



MEMO FROM MARGARET

Welcome to this double edition of the Newsletter with all the details of current and future activities in the Federation. Your WI offers you so much with the Federation adding more varied and interesting activities, so do try at least one of the forthcoming events.

Come to the NEC on 1st August where there are two events - the National Quilt Show and the Van Gough Experience. Look online for full details then come on the coach for just £20 per coach seat.

Also in August, there is a Treasure Hunt at Dilwyn. September offers a Bowling Evening, celebrating WI Day at Credenhill, the Hereford Wildlife Meeting at Weobley and the Cogan Cup in Hereford. In October you are invited to attend the HFWI Federation Annual Conference at Ledbury Rugby Club (15/10/24) and enjoy a Friday evening at Upton Bishop for HFWI's 1st Jiggle Jigsaw evening. A wide range of interests are catered for, with full details in the Newsletter, or with your WI Secretary.

I know that many WIs are planning outdoor events whilst the summer weather is here – fingers crossed! Whatever you are doing, I hope that you enjoy the next few weeks and I look forward to meeting you at one of the many events.

Best wishes, Margaret



These HFWI Events are bookable via your WI Secretary—who will shortly be sent booking details—or contact: admin@herefordshirewi.org.uk

**Start from Castle Moat House, Dilwyn HR4 8HZ
between 2-3pm**

Sunday 11th August

Price per car £10

Bring a picnic

An opportunity to visit some of the beautiful villages of North Herefordshire, see the Red Kites soaring in their natural habitat and the far vistas of this super county.

Car Treasure Hunt



**The Grove, Leominster
Wednesday 4th September**

Steak and Bowl Evening

Doors Open at 6:30pm, Bowl at 7pm, Supper at 8pm
Competition will be fierce, noise levels will be off the scale. It is only the WI having a good time!!



**Friday, 4th October
7-9.30pm**

Jiggle Jigsaw Evening

**Upton Bishop Hall
Team of 4 persons
Entry £5.00pp**





THE GREEN CORNER

Herefordshire Wildlife Trust Presents



Our River Wye—Wye Adapt to Climate Change?

Come along to find out how we can work to make our County more resilient to climate change on a landscape scale, using nature based solutions to improve river health and protect against future extreme weather events.

Hear from project officers Holly Thompson and Holly Williams

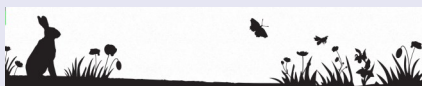
Herefordshire Wildlife Trust Community Organiser - Tracy Price - will also be giving a short update on the Wildlife Trust Coronation Gardens work and how you can get involved.

16 September 7 - 9pm at Hopelands Village Hall, Weobley HR4 8SN

24 October 2 - 4pm at Upton Bishop Millenium Hall, Upton Bishop, Ross-on-Wye HR9 7TX

Entry £5 (pay on door)

Refreshments available Raffle in collaboration with Herefordshire WI



Linked to the two events (see above), might you have connections with a primary school in Herefordshire? If so, might you ask if the children could draw related pictures, eg. a planet Earth and say how much they care? We aim to have the images displayed at each event. Please ensure they are at WI House by 10th September and 15th October.

Thanking you in advance.
Sandra Walker Climate Ambassador

The Mowley Project

15 of us braved an unseasonably (or was it?) cold June day to visit the Mowley Project near Staunton on Arrow, a truly inspiring place with a sense of discovery, hope and adventure. It's like a place out of time – there is real history here – once a thriving hub, it is now a quiet, steep glacial valley, with ruins, overhanging ancient woods and flower strewn meadows.

Intensively farmed up until 4 years ago, this valley is being allowed to relax – it is still farmed but at a gentler pace, more in tune with nature. Large, woody debris is allowed to remain by the river's edge – fantastic habitat for wildlife but also great for slowing the flow when the floodwaters rise, as we all know they do more regularly with each passing year. Letting the meadows grow for hay also establishes a more diverse root system, acting as a huge sponge to absorb and hold on to water. These are nature based solutions to climate change with knock on benefits for wildlife and for us.

Eels as rare as snow leopards elsewhere in the country still thrive here, as do white clawed crayfish. The valley already holds over 500 species of moth, plus the extremely elusive wood white butterfly has also reappeared amongst the trees following the introduction to this different approach to land management.

A fabulous place for a trip out in nature – worth a thought for your next WI excursion? Mowley Project contact details can be obtained from hfwfwi.climate@gmail.com

Christy Crouch

Climate Ambassador



HFWI Events Please apply for tickets through your Secretary/Treasurer/Booking Person. (Associate members may book direct with the HFWI office.) BACS or cheque payments shown on your bank statements will act as receipt of monies received by HFWI. Receipts will be issued for cash transactions. If the word 'non-members' is not printed on the application form, the event is for members only. If oversubscribed (too many applications for places received before the closing date), WI members have priority and a ballot may be held. Notification of cancellation or over-subscription will be sent to the Booking Person as soon as possible. If you can't attend, it is up to you to sell your ticket (as appropriate), no refunds are given unless the event cannot go ahead or is over-subscribed. Please note: All events except training are fundraisers for HFWI.



THE GREEN CORNER

BIG GREEN TEA PARTY

What a great afternoon was had by all who turned up to celebrate the first anniversary of the Herefordshire proposed WI Clean Rivers campaign. A fabulous WI spread was laid on with sandwiches and cakes galore. The river themed hearts beautifully created by so many of our WIs were on display and much admired. Several of our elected representatives turned up to help celebrate and were keen to talk rivers. Munsley Hall buzzed with energy and conversation.

What emerged from the event is that the one thing we can **all** do WI, and non-WI alike, is to sign the Manifesto for the Wye. The manifesto calls for the UK and Wales to take a joined up, cross-border approach to tackling the Wye catchment pollution crisis. This includes:

- the development of a Water Protection Zone to stop all forms of pollution;
- establishing a recovery fund to resource fair and fast transition to river friendly farming and nature-based solutions;
- strengthening regulations and adequately resourcing enforcement agencies to take appropriate action;
- ensuring supermarket pricing rewards river-friendly farming and having honest labelling, enabling consumers to make informed choices.

For more information go to <https://www.cpreherefordshire.org.uk/wp-content/uploads/sites/44/2024/05/A-Manifesto-for-the-Wye.pdf> and to sign the manifesto, go to <https://www.wyemanifesto.org/> and scroll to the bottom.

I'd like to say a big thank you to all who contributed in whatever way, whether that was making hearts, cutting sandwiches, chatting to our guests – it couldn't have been so successful without you and your support was much appreciated.

Thank you!

Christy Crouch

Climate Ambassador



**LEDBURY QUILTERS
EXHIBITION 2024**



Saturday July 20th & Sunday 21st July

Ledbury Rugby Club, Ross Road, Ledbury, HR8 2LP

Charity Quilt Raffle in aid of MacMillan Cancer Support

made by members of Ledbury Quilters

Display of Members' Work

Bag Raffle

Sales Table - Traders

Refreshments

Free Parking - Disabled Access

Admission £3 Accompanied under 16's free

You are cordially invited to
the

HFWI's 103rd Annual
Conference Meeting

On

Tuesday 15th October 2024

10.00am-1.00pm

at Ledbury Rugby Club

Booking form will shortly be with
your WI Secretary.

HFWI Events Please apply for tickets through your Secretary/Treasurer/Booking Person. (Associate members may book direct with the HFWI office.) BACS or cheque payments shown on your bank statements will act as receipt of monies received by HFWI. Receipts will be issued for cash transactions. If the word 'non-members' is not printed on the application form, the event is for members only. If oversubscribed (too many applications for places received before the closing date), WI members have priority and a ballot may be held. Notification of cancellation or over-subscription will be sent to the Booking Person as soon as possible. If you can't attend, it is up to you to sell your ticket (as appropriate), no refunds are given unless the event cannot go ahead or is over-subscribed. Please note: All events except training are fundraisers for HFWI.



WI Day 2024 Competitions



Get your entries ready for 14th September 2024

Competitions:

Printed Article—Archaeological Discoveries in Herefordshire since 2000. (one side of A4 incl. image)

Handicraft—A pot holder produced in double knit weight.

Photography—'Apple of Your Eye' - your interpretation of this phrase. Maximum size in any direction 10" (25cm).

Garden on a Plate—Theme: Summer 2024. Plate no bigger than 10" (25cm)

Entries to be staged by 9.45am on 14th Sept at Credenhill Village Hall.

Judging will take place from 10.00-2.30pm

The judging will be for the public to decide by putting money against the one they think best.

Emily's Carpentry/Handywork Herefordshire

Any jobs considered, no job too small!

Carpenter and General Maintenance

Painting and Decorating

Gardening, Decking

Garden Fencing

Flat pack furniture construction

Tel: 07807 072003

I am a WI member celebrating a big birthday and am planning a summer celebration for my family and friends on 10 August. I am looking to pay someone to bake traditional, home-made cake/cakes for my celebration for approx 130 people. Open to ideas about type, flavour and decoration. Please call Jess on 07774060791.

TAPESTRY CANVASES

Beautifully stretched and made into cushions, bell-pulls, rugs, etc.

Cheltenham 01242 233883



GUIDED WALKS IN HEREFORD THE GUILD OF MAYOR'S GUIDES

Accessible Walks and Special Themed Walks and Talks for Groups
Bookings all year - Adults £6

*Historic Hereford ~ Alfred Watkins ~ The Kembles
Women in Hereford ~ Agriculture & Industry and more*

See Website for details - herefordguidedwalks.org.uk
E mail or call Bookings Officer - 07947 924494



DIGITAL NEWS FOR JULY 2024

You can find lots of information on the new DIGITAL INFORMATION page on our Herefordshire website.

Go to: <https://herefordshire.thewi.org.uk/digital-information>

Find out about the WI Learning Hub, Facebook page, becoming a web editor for your WI and using the MCS. Don't hesitate to contact me if you need help in setting up your own WI website or using WhatsApp within your own WI.

Alison Lord

digitalchampion.hfwi@gmail.com

01544 340256

07896888629



Join our team of Digital Inclusion volunteers in Herefordshire and help others to enjoy the benefits of being able to use their mobile phone or computer, including:

- Connecting to the internet
- Sending and receiving emails
- Using everyday phone apps
- Sorting desktop files and folders
- Doing online shopping and banking
- Saving and sharing photos and videos

Our volunteers deliver their support across the county through:

- Individual sessions at selected venues and at home visits (if required)
- 'Quick fix' sessions at drop-in clinics at Talk Community Hubs
- Loan of tablet computer to 'try before you buy'

For more information and a chat, please contact Art:

07498 074377

art@ageukwmh.org

www.ageukwmh.org

Age UK Worcester, Malvern Hills & Hereford Localities is a charitable company limited by guarantee and registered in England and Wales
Registered charity number: 1114859
Company number: 5688674
Registered head office is: Bank House, 7 Shaw Street, Worcester, WR1 3QQ.



HFWI COFFEE AND CHAT

Do join us on **Friday, 19th July** at The Nest, Little Verzons Farm, Nr Ledbury, HR8 2PZ for a coffee and chat.



This is a great opportunity to network and ask questions.

Open invite to all members.

Don't delay join your today!



The 2024-25 HFWI 100 Club launches with the first draw taking place in August. For just £10 you will have 10 chances of winning one of the three monthly prizes. Your secretary will have the application form so do not delay, join today to be in from the first draw.

Contact: admin@herefordshirewi.org.uk

Craft and Chat Series Summer 2024



Online craft activities

Contact admin@herefordshirewi.org.uk or

<https://www.trybooking.com/uk/DJJC>

HFWI FEDERATION QUIZ

I just wanted to say a very big thank you to those WIs that have supported the Federation Quiz this year. On June 28th, some 25 teams will be competing simultaneously across three venues in a bid to win a place in July's Grand Final.

The very best of luck to you all. And my thanks for your continuing support for the Federation Quiz.

And don't forget, I am always looking for venues in which to hold the Quiz. So if you think your WI has what it takes, please don't hesitate to get in touch. Joy Edwards, joyedwardswi@yahoo.com



Escape to the Countryside with...



Call us 01432 370514 or 07966 378170

Email info@rural-concierge.co.uk

NEW - Sunday 6th April 2025 - 4* Spring Break at the Lake District for 5 days

* Primarily this holiday is mainly Herefordshire WI members, BUT we still have twin and double rooms available.

The Lakeside Hotel & Spa is a 4-star Superior Hotel which rests exclusively on the southern shore of Lake Windermere - part of the Lake District World Heritage site.

Offering peaceful bedrooms, delicious fine dining inspired by local produce and indulgent treatments in their luxury spa and pool, Lakeside Hotel is the ultimate getaway for peace and tranquillity.

Combining classic, English country house character, the gorgeous surroundings of the Lake District and contemporary four star luxury provides you with a decadent and relaxing hotel break.

Whether you're taking afternoon tea in the conservatory, relaxing in the pool or spa, enjoying a glass of Champagne on the Lake Windermere terrace or exploring the stunning area surrounding the hotel, you're sure to have a wonderful time.

Holiday includes:

- Evening meal comprising of a three-course table D'hôte dinner.
- Full English breakfast
- Porter service in both directions at the hotel
- Excursions to include Steam train, Lake Cruise and Aquarium visit

We will confirm the final itinerary nearer the time.

Twin and double rooms. **£710.00 per person.**
(Single Rooms are now on request)

Many HFWI members and friends have enjoyed many of Rural Concierge trips—why not give it a go!

Upton Bishop WI would like to invite you to our next open evening. Bring family and friends and spread the word.

You'd be barking mad to miss it!

Guide Dogs for the Blind – talk and discussion + dog!
Open Evening



Tuesday 9th July 8 – 9 p.m.
Upton Bishop Millennium Hall.
HR9 7TU

Free parking, refreshments available. £5

HFWI COACH TRIP TO ROYAL WORCESTER MUSEUM & VICTORIAN CHRISTMAS MARKET

30TH NOVEMBER 2025

Cost: £30.00 per WI member £35.00 per non-WI member

Pick-up Points: LEOMINSTER : HEREFORD : ROSS ON WYE (Wilton) & ROSS ON WYE (St Mary's Garden Village)

What a wonderful way to spend a Saturday, exploring the stunning galleries and exciting exhibitions of the earliest porcelain made in England, iconic objects such as Admiral Lord Nelson's breakfast teapot, the 1865 exquisite Earl of Dudley tea service, painted fruit and the famous Evesham oven-to-tableware. Light refreshments included and then followed by a trip to the historic Victorian Christmas market, which is hailed as the Midland's leading Victorian-themed street market, it really is the best way to kick start the festive season by soaking up the atmosphere of vibrant colours, harmonious sounds and enticing scents of Christmas. **The trip will be open to EVERYONE, so do bring a friend.**

See booking form on page 12





HFWI ADVISOR DROP-IN SESSIONS AT WI HOUSE

I will be in WI House again on the morning of Thursday July 4th. The purpose of these sessions is to offer help, advice and support to all WI members, or to simply say hello to you should you be passing. You don't need an appointment, just pop in on the day, I would love to see you.

You don't need to have a problem of course, and there doesn't have to be anything worrying you. So why not call in, join me for coffee, let me know how your WI is getting along and take my best wishes back to your members.

We can't all get to the monthly coffee mornings, but with just the one Adviser in this beautiful county of ours it is going to take a while for me to get round to visiting you all. So why not visit me instead!

I have so enjoyed visiting new-to-me WIs this year. If you haven't heard from me yet, rest assured I'm not far away. In the meantime, do drop in! Please don't hesitate to get in touch with me if you would like to know more. Joy Edwards, WI Adviser, joyedwardswi@yahoo.com

HFWI ARCHIVES—Updated HARC Accessions Policy – please note

The overriding principle that archived records should be useful to researchers rather than memorabilia. This affects WI items which are not dated. Scrapbooks sometimes include items which, in isolation, would not normally be archived, e.g. other organisations literature, day trips, poems, drawings of wildlife etc. Another scrapbook problem is coloured paper and glue - not good for long term survival. We are fortunate HARC accepts WI records - not the case for all counties.

Consider your WI records for eligible inclusion at HARC. If you bring items to WI House please indicate whether any unwanted items are to be returned, otherwise I assume items can be disposed of.

Whilst volunteering at Bromyard and District history society I saw items from Ocle Pychard WI (closed 1995). A tablecloth, some tags, invoices and a pad of WI logos. I had not seen this logo before I took photographs hoping I could identify the purpose of these items. Enquiries to various WI members did not reveal anything.

In compiling information on the WI in wartime for Colwall next year I came across an online monochrome image of a tin of 'Early River Plum' jam canned by H.M. Queen Elizabeth (later H.M. Queen Elizabeth the Queen Mother). The can had the same logo. I have no way of knowing if these are original.

I've uncovered two more images of these labels on a Facebook page of a 1940s re-enactment WI (Victory Belles), West Bromwich. One of the jars was labelled 'Mock Apricot Jam', a wartime recipe that uses apples, carrots and rhubarb to mimic apricots. The other jar was 'High Dumpsie Dearie', a traditional English fruit jam thought to originate from Worcestershire. I contacted the WI and discovered that they had found the same image online, sent it to a printer and had them reproduced.

For more information on HFWI archives and how to look after your WI's records visit: <https://herefordshire.thewi.org.uk/> then go to About us > Federation Archives.

Tessa Lovell, HFWI.Archivist@gmail.com 01885 788623



TEDDIES FOR THE CHILDREN'S WARD, HEREFORD COUNTY HOSPITAL

In 2016 WI members were asked if they would knit teddy bears for the Children's Ward at Hereford County Hospital. On 29th May 2024 I took them 100 teddies, which makes a total of 3,500 that you have knitted, and I have delivered over the years.

Every time I take them the nursing staff are so pleased. The children love them to take home, and for those who have been staying in or just gone for treatment.

Here are some pictures of teddies brought in to WI House in the last few weeks.

WI ladies—Thank you so much. Keep Knitting.

Jane Jenkins





WI NEWS

At **ASTON INGHAM WI's** June meeting members really enjoyed a very informative and fascinating talk from Meg Smith, about the origins and history of The Foundling Hospital, London (established by the philanthropist Thomas Coram in 1739) and Museum.

Meg is a talented lady who has worked in children's charities, helping families who adopt children. She does a lot of patchwork and is very interested in textiles and while on a course she heard about the Foundling Hospital and Museum.

In the Museum she saw tokens (a ribbon or small piece of jewellery, a small padlock or hand made decoration) which had been left by the unfortunate women for their illegitimate children. There are 400 tokens in the Museum archive which opened in 2004, the mothers hoped to return at some point to reclaim her child should better times come and the children could be identified by the token (the children's names would have been changed during baptism by the Governors of the hospital because the Governors became the Guardians.

In addition to their members, **CRADLEY WI** welcomed 15 guests to their June meeting for a presentation by Rory Johnson from Herefordshire Meadows.

The ethos of the Herefordshire Meadows project is to conserve, restore and create flower-rich grasslands in Herefordshire in particular, but not exclusively, by promoting sustainable land management systems.

They also aim to advance the education of the public on the benefits of flower-rich grasslands and the need to conserve them.

We also heard from Sally from Verging on the Wild, which is a group of volunteers working to improve biodiversity on our roadside verges and from a local farmer who produces quality bales of hay from his small meadows.

It was such a good contrast of speakers at the one meeting as we all learned that even if we don't have a spare acre of two to turn into a wildlife meadow we can all make a difference, on a small scale providing wildlife corridors in our gardens and changing our mowing habits by cutting less and cutting later.

We all hope to be rewarded by seeing more bees and butterflies in our gardens in the future.



CRADLEY WI Lunch Club members enjoyed a lovely, if chilly, lunch club meeting at Stockton Bury Gardens. Arriving early to enjoy a tour of the gardens before lunch, we all thoroughly enjoyed a warming lunch with more relish than usual! Despite the recent unseasonal weather, the gardens were looking splendid. What a lovely day we had.



On a lovely evening in June, **STOKE PRIOR & DISTRICT WI** met in Risbury Village Hall where they welcomed their speaker Margaret Walker who gave a wonderfully funny talk on her life as a Vicars Wife. They had started their journey moving around Yorkshire until finally ending up in Llangollen, where she learnt to speak and write Welsh to assist her husband in his ministry. Over the years she had judged a bonny baby competition, saying never again, and also being on a carnival float dressed as a rat, depicting The Pied Piper of Hamelin. Her life has certainly been one lived to the full, with her continuing to help various organisations around Leominster. Oh, and she's also found time to write 4 books!!



WI NEWS

At **SPARKLING WYE WI's** 12 June 2024 meeting, members were treated to an evening of 'Dancing in Spain' by talented dancer Lesley Mills, who gave a brief history of three Spanish dances which she had chosen from many, and then danced them for us in costume.

'El Pingacho' was a folk dance with simple traditional dress (full cotton skirt, blouse, bodice and headscarf) and uncomplicated movements, which would have been danced by peasants and ordinary people, often spontaneously for enjoyment or for celebrations.

In stark contrast, 'Escuela Bolera – Jaleo de la Macarena' was a dance developed within the upper echelons of 19th century society and strongly influenced by ballet. This was danced in soft ballet shoes, with a frilled full-skirted costume and a mantilla or headdress.

Lesley's third dance was a passionate 'Flamenco Liviana', in a classic frilled flamenco dress of red with black spots, and with shawl, fan, castanets and metal-tipped heeled shoes, all of which added to the drama.

Lesley brought additional costumes for us to see and plenty of castanets for us to try. Suffice it to say that playing the castanets, not to mention the dancing, is a lot harder than it looks! A fascinating trip to Spain! Gracias Lesley!



STOKE EDITH & TARRINGTON WI had a garden visit with afternoon tea and cake to raise funds for Breast Cancer Now. We raised £135.00 which was pretty amazing as we are a small group.



HOLMER WI's June meeting was an interesting talk by David Thresher, Head Gardener at Berrington Hall.

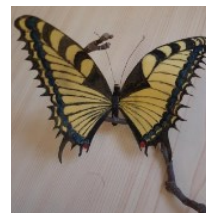
The gardens date back to 1887, and were designed by Capability Brown. There are several ongoing restoration projects in progress. Using ancient maps and overviews, he explained the objectives. The flower garden will be a contemporary design, taking into account climate change and accessibility. Also the fountain is being restored, which last worked approximately 1987. Hopefully these projects will be completed next year.



The competition was "My favourite garden"

1st – Diane Boone 2nd – Mary Burgess 3rd – Jackie Hancock.

The Butterfly Competition entries were judged by Martyn Davies, and the winners: 1st Margret Leonard. (pictured) – Well done Margret; 2nd place – Mary Burgess – a felted butterfly; 3rd place – Diane Boothe – pencil sketch



UPTON BISHOP WI's May open meeting about "Curious Antiques" was a real treat. It involved a talk by Keith Wilding and a light-hearted quiz involving identification and valuation of silver objects. This was followed by an opportunity for members and their own silver that there were surprises but be buying a



visitors to have valued. I hear some pleasant that nobody will Ferrari just yet!



WI NEWS

Happy 105th Birthday

UPTON BISHOP WI celebrated their 105th birthday with a party and reunion in June. They are the oldest branch in the county and were formed even before the county federation. Federation trustees, staff, ex-members and members of other branches and the local community celebrated with talks from Margaret Simcock (HFWI Chair) about the general history and future of the WI and Tessa Lovell's Herefordshire archivist interactive talk and bingo game about the history of the Upton Bishop WI. Tessa transported us back 105 years as she gave her talk in full suffragette costume and sash. There was also a quiz to complete by guests at their leisure, and displays of scrapbooks, artefacts and photographs, some as early as the early twentieth century. Tessa is trying to date a very early photograph of the founder pictured, with her elderly mother, who is wearing her Victorian lace cap.

It was a lovely evening, people met each other again after many years, enjoyed seeing their younger selves in the photographs, reminisced about the good old days; and made future WI plans. As a movement, that's what we will always do - move forward with lessons learnt from the past. Thanks to everyone involved in supporting our wonderful raffle and prizes. Guest were treated to light refreshments and a wonderfully decorated cake made by our very own Barbara Church—very tasty it was too! Upton Bishop WI's Craft and Chat group met mid-June for a very creative afternoon, punching and stitching butterfly cards. As always there was plenty of chat to accompany the crafting and mountains of goodies to munch!



NFWI ANNUAL MEETING REPORT HELD AT THE ROYAL ALBERT HALL, LONDON 7 JUNE 2024

What a fantastic setting for our 2024 meeting. The NFWI Chair, Ann Jones led the meeting and business—this being her last meeting as Chair. For the 5,000+ members present and those joining online we were in for an absolute treat and an emotional event. Starting the day with 'Jerusalem', Ann followed with a very positive speech, informing us that WI recruitment for the year was a record with over 24,000 new members, 17 virtual WI groups and 7 WIs meeting in prisons. Ann encouraged everyone to listen to the new NFWI Podcast and to explore the wonderful array of events on the WI Learning Hub (replacement for Denman). The NFWI Treasurer, Jeryl Stone, gave an excellent report on finances. The theme for the meeting was based on one of our WI campaigns, 'Stop Violence Against Women'.

The first guest speaker was Nazir Afzal OBE. Nazir is a British solicitor and former prosecutor with the Crown Prosecution Service. His beliefs and strong views in favour of women's rights and against forced marriage, and so-called honour killings are the driving forces behind his work. His talk was truly thought provoking and shocking at the same time. He received a well-deserved standing ovation (unusual in NAM history). This year's resolution 'Dental Health Matters' was presented by Eddie Crouch from the British Dental Association and voted on by delegates (present and online). The resolution was carried with a 95.53% majority. After breaking for a wonderful lunch (many meeting in the sunshine around the Albert Memorial in Hyde Park) the meeting continued its theme with BBC journalist, Victoria Derbyshire interviewing on stage Spice Girl Melanie Brown MBE. Mel B (Patron of Women's Aid) frankly discussed a decade of her life suffered at the hands of her abusive husband. Mel urged members to join the petition to train UK family court judges to recognise the signs of coercive control. Continuing fire-side chats, actor Timothy Watson who played Rob Titchener in 'The Archers' and a representative from Women's Aid were interviewed by Melissa Green, NFWI CEO. All explained the work and involvement of Women's Aid in helping with the Archer's production of the storyline where the character Rob Titchener abused Helen Archer and used coercive control which alienated her from family and friends. The meeting finished as it had started, with another blast of the organ and an emotional 'Jerusalem' - What a fitting end to a truly wonderful day. See you all, virtually in 2025 and 2026, before the next physical NAM in 2027.





Herefordshire

Federation of Women's Institutes

Newsletter

July/Aug 2024



DATE	EVENT	INFORMATION & VENUE	TIME	COST & DETAILS
Fri 28th June	HFWI Federation Quiz	Quiz Heats to be held at Long-town, Munsley, Kimbolton	7.00pm	£10 for a team of 4 WI members
Fri 12th July	HFWI Federation Quiz	Quiz Final to be held at Upton Bishop Millennium Hall, HR9 7TX	7.00pm	Good luck to round winners
Fri 19th July	Coffee & Catch-up	The Nest, Little Verzons Farm, Nr Ledbury, HR8 2PZ	From 10.30am	Open to all members
31st July	Competition Deadline	The Eira Furlong Cup – Millinery Competition		Your Secretary has further details
1 August	Coach Trip	NEC Quilting and Craft Show	Day trip	Entrance tickets to be booked by individuals
Sun 11 th August	Car Treasure Hunt	Start from Castle Moat House, Dilwyn HR4 8HZ	Between 2-3pm start	Price per car £10 Bring a picnic
Sat 17 th August	Coffee & Catch-up	Pengethley Garden Centre, Peterstow, Ross-on-Wye HR9 6LL	From 10.30am	Open to all members
Weds 4 th Sept	Steak & Bowl Evening	The Grove, Leominster	Open 6.30 Bowl 7.00 Supper 8pm	Booking form to follow
14 th September	WI Day—Competition entries by 9.45am	HFWI WI Day at Credenhill Community Hall	10.00am-3.00pm	Booking tables essential. refreshments available
16th September	Talk by Herefordshire Wildlife Trust	The WI & Wildlife Trust – Our River Wye- Wye Adapt to Climate Change?	7-9pm	£5.00 on the door Weobley Village Hall HR4 8SH,
Fri 20 th Sept	Coffee & Catch-up	The Hop Pocket, Bishop's Frome, WR6 5BT	From 10.30am	Open to all members
23 rd Sept	Competition	Cogan Cup – Murder Mystery. St John's Hall	7.00pm	£10 team of 4 WI members
Fri 4 th Oct	Competition Team race to complete a 500 piece jigsaw	Jiggle Jigsaw evening Upton Bishop Hall, HR97TX Played in teams of 4 – you can join and make a 4.	7-9.30pm Refreshments available	Entry fee £5 per person. Booking form to follow
Tues 15 Oct 2024	HFWI ACM	Annual Conference, Ledbury Rugby Club	10.00-1.00pm	Booking form to be available shortly
Sat 19 October	Coffee & Catch-up	Wellington Home & Gdns, Wellington, HR4 8BB	From 10.30am	Open to all members
24th October	Talk by Herefordshire Wildlife Trust	The WI & Wildlife Trust – Our River Wye- Wye Adapt to Climate Change?	2-4pm	£5.00 on the door Upton Bishop Hall HR97TX
Mon 4 th Nov	Competition	NFWI 'Not in My Name'		Design a Mug – any medium
Fri 15 th Nov	Coffee & Catch-up	Newton Court, Newton Ln, Nr Leominster HR6 0PF	From 10.30am	Open to all members
Sat 23 Nov	Yule Fayre Stalls available	HFWI Yule Fayre at Withington Village Hall	10.00am-3.00pm	Booking of a table is essential. Rereshments available
Sat 30 Nov	Coach Trip	Royal Worcester Museum and Victorian Christmas Market	Various pickup times Day trip	Coach, entry and light refreshments. £30 WI, £35 non-WI



MUSEUM OF ROYAL WORCESTER & VICTORIAN CHRISTMAS MARKET SATURDAY 30TH NOVEMBER 2024



Cost: £30.00 per WI member £35.00 per non-WI member

Time & Pick-up Points: **LEOMINSTER 8.15am** Fire Station Car Park, Leominster (HR6 8DD)
HEREFORD 9.00am Merton Meadow Car Park, Hereford (HR4 9HE)
ROSS ON WYE 9.30am Wilton Car Park, Ross-on-Wye (HR9 5JA)
ROSS ON WYE 9.45am St Mary's Garden Village, bottom entrance car park (HR9 7WP)

Return Time: Leaving Worcester at 4.00pm

Details: What a wonderful way to spend a Saturday, exploring the stunning galleries and exciting exhibitions or the earliest porcelain made in England, iconic objects such as Admiral Lord Nelson's breakfast teapot, the 1865 exquisite Earl of Dudley tea service, painted fruit and the famous Evesham oven-to-tableware. Light refreshments included and then followed by a trip to the historic Victorian Christmas market, which is hailed as the Midland's leading Victorian-themed street market, it really is the best way to kick start the festive season by soaking up the atmosphere of vibrant colours, harmonious sounds and enticing scents of Christmas.

The trip will be open to EVERYONE, so do bring a friend.

Closing date: Wednesday, 6th November 2024

Please retain this part of the form for your information and return the cut-off portion below with **ALL** the details we require to make the booking – Thank you.
Direct any questions to: admin@herefordshirewi.org.uk or 01432 272268

Return with payment to: Caroline Miller, Asst Fed Secretary, WI House, 90 St Owen Street, Hereford, HR1 2QD

by Wednesday 6TH November 2024. admin@herefordshirewi.org.uk or 01432 272268

ROYAL WORCESTER MUSEUM & MARKET – 30th November 2024

Name of WI:

Contact Name: Telephone No:

PAYMENT: * *tick chosen method of payment and quote booking reference: RoyalWorcs30112024*

☐ ***BACS payment to:**

Herefordshire Federation of Women's Institutes Sort Code: 30 65 22 Account No 76843268

☐ *Enclosed **cheque (preferably a WI cheque)**. Made payable to HFWI.

☐ *Enclosed **cash**.

IMPORTANT – Please quote HFWI Reference with ANY payment and note that receipts will only be issued for cash payments.

PLEASE COMPLETE THE ATTENDEE DETAILS ON THE REVERSE OF THIS FORM

Please note that the contact details will be for WI or HFWI use only. Complete details & payment must be provided to secure your booking.

Return with payment to: Caroline Miller, Asst Fed Secretary, WI House, 90 St Owen Street, Hereford, HR1 2QD

by Wednesday 6TH November 2024. admin@herefordshirewi.org.uk or 01432 272268

ROYAL WORCESTER MUSEUM & MARKET – 30th November 2024

IMPORTANT, for health and safety reasons in case of an emergency on the trip: Please provide the following details:

Name of Attendee	Attendee's Mobile No	Emergency Contact Name	Emergency Contact Tel. No.	Pick-up Point LEOM/HFD/ROSS/SMGV	WI Member? Yes/No
					Yes/No
					Yes/No
					Yes/No
					Yes/No
					Yes/No
					Yes/No
					Yes/No

Please continue on separate sheet, if necessary

It's not just what you're born with,
It's what you choose to bear
It's not how large your share is,
but how much you can share
Oh it's not the fights you dream of
But those you really fought
It's not just what you're given
But what you do with what you've got