

## MAY 2016



## LONGTOWN

2016 Edition 5 - 25p.

### HFWI WI House

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Federation Chairman - Val Lewis  
Federation Secretary - Pauline Shannon  
<https://www.facebook.com/Herefordshirefederationofwomensinstitutes>  
HFWI Charity No: 1056051

The contributors to this newsletter are responsible for the accuracy of their information, and should be contacted direct with any queries .

### OFFICE OPENING HOURS:

Tuesday and Wednesday  
9.30 - 2.30pm

# CHAIRMAN'S CHATTER

Dear Members



Having just returned from our Annual Council meeting I can truthfully say that I was very pleased with the way that things turned out. We were very pleased with the venue of the Three Counties Hotel in Hereford, although there still seems to be a problem with the catering - we will sort it out ready for next year.

It was lovely seeing so many members and the welcome and good wishes received from them. Our morning speaker was Councillor Jonathan Lester who talked to us about his experiences working as a Cabinet Minister responsible for children's wellbeing. We listened to reports from committees within our Federation and were told about what had happened in the past year and what is going to happen in the next year. Cups and certificates were given out to members.

Angela explained the resolutions that are being submitted at the AGM to us.

Our afternoon speaker was Mr David Fletcher, a polar consultant who talked out his experience in the Arctic and Antarctic. This was illustrated with pictures taken during his expeditions.

Entertainment was given to us in the form of Holmer WI performing their Cogan cup winning entry, This was a lovely end to a very special day.

Thank you so much to everyone who was involved planning and running this very successful day. We have a really good team working together in WI house.

We have a small break now to take a breather before the Royal Three Counties Show.

I love being a part of the WI.

Val Lewis Chairman valjlewis@aol.com



## DIARY OF EVENTS

DATE	EVENT	VENUE	COST	TIME
28 APRIL 2016	LUNCH & CRUISE	SHREWSBURY	£28	8.30am
11 MAY 2016	AFTERNOON WALK	WELLINGTON VILLAGE COMMUNITY HALL	£7.50	1.00pm
23 MAY 2016	SPEAKERS' EVENING	ST JOHNS METHODIST HALL, HEREFORD	£5	7.00pm
11 JUNE 2016	NFWI AGM	BRIGHTON (travel on Friday 10th June)	Refer Fed Sec	TBC
17-19 JUNE 2016	THREE COUNTIES SHOW	MALVERN	Nil	TBA
22-27 JUNE 2016	HOLIDAY	WATERWAYS OF SCOTLAND	TBA	TBA
30 JUNE 2016	DAY OUT - STEAM TRAIN AND SUDELEY CASTLE	WINCHCOMBE	TBA	TBA
5 JULY 2016	MUSIC FESTIVAL	LLANGOLLEN	See Enclosure	8am
12 JULY 2016	DAY OUT	WESTON SUPER MARE & CLEVEDON	TBA	TBA
17-25 AUGUST 2016	ACWW TRIENNIAL WORLD CONFERENCE	WARWICK UNIVERSITY	TBA	TBA
6-7-8 SEPTEMBER 2016	HOLIDAY	VISIT TO LONDON	£300	TBA
OCTOBER - DATE TBC	COLOURS FASHION SHOW	SUTTON ST NICHOLAS	TBA	TBA
20/21 NOVEMBER 2016	DENMAN TASTER DAY	DENMAN COLLEGE (residential)	£175 (plus small charge for materials)	TBA

## ACWW Triennial World Conference 17th - 25th August 2016

REMINDER— I do hope some members are planning to come to the Conference either for the whole time or for a day visit. Please let me know if you are going to attend this once in a lifetime event in this country. See enclosure and I would appreciate your input on the Resolutions.

Thank you to everyone for the items you bought into the Annual Council Meeting on Monday for the "Country Store" at the Conference. I am going over to Sedgeberrow to help with sorting and pricing. Not easy!!

Brenda Drake 01432 356653

### ANNUAL COUNCIL MEETING—Receiving Cups and Certificates



**CUP WINNERS (below)**  
 Photography Cup  
 Sue Smith, Upton  
 Bishop WI  
 Federation Quiz Cup  
 Bishopswood 'A' WI  
 Paddy's Tree  
 Wye Women WI  
 Cogan Cup — Holmer WI

WI ANNIVERSARY	FormationDate	Year for- mation	
Allensmore	16/03/1926	1926	90
Eye	05/12/1946	1946	70
Holmer	01/05/1941	1941	75
Much Birch	23/03/1956	1956	60
Parkway	25/02/1946	1946	70
Saltmarshe & District	19/04/1946	1946	70
Weobley		2016	0



### Calendar competition for 2018

Following a suggestion from a WI member we have decided that the calendar competition for 2018 will be "A Members Garden". You have ten months to collect your photo. I would like to produce a calendar to show members' gardens during the year. You can take a photo every month if you want to, but only one will be chosen. The photo must be at least one MB resolution. Please think when taking the photo if you would buy a calendar with that photo in it. These may be sent to me at any time by e mail or as long as it is a very clear photo by hard copy, as it will need to be scanned. The closing date is 1<sup>st</sup> March 2017 when the winning photos will be chosen.

Val Lewis valjlewis@aol.com Chesterwood, Eardisley, Hereford, HR3 6NS

**Thank you to Eardisley WI for their donation of £100.00 towards WI Funds**

**Thank you to Longtown & District WI for the donation of £149.00 being the proceeds of the Golden Valley Group meeting.**

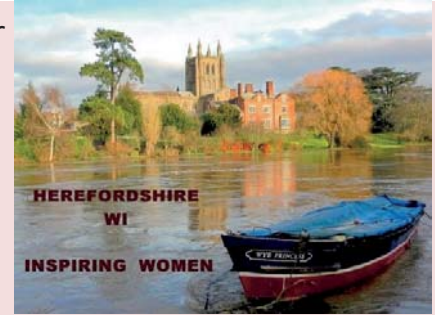
#### BOARD OF TRUSTEES

Members of the Board of Trustees are:  
 Val Lewis—Chairman  
 Cicely Symonds—Joint Vice Chairman  
 June Stephens— Joint Vice Chairman  
 Jenny Holmes—Federation Treasurer  
 Veronica Madgen—Trustee  
 Linda Peberdy—Trustee, Denman Ambassador  
 Pat Lemin—Trustee  
 Jacqui Woodhouse—Trustee

## Three Counties Show 17<sup>th</sup> to 19<sup>th</sup> June 2016

Thank you to Institutes and members for kindly offering over 230 cakes. This is a wonderful response but we need a few more if you have not already offered—please contact Julia.

I have had a great response to the Helpers for the three days, but lacking help on the Sunday. This is likely to be a busy day and I would really appreciate more helpers, if anybody would still like to offer their services—it doesn't need to be for the whole day, we can work out shifts between us.



Please save old newsletters and WI Life Magazines, they can be bought into to the office from now on. We can also sell our current WI Life magazines at the Show to bring in more money for the Federation.



You can start to bring in your donations of jam and preserves for the sale table to the office from Tuesday 3rd May—please remember WI House is only open on Tuesdays and Wednesdays.

For details—contact Julia Whittall The Old Rectory, Moccas, Herefordshire, HR2 9LA or email [whittallmoccas@gmail.com](mailto:whittallmoccas@gmail.com)

### Crafty Bits and Pieces

First of all, a HUGE thank you to all of you who have been collecting Bits and Pieces for us. I had a lovely get together with some members from Aston Ingham WI to pack up some of the things they had collected - and left with a carful! I know other institutes have handed over bags of items and more came in to the Annual Council meeting on the 18<sup>th</sup> April- so **we've decided to call a HALT!** If you have already collected items and couldn't bring them on the 18<sup>th</sup>, please contact myself to arrange delivery/collection. (We can arrange a drop-off point in Hereford.)

**HELP is still needed with the stall** at the Three Counties Show, 17<sup>th</sup>, 18<sup>th</sup> and 19<sup>th</sup> June. We need 5 people for the Friday and Saturday and 3 people for the Sunday. There will be 3 shifts: 8.45 to 11.30, 11.30 to 2.15 and 2.15 to 5pm. If you would like to help, please contact me on 01432 760816 or email [joannahelme@gmail.com](mailto:joannahelme@gmail.com)



### LADY DENMAN CUP COMPETITION—REMINDER

This year's competition invites WI members to write a letter to their younger selves. Using no more than 500 words, members must draw on their life experiences and imagine what they would say if they had the opportunity to guide (or warn!) their younger selves. Entries must be accompanied by an entry form, available to download from the Moodle or from WI House on request.

**Please submit entries to WI House by 29th June 2016**



## SPOTLIGHT

### LONGTOWN & DISTRICT WI

Meeting time: 2nd Tuesday of the month at 7.15pm  
Venue: Village Hall, Longtown

Longtown and District WI is in its 76<sup>th</sup> Year and has always been a central part of this rural community in the shadow of the Black Mountains on the Welsh border. Longtown is an ancient settlement with a Norman (12<sup>th</sup> century) motte-and-bailly Castle and a long tradition of sheep farming.

Our WI is vibrant and energetic. We've had varying membership over the years from a dozen ladies meeting in each other's kitchens to the steady 27 or so members that we have today.

Members enjoy getting involved locally, such as volunteering at the Primary school to help teach reading and craft skills including knitting. With the loss of our Mobile Library one of our members, ably assisted by others from the Institute, spearheaded fundraising and then the establishment of our Community Library. The Refreshment Tent at the Longtown Show is our biggest annual fundraiser for local charities.

We keep one of our monthly meetings as a 'members' evening when we might have a cooking or craft activity/demonstration by any member who wants to share their skills. Some of the most enjoyable of recent times have been 'Kitchen Sink Printmaking' bringing out the artist in us all and a 'Cocktail Making' demonstration with lots of sampling!



While making a contribution to our local communities we also enjoy an annual excursion in June and occasional 'Ladies Who Lunch' outings throughout the year. We make sure we have plenty of fun and enjoy each other's company and support, the very best parts of being a WI.

Next Month's Spotlight article will be on Marden WI

### HANDICRAFTS CLUB

The club meets at the Salvation Army Citadel, Edgar Street on first Wednesdays, 11 am—12.15 pm.  
Subscription £6, visitors £1.00.

1 June—AGM, Show & Tell

Enquires please contact:- Mrs Mary Roberts, Chairman Tel: 01432 278328

**COPY DEADLINE FOR JUNE NEWSLETTER  
TUESDAY 10 MAY 2016**

Please note late contributors may not be accepted for the current Newsletter

## DENMAN

### Herefordshire Residential Designer Day 20<sup>th</sup>/21<sup>st</sup> November 2016

As promised, I can now give you further details regarding this 'taster' visit. I have managed to secure the following 4 hour workshops, which will take place on the Monday:

Visitors will have the choice of **one** of the following workshops:

A practical Workshop in the WI Cookery School with a Guest Tutor (extra charge applicable)

Bead and Wire Jewellery with Amy Surman

Silk Painting and Magical Silk Scarves with Mary Day

Tai Chi for Beginners with Alan Baker

I do hope there is something there to appeal to all tastes, and this is a really good way to sample the delights of Denman College.

The cost for this **includes** transport to and from Denman, one night's accommodation, all meals and hot drinks and expert tuition - £175.00 per person. See enclosure for full details.

Contact Linda Peberdy 01432 355187 [linda@wbsnet.co.uk](mailto:linda@wbsnet.co.uk)

## DIGITAL CHAMPION NEWS

### Digital Champion News for May

#### Tuition

Tuition/help available for your computer or tablet on request; please contact me with your requirements and I will see if I can help.

#### Facebook and Website

If you are on Facebook and would like an invitation to the HFWI computer help group, please ask me for an invitation. I can publicise your events on Facebook and on a new webpage called WI Events. Don't forget to look at the WI Programme page too.

The Herefordshire website address is always on the front page of the newsletter and is regularly updated.

Alison Lord                      digitalchampion.hfwi@gmail.com                      01544 340256

### FEDERATION QUIZ 2016 RESULTS

Congratulations! To the winners BISHOPSWOOD 'A' WI and well done to the runners up - Llangrove WI and Moccas 'A' WI. Thank you for your feedback on the Quiz. It is obvious you would like it to continue.

We would like to have more entries, so come on WIs, please take part and compete with other WIs to win the Cup.

A big thank you for all who did take part.                      Eileen Dilley

## NFWI NEWS

### 2016 Huxley Cup – floral art competition

Calling all floral art exhibitors! This year's competition will be held on Wednesday 14 September in the Cromwellian Building at Grey's Court, near Henley-on-Thames. It is the former home of Lady Brunner, past chair of Oxfordshire Federation and Chair of the NFWI. The title of the competition is 'Reflections – Lady Brunner and the WI'. Members interested in visiting Lady Brunner's house and gardens and viewing the exhibits will be very welcome on 15 and 16 September at a special reduced rate of £5. For more information see the WI Moodle or contact the NFWI-Unit.

### Hanging 'BRAsket' competition

To continue its aims to recycle, re-use and re-purpose, the NFWI has developed the Hanging 'BRAsket' competition with the support of Suttons Seeds. We are challenging members to use an old bra for growing flowers, herbs, fruit or veg. Please send in a photo, plus a list of contents and a completed entry form by 31 August to the NFWI-Unit. For more details see the WI Moodle or contact the NFWI-Unit.

### NFWI 'More Midwives' Campaign

As part of the NFWI's 'More Midwives' campaign, we have partnered with the National Childbirth Trust (NCT) to survey the maternity experiences of women who have recently given birth in England and Wales. The survey is open to women who have given birth in 2014 or later.

I would appreciate if you would share the following link to the survey with your members: <https://www.surveymonkey.co.uk/r/WImaternity>

Responses to the survey will inform how NHS maternity reforms are implemented in the future. The survey closes on 6 May.

**ADVERTISEMENTS - MAY**

To place your advertisements, please contact Mrs. Ann Wood, Langtoft, Eardisley, Herefordshire, HR3 6PP  
 Tel.: 01544 327237 Email: [annandrod.284@gmail.com](mailto:annandrod.284@gmail.com) Copy and Payment by the 1<sup>st</sup> of previous month.  
 SAE for receipt and cheque payable to HFWI.

ADVERTISE your church fete/sale, Charity event, delicious W.I. Teas, coffee mornings and entertainment, etc. 20p per word. PUBLICISE your business across the county from only £20 per monthly issue.  
 NO EXTRA CHARGE FOR BOX. TO SECURE YOUR SPACE SEND your advert, issue/months requested.

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**Non Members welcome**

**Marking H.M. the Queen's 90<sup>th</sup> Birthday**  
 Sat 11<sup>th</sup> & Sun 12<sup>th</sup> June 10am - 4pm  
 St. Mary Magdalene Church  
**EARDISLEY**

**A Floral Celebration of 9 decades**  
 Local art, Refreshments,  
**ALL WELCOME - Contact: 01544 328400**

**TAPESTRY CANVASES**

Beautifully stretched and made into cushions, bell-pulls, rugs,  
 etc. Cheltenham 01242 233883

**Hereford Guild of Guides:**

Daily guided walks (no need to book)  
 May 7<sup>th</sup> - Oct 31<sup>st</sup>.  
 Mon- Sat: 11.30am; Sunday 2.30pm;

From main entrance to Cathedral.  
Tickets from Cathedral Shop/Guide.  
 New, themed, booked walks all year:

01981 590603 or 07583 777141 or  
[herefordguidedwalks.org.uk](http://herefordguidedwalks.org.uk)

**EARDISLAND WILL CELEBRATE**

**The Queen's 90<sup>th</sup> Birthday** with a concert on  
**Saturday 18<sup>th</sup> June at 7.30pm.**

**Rhayader Male Voice Choir** and special guest  
 soloist Kerry will present a wide ranging programme  
 in our magnificently renovated parish church, the  
 perfect setting for a midsummer evening.

Tickets £7.50 now available post-free  
 from 01544 388226 or at Eardisland Community  
 Shop or Eardisland Tea Rooms

# WI FORUM

PARKWAY was entertained by Griff Halliday from The Ledbury Food Group. Griff explained to them the group was formed around 8 years ago when they were invited to write a report on the distance our food travelled which was entitled 'Field to Fork.' They support local food producers in and around Ledbury.

ALMELEY had a wonderful talk from Dick Allford entitled 30 years as a Country Copper. As their local policeman for over 30 years he regaled them with lots of lovely stories giving them an insight into his time spent in and around Kington.

Zoe White spoke at MUCH COWARNE'S meeting on the work carried out by Megan Baker House. Megan Baker House is a charity providing free Conductive Education Services at its centre in Herefordshire for children, teenagers and adults with special educational needs and physical disabilities such as cerebral palsy, head injury, stroke, dyspraxia and early onset Parkinson's disease

'Cookery with a Difference' was the theme of Geoff Tookey's demonstration for LEDBURY of two delicious recipes: Salmon Tartare and Upside Down Fruity Crumble.

BRAMPTON BRYAN were amazed by their talented speaker, local artist Ivan Jones, who brought many beautiful examples of his very talented artworks in pastels; he is a self-taught artist and told them something of the history, materials and techniques of this art form, of which he is an obvious master.

Jemima Parry-Jones from the International Birds of Prey Centre at Newent spoke to BOSBURY. Jemima's father moved to Newent in 1966 and started the centre, and when he retired in 1982 she and her then husband took over and expanded it further. Most people visit the centre to see the flying demonstrations. However, their main work now is in conservation.

So far this year BRIMFIELD members have learnt the history and modern-day culture of hop-growing from Ray Morris, been introduced to John Turrell's "Skeletons in his cupboard" and encouraged to find their own, and in March Rosemary Prosser entertained them with a light-hearted but informative talk on policing in the 1970's – "From tights to trousers".

A talk on Recycling and Composting given by Pam Percival to DILWYN in April could have been as dull as ditch water, but it was absolutely fascinating and so informative. If you're looking for a different speaker, this is the one to choose.

BISHOPSWOOD had an entertaining and informative talk by renowned local photographer, David Lloyd on the subject 'The Spirit of the Rose', illustrated with David's own beautiful photographs.



SALTMARSHE & DISTRICT held their 70<sup>th</sup> birthday party in April. Their entertainment was by 'Close Up Magic' in the capable hands of Lofty. Lofty is a member of the Magic Circle.



UPTON BISHOP'S open meeting attracted many visitors to hear the talk by Bob Skelton entitled "The People of Bletchley Park". Bob had worked at GCHQ for many years and had done training at Bletchley Park.

Ben Champness visited THE SPARKLING WYE to give a talk about the life cycle of bees and the different types of honey which can be produced.