, HR9 7WP

HEREFORD 8.30am Merton Meadow Car Park, 151 Widemarsh St, HR4 9HE LEOMINSTER 9.00am Broad Street (Fire Station) Car Park, Leominster, HR6 8DD

BROMYARD 9.30am Conquest Theatre, Bromyard, HR7 4LL

Return Time: Leaving the BCLM at approximately 3.30pm

Details: Experience the Black Country of yesteryear as you explore over 250 years of history, from the Industrial Revolution to post-war prosperity, through living interpretation at Black Country Living Museum in Dudley in the West Midlands. Leave the 21st century behind for the day and experience sights, sounds, smells, and tastes of the Black Country as you explore rebuilt and recreated shops, houses and industrial workshops. There's plenty for everyone to get stuck into. Why not head deep underground in our drift mine or listen to toe-tapping vinyl? There's something for all ages and special memories to be made! The trip will be open to EVERYONE, so do bring a friend.

Please retain this part of the form for your information and return the completed cut-off portion below to: Fed Sec, WI House, St Owen Street, Hereford HR1 2QD, or email returns to: fedsec@herefordshirewi.org.uk







CLEAN RIVERS CATCH UP AFTERNOON TEA



In attendance local councilors/charities

EVERYONE WHO HAS HELPED









Coach Fare Only: Time & Pick-up Points: **COACH ONLY TO THE**





£25.00 per person HEREFORD

8.15am

Entrance to Festival is by ticket only, see below for details Merton Meadow Car Park, 151 Widemarsh St (HR4 9HE)

Market House, Ledbury (HR8 1DS) ROSS (Wilton) 9.30am Wilton Road Car Park, Ross-on-Wye (HR9 5JA)

Leaving the NEC, Bimingham at 4.00pm

Details:

Return Time:

The Festival of Quilts was launched in 2003. 22 years on and it's now the biggest quilting show in Europe, featuring workshops, talks, demos, Textile Galleries from world-renowned artists, one of the world's largest quilt competitions, a huge range of guilt materials, 200+ brands to shop from, and so much more! The cost of the trip covers ONLY the coach fare. You will be responsible for purchasing your entry ticket which can be obtained via the website https://www.thefestivalofquilts.co.uk/ticket-prices/ Advance ticket prices listed: Adult: £19.95; Quilters' Guild: £17.50; Concession (60+, Disabled Visitors and Students): £17.95; Quilters' Guild Concession: £15.00; Children (0-18 years): FREE! Please note, 5-18 yrs will need to book a ticket

Don't delay and book your seat now. The trip will be open to EVERYONE, so do bring a friend.

Thursday, 26th June 2025
Return the completed cut-off portion below to: Fed Sec, WI House, St Owen Street, Hereford, HRI 2QD, or email returns to: <u>fedsec@herefordshirewi.org.uk</u>





Federation of Women's Institutes

HOUSEHOLD HINTS

Reduce the problem of static dust on TV Screens/Computer Monitor anywhere you find a continual build up of static dust. Tumble Dryer Sheets are the answer, use as you would a Micro Cloth or Fabric Duster.



FOOD FORUM



Empire biscuits



Makes 12-14 biscuits

Easy

Prep: 35 mins

Cook: 12 mins

plus chilling and setting

Ingredients

175g plain flour plus extra for dusting

100g cold salted butter cut into cubes

335g icing sugar

1/2 tsp vanilla extract

2 medium egg yolks

100g raspberry jam

50g glacé cherries quartered

Method

Step 1

Put the flour, butter, 85g of the icing sugar, the vanilla and egg yolks in a food processor and pulse in bursts until combined (alternatively, rub together the butter and flour with your fingertips and mix in the sugar, vanilla and egg yolks). Add 1/2 tbsp water if the mix feels a little dry. Tip the rough mixture onto a work surface and briefly knead until the dough has come together. Wrap and chill for 30 mins.

Step 2

Heat the oven to 180C/160C fan/gas 4. Line two baking sheets with baking parchment. Lightly dust your work surface with flour and roll the dough out to around 3mm thick. Cut 24 rounds from the dough with a 7cm cutter. Bring the remaining scraps of pastry together and reroll to make more biscuits. Line up the discs of dough on the baking sheets, then bake for 10-12 mins or until lightly golden brown around the edges. Transfer to a wire rack and leave to cool completely.

Step 3

Mix the remaining icing sugar with 2-3 tsp of water to make a very thick icing. Spoon or pipe the icing over the top of half of the biscuits, leaving a border around the edge of each one. Top with a small piece of glacé cherry in the centre, then leave to set for 30 mins. Spread the jam over the un-iced biscuits and sandwich together with the iced halves. Will keep for two days in an airtight tin.





WI NEWS

LEOMINSTER LASSES WI

April 2025: Leominster Lasses enjoyed a very relaxing evening, courtesy of Jo, from Leominster Wellness Club, who introduced us to armchair yoga. This allowed us to adopt modified yoga poses with the support of a chair, reducing pressure or strain on our joints. The session finished with a short, mindful meditation/relaxation, to ease us into the Easter break. Next month, Brian Miller-Hall will be with us, giving a presentation on the life of the honey bee and beekeeping. Thursday 15th May. 7 pm. Leominster Community Centre. Guests welcome. £5.





STOKE PRIOR & DISTRICT WI

On a beautiful afternoon members of Stoke Prior & District WI met in Risbury Village Hall to hear about Ukranian Refugees and their host families in Herefordshire. With two visitors we learned a great deal from our speaker, Wendy Coombey of the Hereford Diocese regarding their lives here. There are currently 900 refugees in the county with many of them already working and paying taxes. The vast majority really want to go home asap. This was an excellent talk with a PowerPoint presentation.

WELLINGTON WI & WI WALKIES

In response to the newsletter, Bess, my flat-coated retriever and I joined Frank and Bernadette at Preston Wynne village hall with their retriever for a walk around the village. It was a lovely day for a walk, a small, select group, we enjoyed the brook, the lambs and the company. Come and join us next time!

Shirley Edgar





MUNSLEY & DISTRICT WI

Munsley & District WI at their April meeting welcomed new members from Parkway and hope they will enjoy their membership. We also welcomed Caroline Miller who took us through the intricacies of Quilling. It was a very enjoyable and productive meeting resulting in lots of variations on the finished Easter Cards, lots of chatting, cake and hot cross buns. For those of us who hadn't tried Quilling before it was a great introduction to a new hobby perhaps.











WINEWS

SALTMARSHE & DISTRICT WI

On a golden April afternoon, twenty-one of us met at Conquest Theatre to see and hear Mr Ralph Barber revisit us, this time explaining how to make fused glass in a Hotpot mould in a microwave

He started with humour saying it wasn't going to be anything about a Lancashire or a Lincolnshire hotpot and did we know the difference? Lancashire put beef in their recipes while Lincolnshire prefer theirs made with pork!!

He explained the technique well and passed lots of different items for us to feel; moulds, various glass shapes and sizes, finished items and a glass bottle now turned into a biscuit holder. It was all very fascinating

One of our members, Helen, is very creative and was wearing a pendant and earrings she had herself made of fused glass, but in a kiln.





FYF WI

During our April meeting we were educated with an interesting and very informative talk from two Community Magistrates (new title for Justice of the Peace). 1919 saw the first female Magistrate.

These roles are voluntary, and we heard about the commitment needed in both time and energy. Although no qualifications are needed, extensive training and learning is required. A Judicial Oath is also taken.

Magistrate Courts have a bench of three and they have powers to decide a persons innocence or guilt based on both defence and prosecution lawyers putting their case for their client forward. Sentences of up to 12 months can be imposed by a Magistrate.

With the youngest age being 18 and the oldest 75 Magistrates cover a wide age group and are also inclusive and diverse.

We also had a little bit of fun by looking at two 'pretend' cases and trying our hand at determining a fair outcome, based on actual guidelines. A great talk, with plenty of questions which could have gone on long into the night!



Ada Summer – First Female Magistrate

HFWI Events: Please apply for tickets through your Secretary/Treasurer/Booking Person. BACS or cheque payments shown on your bank statements will act as receipt of monies received by HFWI. Receipts will be issued for cash transactions. If the word 'non-members' is not printed on the application form, the event is for members only. If oversubscribed (too many applications for places received before the closing date), WI members have priority and a ballot may be held. Notification of cancellation or over-subscription will be sent to the Booking Person as soon as possible. If you can't attend, it is up to you to sell your ticket (as appropriate), no refunds are given unless the event cannot go ahead or is over-subscribed. Please note: All events except training are fundraisers for HFWI. Should you have to cancel any booking, please find replacements and sell on your tickets.





WINEWS

WOOLHOPE WI

Thankyou to everyone who attended Woolhope WIs 80th birthday party. The evening was a great success & much fun was had by all. The hall was decked out with bunting & in true WI fashion there were cakes aplenty. The speaker was excellent & had us listening attentively as she gave us a snapshot of her life as a Military surgeon. Here's to the next birthday!









At **MUNSLEY HALL** at the recent Coffee and Craft session we were talked through making 'Notebooks' by Anne Thornewell and were pleased to produce a very useful addition to our handbags!

At the next meeting on Friday 23rd May at 10 am Wendy Steadman will be showing us how to do Manx Quilting, open to all £10 to include coffee and pastries.

BOSBURY WI

Bosbury WI has had a busy and well supported Spring. February saw a lively discussion of the resolutions with suggestions of how we might take them forward locally. We also held 4 competitions which had been run in previous decades as a nod to our centenary including one of 'members as children'. March's successful Annual Meeting included the presentation of our newly engraved cup to Sue Held for her delightful embroidery which was entered in last year's Craft and Produce Show. In April, Penny Platts gave us a fascinating insight into the long history, architecture, scenery and culture of Armenia, Georgia and Azerbaijan supported by slides, videos and music which members really appreciated.





© Herefordshire Federation of WIs Website: https://herefordshire.thewi.org.uk/ HFWI Office is located at WI House, 90 St Owen's Street, Hereford, HR1 2QD. Office hours: Tuesday-Friday 9.30am-2.30pm. Telephone number: 01432 272268. Email: fedsec@herefordshirewi.org.uk WI House Team: Chairman—Margaret Simcock (chair@herefordshirewi.org.uk); Joint Federation Secretaries—Roz Simcock & Caroline Miller (fedsec@herefordshirewi.org.uk); Book-keeper—Roz Simcock (accounts@herefordshirewi.org.uk)





HFWI-TO THE LAKES

Some of Marden ladies enroute to lake Windermere. This fabulous place was our lunch stop. We all had such a fabulous time visiting the Beatrice Potter Attraction in Bowness. Returning on a steam train.

























HFWI AT COUNTRYTASTIC 2025

Herefordshire WI invited children to paint their own sunflower, complete with seeds and instructions for planting at home. There was also a competition to identify trees from their leaves and the chance to decorate a model tree with hand-painted leaves of different varieties.

We were lucky enough to persuade farmer and JLS boy-band member JB Gill to visit our section of the Severn Hall for a photo opportunity.

Later we were joined by Ross farmer, Ally Hunter-Blair from the Duchy of Cornwall Estate at Weir End, Ross-on-Wye. Look out for an episode of Countryfile, soon to be filmed, focusing on this area.



















Leominster Community Centre, HR6 8NJ

£5

THURS 15TH MAY

7PM

Leominster_Lasses_WI@herefordshirewi.org.uk



MARDEN WI

WHEN RITA
HAYWORTH
MET ORSON WELLS

(their Unhappy Marriage)
VE Day related content

8TH MAY

2-4pm

Bodenham Village Hall

PLANT SALE 11TH MAY

2-4pm

Longtown Village Hall

Plants, refreshments, raffle



POST YOUR EVENTS HERE!

Up to 20 words FREE of charge for WI events









Herefordshire Federation of WIs List of day trips and prices for 2025

These trips are open to ALL, not just WI members

DATE	TRIP	PRICE	WI MEMBER					
Friday 16th M	lay Black Country Living Museum	£45.00	£40.00					
7:45am	Ross on Wye St Mary's Garden Village							
8:30am	Hereford Merton Meadow Car Park							
9:00am	Leominster Fire Station							
9:30am	Bromyard Conquest Theatre							
Tuesday 24 th	^h June Elan Valley & Aberystwyth guided coach tour	£34.00	£29.00					
8:15am	Ross on Wye St Mary's Garden Village							
9:00am	Hereford Merton Meadow Car Park							
9:30am	Leominster Fire Station							
Thursday 17	th July Waterperry Gardens, Oxfordshire	£36.00	£31.00					
7:30am	Bromyard Conquest Theatre							
8:00am	Leominster Fire Station							
8:40am	Hereford Merton Meadow Car Park							
9:15am	Ross on Wye St Mary's Garden Village							
Th	St testes - Dismoissible and NEO Ocille Channel	005.00	005.00					
	** July Birmingham NEC Quilt Show	£25.00	£25.00					
	vn entrance show tickets online or on arriv	al						
8.15am	Hereford Merton Meadow Car Park							
8.45am	Ledbury Market House							
9.30am	Ross-on-Wye Wilton Road Car Park							
Friday 8th Au	igust Shrewsbury Boat Trip	£36.00	£31.00					
Wed 10 th September National Memorial Arboretum £30.00								
Thurs 2 nd Oc	tober A Day in Bath	£30.00	£25.00					

Contact Caroline Miller on 01432 272268 or TripsandEvents@herefordshirewi.org.uk





HFWI COUNTY DATES FOR YOUR DIARY

MAY 2025

M	_	Z U Z				
MON	TUE	WED	THU	FRI	SAT	SUN
			1	2	3	4
5	6	7	8	9 Cuppa & Catchup, The Nest, HR8 2PZ 10.30am	10	11
12	13	14	15	16 Clean Rivers Tea HR8 2RA 2-4pm Out & About Day Trip Black Country Museum trip	17	18
19 Craft & Chat (online) 10-12 Tea cup cards Felicity	20	Wild Woollie Women, Munsley Hall, HR8 2RA 1.30pm	22	23	24	25
Craft & Chat (online) 10-12 Candle Painting Caroline	27	28 Officers Workshop Munsley 2-4pm Bring packed lunch	29	30 Deadline for your WI bulb orders	31	





HFWI COUNTY DATES FOR YOUR DIARY

JUNE 2025

MON	TUE	WED	THU	FRI	SAT	SUN
						1
2 Craft and Chat Online	3	4 NAM-Virtual- all day	5	6	7	8
9 Craft and Chat Online	10	11 Drop off cakes for 3 Counties show	12 Set up at 3 Counties	13 3 Counties Show	14 3 Counties Show	15 3 Counties Show
16 Craft and Chat Online	17	18	19	20	Cuppa & Catch- up, Pengethley G.C. 10.30am	22
23 Craft and Chat Online Colour Fashion Show 7pm Bodenham VH	24 Elan Valley Coach Trip	25	26	27 HFWI Quiz The Heat Rounds Various locations 7pm	28	29
30 Craft and Chat Online						





Online Craft and Chat - Series Summer 2025



10 Online Craft and Chat Sessions

You can choose individual sessions (at £5.00 per session) or book all 10 sessions (for £25.00).

19/05/2025 Tea Cup Cards - Felicity

30/06/2025 - Manx Block (Handsewn) - Andrea

Break

26/05/2025 - Candle Painting

02/06/2025 - Woolly Flowers

14/07/2025 - Lets Tangle - Liz

09/06/2025 - God's Eye Weaving - Felicity

21/07/2025 - Celtic Knot - Jane

28/07/2025 - Slow Stitching - Paula

23/06/2025 - Summer Zen - Liz

Break

04/08/2025 - Starburst Granny - Serena

10:00am - 12:00pm

Book online using the following link or QR code (opposite):

https://www.trybooking.com/uk/EUNT





A poem commemorating

VE Day's 80th anniversary

Eighty years since peace did bloom, A dawn of hope, dispelling gloom. The world rejoiced, a victory won, '80 years', beneath the sun.

From battlefields, a quiet sigh, As flags of truce soared in the sky. generation etched in time, Their sacrifice, a noble climb.

The memories linger, strong and true Of comrades lost, and skies anew. A lesson learned, a solemn vow, To build a world, a better now.

the WI

eNewsletter Dispatch: May 2025

HFWI Ref: HFWI1002025

Welcome to the HFWI



A great way for you to support us whilst having a bit of a flutter! You MUST be in it to win it - so here's how it works

A payment of £10 per annum buys you one membership number (that we will allocate), enters your number into the monthly draw. Draws will be made on the first Thursday of the month. There will be 10 draws per annum, missing out June and July. You can purchase more than one number. All participants must be over 16 and can be WI members or non-members. Only personal payments will be accepted (not from WI funds).

You can purchase from May 2025 onwards, with the first monthly draw being in August 2025. We will issue draw results in the following month's HFWI e-Newsletter, on HFWI Facebook & HFWI website. HFWI will allocate draw numbers to each entrant. Prizes will be £20, £10 and £5. If you win payment can be made via BACS or a cheque can be posted to your home address and the name of the winner published in the HFWI e-Newsletter, on Facebook and the HFWI's website.

To enter, please complete and sign the attached membership form and agree to pay £10 per entry, either by BACS, cheque or cash. MEMBERSHIP FORM TO JOIN THE HFWI 100 Club __ wish to join the HFWI '100 Club'. I am/not a member of __ WI and wish to purchase ____ draw ticket(s) each at £10.00 per ticket PAYMENT: * tick as appropriate ■ WI BACS payment* quoting HFWI Reference: HFWI100 to Herefordshire Federation of Women's Institutes Sort Code: 30 65 22 Account No 76843268 ☐ Enclosed **cheque***, made payable to HFWI. All payments must be identified with HWFI100 written on the back of cheque. ☐ Cash payment* handed in at WI House, HR1 2QD (Tues-Friday 9.30-2.30pm) If I am a lucky winner, please use these details to send my winnings: Name on cheque: _____ Telephone No: _____ Postal address (to which winnings will be sent): Account Name: ______ Account No: ______ Sort Code: _____ Please return this form to admin@herefordshirewi.org.uk together with your payment. Thank you for your support and good luck! FOR OFFICE USE ONLY: Accounts 100 Club Ticket No: 100 Club Ticket No:

Please note that contact details will be for WI or HFWI use only.